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Abstract

Poster Session C

Friday, November 15, 2019 8:00 am - 9:30 am

AGING AND DEMENTIA: HEALTHY AGING AND COGNITION

C-21

Emotional Predictors of Self-Reported Frontal Behavior Disruption in Older Adults

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Objective: Behavioral manifestations of executive dysfunction (e.g., apathy) include internal experiences subject to informant misinterpretation. Self-reports of these functions, however, may be influenced by subjective cognitive concerns (SCC). The purpose of this study was to assess emotional distress and SCC as predictors of self-reported frontal behavior disruption. Method: Twenty-one women and 18 men aged 55 to 83 (M = 66), completed measures of emotional functioning and SCC. The Frontal Systems Behavior Scale (FrSBe) measured frontal behavior concerns, which provided three subscales (Apathy, Disinhibition, Executive Function) and a total score. Emotional functioning was measured with the Patient Health Questionnaire, 9-item (PHQ-9), Generalized Anxiety Disorder, 7-item (GAD-7), and the Dementia Worry Scale (DWS). SCCs were measured using the Cognitive Function- Short-Form 6a (CFSF). Results: FrSBe scores were regressed on PHO-9, GAD-7, CFSF, and DWS. Apathy was predicted by PHQ (B = 1.02, CI: .49 to 1.55, sr² = .151), CFSF (B = -.42, CI: -.75 to -.10, sr² = .071), and DWS (B = .14, CI: .02 to .26, sr2 = .052). Disinhibition was predicted by CFSF (B = -.61, CI: -1.06 to -.15, sr2 = .134). Executive dysfunction was predicted by DWS (B = .22, CI: .02 to .41, sr2 = .080). Trends were found for PHQ and CFSF to predict Executive Dysfunction. Conclusions: Depression, dementia worry, and SCC predicted aspects of perceived frontal behavior disruption, particularly apathy. Subjective cognitive concern predicted perceived apathy ad disinhibition; dementia worry predicted perceived apathy and executive dysfunction. Depression was only predictive of perceived apathy. These findings support the relationship between depression, dementia worry, SCC, and self-reported behavioral disruption emphasizing the importance of emotions and SCC in self-reported behavioral functioning.