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Eclipses of jets and discs of X-ray binaries as a powerful tool for understanding jet physics and binary parameters

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ABSTRACT

We calculate the expected effects on the spectral energy distributions and light curves in X-ray binary jets from eclipses by the donor stars. Jets will be eclipsed for all inclination angles, with just the height along the jet where the eclipse takes place being set by the orbital parameters. Typically, eclipses will lead to 5–10 per cent reductions in the jet emission over a range of a factor of few in wavelength with a periodic modulation. In ideal systems with high inclination angles, relatively even mass ratios, and modest jet speeds, the eclipses may be deeper. We discuss how eclipses can be used to measure binary system parameters, as well as the height of the bases of the jets. We also discuss how, with data sets that will likely require future facilities, more detailed tests of models of jet physics could be made by establishing deviations from the standard recipes for compact conical flat spectrum jets and by determining the ingress and egress durations of the eclipses and measuring the transverse size of the jets. We provide representative calculations of expectations for different classes of systems, demonstrating that the most promising target for showing this effect in the radio band is the longer period 'atoll'-class neutron star X-ray binaries, while in the optical and infrared bands, the best candidates are likely to be the most edge-on black hole X-ray binaries. We also discuss the effects of the outer accretion disc eclipsing the inner jet.

Key words: accretion, accretion discs – binaries, eclipsing – stars:neutron – X-rays:binaries – stars:jets.

1 INTRODUCTION

Historically, the best empirical data for studies of stars have come from the study of eclipsing binary stars (see e.g. Southworth 2012 for a recent review). In standard eclipsing binaries, the measurement of the kinematics using primarily spectroscopy, but also by timing the duration of the eclipses, can be combined with the measurements of the relative radii and temperatures of the two stars from the photometry and can yield precise solutions for masses, temperatures, and radii of the two stars, as well as the distance to the binary. The first two eclipsing binaries discovered, Algol and β Lyrae (Goodricke 1783; Goodricke & Englefield 1785), are now understood to be masstransferring binaries, and the eclipse-mapping studies provided the first clues that started studies of binary stellar evolution (Kuiper 1941; Crawford 1955). Over time, it has become clear that a substantial fraction of eclipsing binaries have undergone mass transfer at some point, since the binaries most likely to show both eclipses and mass transfer are the ones with the smallest ratio of orbital separation to the radius of the larger star. Wider binaries can be used to understand standard stellar evolution, as they suffer neither from mass transfer nor from mergers (de Mink, Langer & Izzard 2011), and the rare wide, eclipsing binaries still provide the opportunity to use eclipse mapping.

Eclipse mapping also represents one of the core methods for probing the structure of accretion discs around compact objects (see

Even some of the earliest proportional counter-based X-ray spectroscopy of accreting black holes (Tananbaum et al. 1972) led to the understanding that the inner accretion discs around black holes could not be fully explained in all cases by the standard geometrically thin, optically thick accretion disc models (Shakura & Sunyaev 1973), thus requiring Comptonization-based models (e.g. Thorne & Price 1975). With eclipse mapping studies, primarily done on cataclysmic variable stars, it became understood that even the outer parts of the accretion discs are not fully explained by these standard thermally emitting viscously powered disc models (Wood, Abbott & Shafter 1992; Robinson, Wood & Wade 1999). Eclipse-mapping studies of neutron star X-ray binaries also revealed that the X-ray emission appears to originate from a spatially large region (Church & Bałucińska-Church 2004), although these studies may, in fact, indicate that accretion disc winds that scatter X-rays produced closer to the neutron stars are ubiquitous in these systems (Begelman, McKee & Shields 1983), which could, in turn, provide evidence for disc winds even in spectral states dominated by hard X-ray emission.1

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Maccarone 2014 for an overview of a range of techniques, and see Baptista 2001 for a review more focused on eclipse mapping). Here, both the vertical and radial structures of the accretion disc can be probed by looking at the brightness of the accretion disc component as a function of orbital phase.

¹If confirmed, this would suggest that the correlation between the spectral state of the accretion disc and its disc winds (Neilsen & Lee 2009) may arise from ionization effects that prevent the disc winds from being easily detected

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Relativistic jets from X-ray binaries are difficult to study definitively using spectroscopy, making eclipse mapping of these systems especially valuable if it can be made to work. In most cases, jets have no spectral lines (although see Margon et al. 1979; Díaz Trigo et al. 2013 for a few exceptions). Furthermore, jets are non-thermal, optically thin, and lack spherical symmetry. The jets appear to come in two types: steady compact jets and rapidly evolving transient jets. While the transient jets launched by X-ray binaries can sometimes be studied using imaging data, only in a small number of cases have the steady, compact jets be resolved (Dhawan, Mirabel & Rodríguez 2000; Stirling et al. 2001; Russell et al. 2015). Given that the characteristic size scale of the jets increases linearly with wavelength, improved ability to make direct images of extended jet structures can be obtained only by increasing the longest baselines of the interferometer used. Thus, since these sources are rarely resolved, even with continental-scale baselines, only the discovery of new closer systems or the use of space-based interferometry provides hope for improvement in our ability to image the compact jets from X-ray binaries.

The compact jets are reasonably well explained by models in which at each height in the jet, a moderately steep spectrum synchrotron component is emitted, with synchrotron self-absorption setting in at a wavelength that increases linearly with distance moving away from the compact object powering the jet (Blandford & Königl 1979). This dependence then means that the size scale of the jet in units of the angular resolution of an interferometer with fixed maximum baseline length is independent of the wavelength of light used to study it. Since very long baseline interferometry (VLBI) arrays already span nearly the whole radius of the Earth, only with space-based VLBI it is plausible to resolve the jets, which cannot currently be resolved. The jets often show mildly inverted ($\alpha = 0.0$ –0.2) radio spectra (e.g. Fender 2001; Corbel et al. 2013). In AGN, inverted spectra have been explained by free-free absorption from local gas (Walker et al. 2000), but this issue has not been well studied in the X-ray binaries. It thus may be possible that the inverted spectra result from the jet geometry, the bulk velocity along the jet (making its Doppler factor closer to unity; e.g. Blandford & Königl 1979; Falcke & Biermann 1995) or loses power as it propagates due to, e.g. shocks and turbulence (Kaiser 2006; Jamil, Fender & Kaiser 2010). Deviations from the model predictions in this paper could be used to test scenarios for the inverted optically thick part of the spectra. In this paper, we simply note that the issue exists but could consider a range of possibilities for the inverted spectra in future work.

Given the lack of diagnostic power from imaging and spectra, alternative, timing-based, approaches to resolving the structures of the jets are thus necessary to move forward with our understanding of relativistic jets in X-ray binaries. Studies presenting time lags of jet emission behind the X-ray emission that comes from the accretion disc have already started to produce constraints on jet speeds and jet acceleration (Casella et al. 2010; Gandhi et al. 2017; Tetarenko et al. 2019). Past work has shown orbital modulation of the radio emission in Cygnus X-1 and Cygnus X-3 (Brocksopp, Fender & Pooley 2002; Szostek & Zdziarski 2007; Zdziarski et al. 2018), but in these high mass X-ray binary systems, the eclipsing is not due to the donor stars themselves but rather the winds from the donor stars.

Observing eclipses of relativistic jets from X-ray binaries by their donor stars is important for a few reasons. First, it gives the potential to understand the structure of the relativistic jet. The transverse sizes

in certain spectral states if absorption lines are used as the tracers of the disc winds.

of X-ray binary jets are far beyond the capability of any proposed imaging facilities. Even with the eclipse-mapping technique, it is likely to be quite challenging to measure the transverse sizes, as in most cases, the jet's transverse size scale will be significantly smaller than the donor star's radius, meaning that the ingress and egress of the eclipse will be much shorter than the eclipse. Still, the advantage of periodic phenomena based is that, via phase-folding and/or Fourier methods, signal to noise can be built up gradually; unlike imaging, eclipse mapping gives a process by which geometric estimates of the jet width can be made.

Secondly, it gives the opportunity to understand the binary system parameters. First, for many X-ray binaries, the orbital periods are not yet known. Orbital periods can often be measured using the donor stars' ellipsoidal modulations in quiescence (Avni & Bahcall 1975). For systems that are face-on, however, these ellipsoidal modulations can be very weak. Furthermore, for systems that are persistently bright, the dilution of the ellipsoidal modulations by the accretion light can make the ellipsoidal modulations undetectable. In all cases, the measurement of the inclination angles from ellipsoidal modulations requires careful estimation of the level of emission from the accretion disc and jet; this can be done, but it requires very large photometric data sets with good calibration (e.g. Cantrell et al. 2010). On the other hand, orbital periods and inclination angles can be estimated in outburst using jet eclipses, and the quality of measurements should be relatively insensitive to the inclination angle.

Furthermore, there is substantial direct evidence that some X-ray binaries show 'misalignments' between the angular momentum vectors of the orbit and of the accretor. Evidence for these misalignments comes in the ubiquitous but strongly model-dependent (and hence inconclusive) form of quasi-periodic oscillations (QPOs) that can be well explained by the Lense-Thirring precession (Stella & Vietri 1998; Ingram & Done 2012; Ingram & Motta 2019). Even if the Lense-Thirring model is found to explain the 'Type C' QPOs, the angular scale of misalignment is not something that can be cleanly determined from the amplitude of oscillations, so additional means for finding the actual angular size of the misalignment would be needed. This may come from X-ray polarization (Ingram et al. 2015), but this has not yet been clearly established. Two-sided jet proper motions, along with accurate distances, can give good estimates of the inclination angles of jets (see Fender 2003 for a discussion of this technique, including its limitations), although in V404 Cyg in its recent likely super-Eddington outburst, it showed changing inclination angles (Miller-Jones et al. 2019).

Some direct evidence for misalignments does, in fact, exist in a few systems, where the jet inclination angles can be estimated by two-sided proper motions, or constrained by highly superluminal motions, and are inconsistent with the orbital inclination angles estimate by ellipsoidal modulations (see e.g. Hjellming & Rupen 1995; Beer & Podsiadlowski 2002; Maccarone 2002). In one case, Cygnus X-3, additional evidence for misalignment comes from a phase offset between the jet flux's modulation by the donor star and the orbital phasing provides additional evidence for misalignment (Dubus, Cerutti & Henri 2010).

Crucially, if combined with a good model for the jet's structure, the phasing of the jet flux's modulation due to eclipsing by the donor star can reveal an offset in position angle of the jet relative to the orbital plane. Given that the position angle of the polarization of the optically thick component of the jet should be the same as the position angle of the jet's direction of elongation (e.g. Zdziarski et al. 2014), this potentially opens up the possibility of making an estimate of the position angle of the binary, even in the absence of any direct imaging information.

Table 1. The parameters that go into our model. Note that we define m_1 to be the accretor mass and m_2 to be the donor mass regardless of which object is more massive.

| Variable | Description | | |
|------------|---|--|--|
| r | Radius of the donor star | | |
| a | Semimajor axis of the orbit | | |
| m_1 | Mass of the accretor | | |
| m_2 | Mass of the donor | | |
| ν_{br} | The break frequency at the base of the jet | | |
| h_{\min} | The jet base's distance from the centre of the compact object | | |
| i | Inclination angle of the orbit | | |
| ϕ | Orbital phase | | |
| α | The spectral index of the jet above v_{br} | | |
| θ | The opening angle of the jet | | |
| q | Binary mass ratio, m_2/m_1 | | |

A key application of being able to make such measurements is to be able to determine the relative directions of the proper motions and the orbital plane and jet axis directions for X-ray binaries, which have undergone substantial natal kicks. The kicks can come from the Blaauw (1961) mechanism – recoil due to the sudden loss of mass from a moving binary progenitor – or from some additional natal kick (Gunn & Ostriker 1970), the origins of which remain controversial. Crucially, the 'Blauuw' kicks should be entirely in the binary orbital plane. Establishing that the jet is aligned can then yield the binary's orbital plane direction, rather than just the jet's, and this can be done using polarization information, which remains sensitive even for binaries, which cannot be resolved directly. Substantial kicks not consistent with this plane would then provide clear evidence for realignment of the accretor's spin with the orbital plane on a time-scale faster than the evolutionary time-scale for the binary.

In this paper, we lay out calculations for the expected properties of eclipsed jets. We start by describing the jet model we use for the calculations (which is relatively standard, following Blandford & Königl 1979). We then present analytic expressions to best determine at which wavelengths the effects of jet eclipses are most likely to be measurable for which sources. We present some representative examples of what the jet eclipses might look like under our best guess assumptions for system parameters in order to illustrate in which frequency bands different classes of sources are most likely to eclipse and how deep typical eclipses should be. We close the paper by discussing specific observations that can be made with current facilities that may prove enlightening about the nature of jets and system parameters for X-ray binaries as well as which future facilities would be most helpful for improving our understanding of these systems. In this paper, we will adopt several simplifying assumptions, but we attempt to outline the likely qualitative effects of relaxing these assumptions and prospects for future refinement of the model.

2 THE JET MODEL

To estimate the effects of jet eclipses, we first construct a model of a compact conical jet, drawing from Blandford & Königl (1979). A listing of the parameters that go into the jet model is given in Table 1, and a listing of the parameters of the binary orbit that can be estimated using jet eclipses, but which are not direct input parameters of the model, is given in Table 2.

We start from a jet model in which at each height within the jet, the spectrum is a broken power law, with a flux density, F_{ν} , that is proportional to $\nu^{-0.7}$ above some break frequency and to $\nu^{+2.5}$ below

that break frequency with a constant brightness temperature at the peak and a conical structure. The former corresponds to typical jet spectra at high frequencies and is well explained as the synchrotron spectrum due to electrons accelerated by Fermi acceleration (Rybicki & Lightman 1986). The latter is the characteristic spectral shape due to synchrotron self-absorption (Rybicki & Lightman 1986). The spatially differential flux density (i.e. $\frac{dF}{dhdv}$), where F is the total flux, h is the height along the jet, and ν is the frequency), is assumed to peak at a level inversely proportional to the height along the jet and to peak at a wavelength that is linearly proportional to the height. It is assumed that there is no jet emission below the base of the jet. Alternative models to explain flat spectra would require correlations of jet spectral shape and jet power with height along the jet, and hence it is unlikely that such models apply to the real sources, but if they do, they will produce clear deviations from the model predictions for jet eclipses presented in this paper.

We make the initial calculations without special relativistic corrections and apply those corrections as flux enhancements at the end of the calculation to account for approaching and receding components' different Doppler boosting. This is discussed in more detail below. We assume that the height at which the jet becomes optically thick depends only on distance along the jet and not on the inclination angle, but we do properly project the jet as a function of inclination angle. We do not account for the cutoff of the jet's spectrum due to synchrotron cooling, but for the purposes of this paper, the effects will be negligible.

This scenario results in an $F_{\nu} \propto \nu^0$ spectrum with a break to a $\nu^{-0.7}$ spectrum above the break frequency that exists at the bottom of the jet, where the particles are first accelerated. For many systems, the low/hard state jets show slightly inverted spectra, with $F_{\nu} \propto \nu^{0.0-0.4}$, and, in rare cases, even more inverted. The model can be adapted to match this phenomenology by making the normalization of the peak of the spectrum increase slightly towards the base of the jet. We do not consider such an effect in this paper, but it is straightforward to adapt the model in that manner in future work.

To calculate a jet spectrum, we break the jet into segments, $\Delta \log h$ in size. At each height, we test whether the donor star is between the viewer and the jet. If so, this bin is excluded from the summation. We additionally consider whether the outer accretion disc may eclipse the jet. We present some calculations where we consider this effect to show the full effects of eclipsing on the jet spectra. We also present some calculations where we show only the effects of the star eclipsing the jet, because the only the star's eclipses will lead to orbital modulation.

We produce summations for both the approaching and receding (counterjets) components of the jets. For the sample calculations below, we focus on neutron star jets. For these systems, the relativistic effects are likely to be quite mild. For example, if neutron stars typically launch jets at their escape speeds (which are ~ 0.3 c for typical equations of state – e.g. Steiner, Lattimer & Brown 2010), then for a 45° inclination angle, the relativistic effects will give a factor of \sim 2 or less enhancement of the approaching jet relative to the counterjet. Direct measurements of expansion speeds in Sco X-1 are \sim 0.4 \pm 0.1c in line with this value (Fomalont, Geldzahler & Bradshaw 2001). In a few cases, some evidence for energy transport has been seen that may occur at much higher speeds (Fomalont et al. 2001; Fender et al. 2004), based on associations of time-delayed brightenings in the jet with brightenings in the core. There is no clear evidence that the gas itself is moving at such high speeds, and instead, these could just be due to Poynting flux transport of energy, or even mis-associations between core events and events further out in the jet. It is thus quite reasonable to expect that the jets from

Table 2. The key binary system parameters and how they are measured from the jet eclipse.

| Parameter | Description | Measurable | |
|----------------------------|---|--|--|
| \overline{q} | Mass ratio | Duration of eclipse | |
| i | Inclination angle | Range of frequencies observed to be eclipsed | |
| $r_{ m circ}$ $r_{ m out}$ | The circularization radius of the accretion disc The actual outer radius of the accretion disc | Upper limit from inner jet eclipse/correlation with q Innet jet eclipse and correlation with q | |

neutron stars will generically be only mildly relativistic, so that the jet/counterjet flux ratio will be relatively small.

For black hole jets, where the speeds are often seen to reach ~ 0.8 – 9 c or more (e.g. Mirabel & Rodríguez 1994; Tingay et al. 1995; Corbel et al. 2002, see Fender 2006 for review, Saikia et al. 2019 for a more recent compilation), the approaching jets can be expected to be tens or more times brighter than the counterjets over a wide range of inclination angles. While the counterjet will always be eclipsed at some height, in most cases, the approaching jet will be completely uneclipsed. Eclipsing of the approaching jet will take place only for systems that are quite edge-on and which should then also show eclipses of the X-ray emission from the accretion disc, something no dynamically confirmed Galactic black hole X-ray binary does. Therefore, the effects we discuss in this paper are likely to be quite subtle in black hole X-ray binary systems unless the system is either: (1) nearly edge-on, (2) has a sufficiently strongly misaligned jet that the approaching jet is eclipsed, or, alternatively, (3) the jet is significantly slower than what has been estimated in past work.

The possibility of jets moving at half the speed of light or less from some subset of black hole accretors cannot be discounted. Considerable evidence exists for slower jet speeds at low power than at high power. In most X-ray binaries, bright radio flares are observed when sources transition from their hard states to their soft states, likely because the pre-existing hard state jet provides a work surface for the faster-moving transient jet, which dissipates its power effectively against a large mass of material (e.g. Vadawale et al. 2003; Fender et al. 2004). Such an argument is bolstered by the fact that Cygnus X-3 is the only source that shows brighter jets at the transition from the soft state to the hard state than during the hard-tosoft transition. For Cygnus X-3, this is thought to arise from the work surface for the jet being the stellar wind from the companion. During the hard states, the jet drills out a cavity, which is filled back in during the soft state, meaning that when the hard state jet re-ignites, the work surface is present close to the compact object (Koljonen et al. 2018).

Finally, the variation in the radio/X-ray correlation across different systems suggests that the jet speeds may vary substantially, with Γ perhaps as much as \approx 3–4 for bright hard states, and the jets being only very mildly relativistic for lower luminosities (e.g. Russell et al. 2015). Other evidence for jets at about this speed comes from radio timing of Cygnus X-1 (Tetarenko et al. 2019). Conversely, the relative lack of scatter in most of the radio/X-ray relation has been argued to indicate typical Lorentz factors less than 1.7 (Gallo, Fender & Pooley 2003; Soleri & Fender 2011), although it has also been shown that as long as the range of Lorentz factors is small, higher speeds can be tolerated (Heinz & Merloni 2004). Thus, while direct speed measurements of the faint jets do not yet exist, considerable evidence points towards the faint hard-state jets being less relativistic. The evidence for the high jet speeds in bright hard states is still presently tentative and based on a relatively small number of sources, so it will be worthwhile to test these measurements on some black holes, as well, but on the whole, we are more optimistic about this work being successfully applied to neutron star systems. Additionally, in some

cases, jets may slow down from their original ejection speed as they entrain material or interact with their surrounding environment (e.g. Corbel et al. 2002; Kaaret et al. 2003; Russell et al. 2019; Bright et al. 2020); for example, strong emission lines coming from the jet in SS 433 revealed the jet entraining material (Margon et al. 1979). In such a case, the jet model discussed here is likely to break down in several other ways, and more *ad hoc* modelling approaches will be needed.

After setting up our initial model, we run the code for a range of orbital phases, allowing us to sample the eclipse pattern. We will present both spectra at different orbital phases and light curves at different frequencies.

3 THE INPUT PARAMETERS: GENERAL CONSIDERATIONS

The key input parameters for the jet eclipse model are the orbital parameters for the binary system and the jet system parameters. The binary system parameters will be discussed on a case-by-case basis as we present predictions for individual sources. We use a mixture of theoretical and observational approaches in this paper to determine the appropriate parameters for calculations. We attempt to discuss where our assumptions may break down and what the consequences of this may be.

3.1 Spectral index

We regard the spectral index of the emission above the break to be well estimated by observations of active galactic nuclei (Readhead et al. 1979; Eckart et al. 1986; Hovatta et al. 2014) and work under the assumption that the same acceleration physics is present in the X-ray binaries. Furthermore, the model predictions are only weakly sensitive to the spectral index of the jet. We thus take $F_{\nu} \propto \nu^{\alpha}$, and set α to -0.7, and assume that the spectrum of each small region of the jet is also an $\alpha=-0.7$ power law above the frequency where it becomes optically thin.

3.2 Break frequency

For a given jet, the free parameters are the inclination angle, the height of the base of the jet, the offset in direction relative to that of the orbit, and the overall flux normalization. There are theoretical predictions relating the frequency of the jet spectral break, $\nu_{\rm br}$ to the kinetic power in the jet, $P_{\rm jet}$. Heinz & Sunyaev (2003) show that $\nu_{\rm br} \propto P_{\rm jet}^{2/3}$. For most cases where there are compact jets produced by black holes, the X-ray luminosity, $L_{\rm X}$, is expected to scale as \dot{m}^2 due to advection-dominated accretion flows (Narayan & Yi 1995), while the jet kinetic power remains linearly proportional to the accretion rate (Meier 2001). For radiatively efficient accretion on to neutron stars, $L_{\rm X}$ should be proportional to \dot{m} . Thus, for accreting black holes in their low-luminosity states, we expect that $\nu_{\rm br} \propto L_{\rm X}^{1/3}$, and for accreting neutron stars, $\nu_{\rm br} \propto L_{\rm X}^{2/3}$ for steady

hard states, where it is most practical to make observations of jet eclipses.

The brightest black hole X-ray binaries and neutron stars in hard states with steady jets tend to be at 2 per cent of the Eddington luminosity in the more slowly evolving decaying hard states (Maccarone 2003; Vahdat Motlagh, Kalemci & Maccarone 2019). In the more short-lived rising phase of outbursts, hard states can be seen up to \sim 20–30 per cent of the Eddington luminosity (Miyamoto et al. 1995; Maccarone & Coppi 2003); these very bright hard states would potentially make excellent targets for jet eclipse studies but are operationally more challenging for triggered observations. Quiescent stellar mass black hole X-ray binaries tend to be at luminosities of $10^{-9}-10^{-6}$ of the Eddington luminosity (Plotkin, Gallo & Jonker 2013), meaning that the break frequencies should be expected to move by a factor of 20–200.

Empirically, such a large range in estimated break frequency is seen, but the correlations between break frequency and luminosity are highly scattered (Russell et al. 2013, 2014). It is worth noting that the breaks are often not directly detected because often, and especially for the faintest sources, the jet is fainter than the donor star or the thermal emission from the outer accretion disc at the break frequency. Additionally, where (likely) robust repeated measurements from the same source during their outburst phases have been made, the break frequencies have been seen to move substantially over a small range in X-ray luminosity (Russell et al. 2014, but see also Corbel et al. 2013; van der Horst et al. 2013). However, such an evolution was occurring around and over spectral state transitions during outburst, where the structure of the jet (and accretion flow) may be evolving quickly.

Using spectral decomposition to estimate the jet spectrum in the optical/infrared regime where often all three components contribute (as well as, perhaps, a synchrotron emission from the inner hot flow - Veledina, Poutanen & Vurm 2013; Kosenkov et al. 2020, or the pre-shock region of the jet – Markoff, Falcke & Fender 2001) can be hampered by uncertainties in reddending and irradiation of the outer disc. On the other hand, the Heinz & Sunyaev (2003) relations predict the Fundamental Plane of black hole activity (Merloni, Heinz & di Matteo 2003), which relates the X-ray and radio powers with a black hole mass scaling. Even the standard radio/X-ray relation for stellar mass black holes (Gallo et al. 2003) requires that there be either a fine-tuning of parameters, like the jet opening angles to allow the break frequencies to vary in a manner far different from the Heinz & Sunyaev (2003) predictions while the Fundamental Plane quantities follow its predictions, or the severe observational challenges in estimating that the break frequencies make the theoretical prediction of the breaks more reliable than the observational attempts to estimate them.

For the purposes of this paper, we work on the basis of the idea that the theoretical predictions are more reliable, but we note that the jet eclipse measurements, both by the donor and by the outer disc, can help break this degeneracy in a manner quite independent of other approaches in the literature. A core qualitative issue is that inner hot flows (Veledina et al. 2013) should be eclipsed by the donor stars if and only if the X-ray emission is eclipsed, while the inner regions of the jet can be eclipsed in some cases when the inner hot flow is not. Additionally, eclipses of the inner hot flow by the outer parts of the disc should happen only for extremely edge-on systems with flared outer discs, while eclipses of the inner counterjet by the outer disc should occur for a broad range of inclination angles. If sufficiently good data can be obtained to establish whether such eclipses are taking place, then this may provide a key for understanding which parts of the infrared emission come from the inner hot flow versus the jet.

3.3 Height of the base of jet

The heights of the jets above the accretor are also studied in the literature, with some clear progress having been made, but little that is definitive. Observational evidence can come in the form of imaged jet size scales at particular frequencies and timing-based estimates of the jet size scales at particular frequencies.

The time delays to the optical and infrared emission regions in black hole X-ray binaries are typically 0.1–0.2 s (Casella et al. 2010; Gandhi et al. 2017), and the Lorentz factor of the jet in this region is $\Gamma > 2$, at least for GX 339-4 (Casella et al. 2010). The jet bases are then likely to be $\approx 3 \times 10^9$ cm in size for stellar mass black holes, since the infrared and optical bands where these measurements are made are generally quite near ν_{br} . In making these estimates, Casella et al. (2010) also took into account the imaging data for Cygnus X-1.

From radio timing data of Cygnus X-1, Tetarenko et al. (2019) were able to make estimates of the jet speed and the relation between wavelength and time-scale. There, in the context of a model with no acceleration of the jet, it is found that $\Gamma=2.59^{+0.79}_{-0.61}$, with the jet size scale proportional to $\nu^{-0.4}$. This can, alternatively be explained if the jet is being accelerated through the emission region. Furthermore, the model of Tetarenko et al. (2019) does not fully consider the effects of opacity from the stellar wind of the donor star, which also varies with height, on the emission properties (Zdziarski 2012). Thus, until the system is re-modelled, we take these results as tentative and focus on the default theoretical model that reliably predicts the jet's flat spectrum nature and the Fundamental Plane relation.

For the neutron star jets, the most natural interpretation will be that the characteristic spatial scale will be a factor of about 5 smaller, given the mass scaling linearly to the $1.4\,M_\odot$ neutron stars, so a value of $\sim\!\!6\times10^8\,\mathrm{cm}$ can be assumed. Given the slower speeds of the neutron star jets, this may then predict only slightly shorter time lags for the jet base. Unfortunately, no estimates of these time lags presently exist, and no source shows resolved steady jets. The break frequencies, on the other hand, have been directly estimated at least for the ultra-compact X-ray binary 4U 0614+091 (Migliari et al. 2006, 2010), Aql X-1 (Díaz Trigo et al. 2018), and 4U 1728–34 (Díaz Trigo et al. 2017). For systems where the break frequency is known, but the base height of the jet is not known, eclipse mapping has the potential to provide an estimate of the base height.

4 ANALYTIC APPROXIMATIONS, CONSIDERATIONS FOR TESTING THE MODEL, AND CHOICE OF SOURCES

In order to develop some intuition for the expected results for different parameter values, and to determine which facets of the problem can be studied robustly, we present some analytic estimates of the properties of jet eclipses. The jet model relies on the parameters in Table 1, which we present to help the paper be easy to understand. In Figs 1 and 2, we present schematic views to help illustrate the key geometric issues in jet eclipsing.

4.1 Eclipsed region missing flux

We can provide analytic expressions for the jet eclipse, although these are rather unwieldy and may become difficult to adapt to cases where the jet's opening angle or speed might change with height. The jet's spectrum will be produced by summing two components: the

²Two sources, Sco X-1 (Fomalont et al. 2001) and Cir X-1 (Coriat et al. 2019) show moving jets in, or shortly after, flaring states.

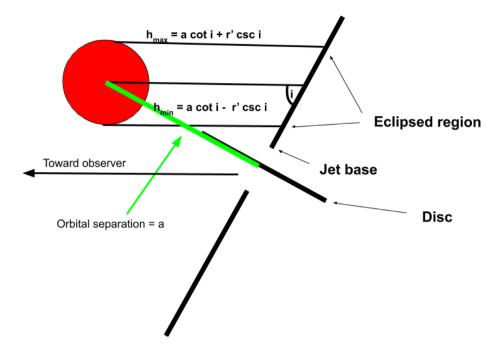


Figure 1. A schematic diagram to help illustrate the system geometry for a jet eclipse in a binary with inclination angle *i*. The lines intersecting the jet and star represent rays pointed towards the observer. The region from h_{\min} to h_{\max} is the eclipse region. The h_{base} region gives the height of the base of the jet where substantial emission starts.

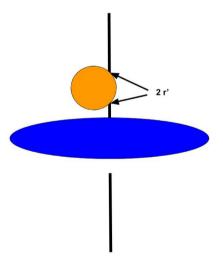


Figure 2. A schematic diagram drawn from the observer's perspective to illustrate the system geometry for a jet eclipse in a binary with inclination angle i. In this figure, the accretion disc is eclipsing the inner counterjet, while the star is eclipsing a region further out in the counterjet. The r' represents the chord length for the part of the projected area of the star that blocks the jet.

optically thick and optically thin components. The total flux density of an uneclipsed jet will be given by:

$$F_{\nu} = \left(\frac{F_0}{2.5}\right) \left[1 - \left(\frac{\nu}{\nu_{\text{br,min}}}\right)^{2.5}\right] + \left(\frac{F_0}{0.7}\right) \left[1 - \left(\frac{h_{\text{max}}}{h_{\text{br,}\nu}}\right)^{-0.7}\right], \tag{1}$$

where F_0 is an overall normalization, approximately 1/1.8 of the flux density of the flat spectrum component; $v_{\rm br, min}$ is the break frequency at the base of the jet, $h_{\rm max}$ is the maximum height in the jet, and $h_{\rm br, v}$

is the height at which the break frequency between optically thick and thin is ν .

To determine the flux density associated with an eclipse, one then needs to calculate the same integral used to produce the equation above, with limits associated with the star's size, or the range of heights eclipsed by the disc. This produces the result:

$$F_{\nu} = \left(\frac{F_0}{2.5}\right) \left(\frac{\nu}{\nu_{\text{br,min}}}\right)^{2.5} \left[\left(\frac{r_{\text{low}}}{h_{\text{min}}} - 1\right)^{2.5}\right] + \left(\frac{F_0}{0.7}\right) \left[1 - \left(\frac{r_{\text{high}}}{h_{\text{br,\nu}}}\right)^{-0.7}\right], \tag{2}$$

where r_{low} and r_{high} are the lowest and highest locations in the eclipsed portion of the jet. We do not use these expressions for the implementation in our code but rather integrate numerically.

4.2 Heights and range of wavelengths where the jet is eclipsed

We can then derive some analytic expressions to determine where in the jet eclipses will take place and over which range of orbital phases. The jet will be eclipsed where the height along the jet is in the range:

$$a \cot i - r' \csc i < h < a \cot i + r' \csc i. \tag{3}$$

The value r' is equal to the half-length of the chord that represents the eclipsed portion of the jet. This is illustrated in Fig. 2

This, then, gives an approach to estimating the inclination angles in the jet model. Under the assumption that the jet is purely consistent with the assumptions that go into the flat spectrum model, then:

$$\frac{\Delta \lambda_{\rm j}}{\lambda_{\rm i}} = \left(\frac{2r}{a}\right) \sec i,\tag{4}$$

where λ_j is the wavelength of emission from the jet.³The inclination angle can thus be determined from the range of frequencies that show some orbital modulation due to the eclipsing process. The value of r/a will come from the eclipse duration, so the inclination angle can be solved for directly. In practice, because we do not have all the light at any given wavelength coming from a single height in the jet, there will be some smearing of the effects even for the flat spectrum model, and with non-flat spectrum jets, or jets that show flat spectra due to coincidences in how parameters vary, things become even more complicated; still, there is a straightforward connection between the spectrum of the missing flux at mid-eclipse and the jet and the inclination angle, with large values of $\Delta \lambda_j$ corresponding to large inclination angles.

4.3 Eclipse durations and constraints on the mass ratio of the binary

Understanding the mass ratios of binaries is necessary both for converting the binary mass function into a precise mass estimate and for understanding the evolution of the donor stars to determine the extent to which their structures deviate from those of main-sequence stars filling Roche lobes of the same orbital period. At the present time, the primary techniques for obtaining the mass ratios of the binaries are measuring the rotational broadening of the donor star (Wade & Horne 1988) and measuring the separation of the double peaks of emission lines (Casares 2016) relative to the full-width halfmaximum of the lines. The rotational broadening method requires high-resolution spectra of the donor's absorption lines. The latter requires a large number of spectra spread over a range of orbital phases to average out deviations from azimuthal symmetry in the disc. For an aligned jet, the duration of the eclipse at the central frequency of the eclipsed part of the jet will depend only on the mass ratio of the binary (as shown below), so jet eclipses represent an alternative method.

The jet eclipses will allow both controls on the systematics of the existing methods and sensitivity to different sets of systems. The estimation of rotational broadening requires comparison with template spectra. This leads to a potential source of systematic error for X-ray binaries, where the structures of the donor stars are often affected by ratios of mass transfer time-scales M/\dot{M} , where M is the donor mass and \dot{M} is its mass transfer rate, that are shorter than their thermal time-scales. Under these circumstances, the stars are bloated due to being unable to relax to their equilibrium structure models quickly enough (Rappaport, Joss & Webbink 1982). The template stars, on the other hand, are generally single stars in equilibrium. The double-peaked emission lines are susceptible to effects of both stochastic variability in the accretion disc and orbital modulation of the line profile and hence require large numbers of measurements. Furthermore, the relation between peak separation and mass ratio is established only in quiescence, and often, in outburst, the emission lines are single-peaked, probably due to scattering in strong disc winds (Eracleous & Halpern 1994). The single-peaked lines have been established to exist even in some systems where the accretion disc is in a hard state (Wu et al. 2001), arguing in a model-dependent manner than the winds and jets can exist simultaneously, even outside the brightest states, in contrast to some of the conventional wisdom about these phenomena; regardless, in a model-independent manner, it is clear that this technique cannot be used in bright accretion states,

regardless of whether they are bright hard states or soft states. Bowen fluorescence lines may also potentially be useful for tracing the donor stars' radial velocities and rotational broadening (Steeghs & Casares 2002; Hynes et al. 2003), but at the present time, masses derived from these measurements have poorly understood systematics – see, for example, the difference between the mass function for the black hole X-ray binary GX 339–4 inferred from Bowen fluorescence (Hynes et al. 2003) relative to that from absorption lines (Heida et al. 2017).

The use of the jet eclipses to estimate mass ratios is thus of greatest value for persistently bright sources, where other techniques are unlikely to work effectively (and this is also the case for low-power sources, where the jet may not be bright enough to allow straightforward observation of the eclipses anyway). The jet will be eclipsed when:

$$|\sin(2\pi\phi)| < \left(\frac{r}{a}\right),\tag{5}$$

where ϕ is the orbital phase measured in the conventional manner, between 0 and 1. For ultra-compact X-ray binaries, with $q \sim 0.03$, this will give eclipses for $-0.023 < \phi < 0.023$, while for systems with q = 0.5, this will give eclipses in the range from -0.05 to 0.05. This analysis treats the jet as a one-dimensional object and the star as an object with a rigid surface. Scale heights of stellar atmospheres are typically $\sim 10^{-4}$ of the stellar radius, so this choice is unlikely to be a serious problem; only in cases where there is a strong stellar wind will the smearing due to the diffuse nature of the absorber be problematic.

4.3.1 Effects of the transverse extent of the jet

The jet width is potentially a more serious problem, especially in systems with very low inclination angles, so that the eclipse takes place at relatively large heights in the jet relative to the donor star's radius. Of course, if the jet width affects the duration of the eclipse, then, with high enough quality data showing a gradual ingress timescale, the jet's transverse size can be measured. Very few jets from X-ray binaries have been resolved spatially in the transverse direction, and the measurements and upper limits indicate that the typical values are, at most, a few degrees (see e.g. Miller-Jones, Fender & Nakar 2006). The fractional increase in the eclipse duration can be determined by:

$$\frac{\Delta r}{a} = \frac{\tan\left(\theta/2\right)}{\tan i},\tag{6}$$

where θ is the jet opening angle.

The jet will eclipse the star for the same range of phases near $\phi=0.5$, but the brightness temperature of the star will be dramatically lower than the brightness temperature of the jet, so the eclipsing will have negligible effect. Furthermore, in most cases, the jets will be optically thin in the optical and infrared bands where the star emits (e.g. Russell et al. 2013). Alternatively, the high-energy particles in the jet might potentially Compton upscatter photons from the star, but only in the cases of very large beaming factors or finely tuned misaligned jets is the flux from the donor star likely to be larger than the flux from the inner accretion disc in the inner region where the largest amount of power is dissipated, and even then, the jet's own synchrotron emission will likely still dominate the seed photons unless there is a well-tuned misalignment that boosts the star's photons dramatically (and in this case, the jet would likely not pass in front of the star at phase 0.5).

The caveats for use of the duration of jet eclipses to estimate the mass ratio in the binary are: (1) potential misalignment of the jet, (2)

³Here, we express the equation in wavelength, rather than frequency units because the wavelength-based formalism is significantly simpler.

measurement uncertainty, (3) wavelength smearing, and (4) effects due to the transverse size of the jet. For jets that are misaligned, but straight, the offset in phase angle can be used to estimate the degree of misalignment, but a detailed model for the structure of the jet would be needed to extract a robust estimate of the inclination angle.

5 ECLIPSING OF THE INNER COUNTERJET BY THE OUTER ACCRETION DISC

The inner portion of the counterjet may also be continuously blocked by the outer part of the accretion disc, with orbital modulation only if there is some deviation from azimuthal symmetry of the disc. We will refer to this as the disc eclipsing the jet. For aligned jets (i.e. jets perpendicular to the binary orbital plane), this will happen preferentially for systems that are closer to *face-on*. This gives a potentially very powerful tool for estimating the jet inclination angles, although the magnitude of this effect will be relatively weak in face-on systems due to Doppler boosting unless the jet speeds are quite low.

Similarly, the outer accretion disc can sometimes be eclipsed by the donor star even when the inner disc is not eclipsed, which can lead to grazing eclipses in the optical without X-ray eclipses. The eclipsing of the outer disc *would* be periodically modulated. This is not relevant to the calculations presented in this paper, but for more edge-on systems, it does present a potentially important potential additional source of periodic modulation, and consideration of this possibility is required if there is a periodic modulation only in the optical and/or infrared bands that are likely to dominate the outer disc. A valuable diagnostic would be searching for eclipses in H α or other emission lines, which are always produced in the outer accretion disc but produced only from jets in rare sources like SS 433.

To estimate the size of this effect, we must know the radius of the outer accretion disc. The outer accretion disc can vary in size over time, growing when during outbursts, and shrinking during quiescent periods (Smak 1984; Hameury 2019). The circularization radius will represent a good lower limit to the size of the disc and under some circumstances will be very close to the actual size of the outer disc. The circularization radius will generically be the radius at which the angular momentum per unit mass of the accreted gas is equal to the angular momentum per unit mass of a circular orbit around the accretor. The functional form will differ for wind-fed versus Roche lobe overflow systems. We take the expressions for both from Frank, King & Raine (2002).

For wind-fed systems, the circularization radius will be:

$$\frac{r_{\rm circ}}{a} = \frac{m_1^3 (m_1 + m_2)}{16\lambda^4 m_2^4} \left(\frac{r}{a}\right)^4. \tag{7}$$

Here, the accretor is defined to have mass m_1 and the donor to have mass m_2 even though in some wind-fed systems, the donor will be the heavier object. The ratio of the wind speed to the escape speed from the donor star is given by λ , a is the orbital separation, and r is the radius of the donor star.

For Roche lobe overflow systems, the circularization radius will be:

$$r_{\rm circ}/a = (1+q)[0.5 - 0.227 \log_{10} q]^4.$$
 (8)

The practical upper limit on this value is $(1 - \frac{r}{a})$, and if the computed value is larger, then the disc should extend to the inner Lagrange point. This will be the case for q < 0.008, a value likely to be reached only for ultra-compact X-ray binaries with black hole accretors.

For cases of winds slower than the orbital speeds, and donor stars that nearly fill the Roche lobes, the two expressions approach becoming similar.⁴ For the typical mass ratios in low mass X-ray binaries ($q \sim 0.1-0.5$), the circularization radius will be about 1/3 of the orbital separation. The eclipse of jet by the outer disc should *not* show any orbital-phase dependence unless the disc has a stable non-circular component. This may be the case if there is a puffy rim at the hotspot where the accretion stream joins to the outer disc, but it is likely to be a weak effect.

The maximum value for the outer radius is generally taken to be the tidal radius of the accretion disc, which will be about 0.9 times the Roche lobe size of the accretor (Frank et al. 2002). If the outer disc extends that far out, then at mid-eclipse, the inner counterjet will be eclipsed all the way up to the height associated with the outer part of the donor star. For the calculations we show here that illustrate the effects of discs eclipsing the inner counterjet, we will use $r_{\rm circ}$ for the outer disc radius, but we caution that there is abundant evidence that some systems, some of the time, have outer discs that extend considerably further out and that the outer radii can be variable (Whitehurst 1988; Osaki & Kato 2013).

Assuming that the disc is circular, and defining its outer radius to be r_{out} , we find that the height at which the disc eclipses the counterjet, h_{dej} , is given by:

$$h_{\text{dej}} < r_{\text{out}} \cot i$$
. (9)

This assumes a fully planar disc, although the deviations from planarity of the disc matter are significant only for nearly edge-on systems.

This facet of the data then gives an opportunity to estimate the height of the base of the jet, since the wavelength up to which the disc eclipses the jet will scale linearly with $h_{\rm dej}$ and will correspond to the frequency $\nu_{\rm dej}$. It will then be the case that:

$$h_0 = \frac{r_{\text{out}} \cot i \ \nu_{\text{dej}}}{\nu_{\text{br}}},\tag{10}$$

where h_0 is the height of the base of the jet. We can then follow through with the requirement that $r_{\rm out} \geq r_{\rm circ}$. From this, then tan $i \ \nu_{\rm dej} \nu_{\rm br} = \frac{h_0}{r_{\rm out}}$. Then, since $r_{\rm circ}$ can be estimated by determining the mass ratio via the eclipse duration at the dominant frequency for the eclipse, and the inclination angle can be determined from the range of frequencies eclipsed, the only unknowns are h_0 and the ratio of $r_{\rm out}$ to $r_{\rm circ}$. Therefore, h_0 can be constrained strongly from the eclipses as well.

For aligned jets, if the eclipses from both the outer disc and the donor star are seen, then an extra constraint on the combination of the inclination angle and the jet structure can be obtained. Care must be taken, of course, to determine where the actual outer disc radius is located. In many systems, the disc will spread outward from the circularization radius and can be significantly larger than this value.

The eclipsing by the outer disc will be present in spectroscopy of the jet alone. Because other components of the accretion flow are very likely to emit in the same bands as the jet base, this may develop into a new approach for finding the jets' break frequencies more robustly than they can be found by spectral measures. It will be especially important if there is a substantial contribution from a hot inner flow that will be eclipsed only if the whole thermal accretion disc is eclipsed.

⁴This may be the case for period gap systems – see e.g. Maccarone & Patruno 2013.

5.1 Eclipses of the outer disc by the star

The outer disc can be eclipsed without the inner disc (i.e. the origin of the X-ray emission). X-ray eclipses (excluding eclipses of scattered X-rays) will take place for

$$\cos i < \frac{r}{a} \tag{11}$$

while eclipses of the outer disc will take place for:

$$\cos i < \left(\frac{r}{a - r_{\text{out}}}\right). \tag{12}$$

For small mass ratios, this effect can substantially affect the critical inclination angle for seeing some type of eclipse. Furthermore, when accretion discs are strongly irradiated, as in the outbursts of soft Xray transients, the outer disc may dominate the total optical emission due to its larger surface area relative to the hotter inner disc, and these will turn out to be the situations where the outer disc is largest, as well. These grazing eclipses will, in many cases, have relatively weak signatures for short durations, but they should be nearly as strictly periodic as the orbit itself (with perhaps some low-level jitter due to variations in the structure of the outer discs), and hence it should be possible to identify them over time in Fourier transforms of long, well-sampled light curves, as might be obtained by Evryscope, which obtains high-cadence, high duty cycle photometry of a large fraction of the sky, making it ideal for identifying grazing eclipses (Law et al. 2015). We do not consider this effect in the remainder of this paper but do note that it represents a potential tool for identifying sources within the range of inclination angles where only the outer disc is eclipsed.

6 THE APPROACHING JET

One of the challenges of searching for jet eclipses will be that in the case of aligned jets, it is the counterjet that will be eclipsed. When the jet speed is large, this can lead to a situation where the radio flux is dominated almost entirely by the approaching jet's flux, regardless of any effects of eclipses. The Doppler factor, δ for the jet will be given by:

$$\delta = \frac{1}{\Gamma(1 - \beta \cos i)}. (13)$$

If we take, for example the parameters for Cygnus X-1 from Tetarenko et al. 2019, with $\Gamma=3$ and $i=27^\circ$, we find that the δ for the approaching jet will be 2.1, while δ for the counterjet will be 0.18. For flat spectrum steady jets, the change in the flux due to Doppler boosting is $\delta^{2.22}$ [if the spectral index of the optically thin part of the jet is $\alpha=-0.7$ – Zdziarski et al. (2016)], so the approaching jet will be more than 100 times as bright as the counterjet. It is for this reason that we consider the effects of jet eclipses only for neutron stars and quiescent black holes, where the jets are likely to be significantly slower. For black hole systems that are quite edge-on, the eclipses may still be easily measurable. For a slower jet speed of $\Gamma=1.5$, the δ for the approaching jet will be 2, while the receding jet δ will be 0.4, so that if the power scales with $\delta^{2.2}$, the counterjet will have about 3 per cent of the total flux density.

7 PRACTICAL CANDIDATE TARGETS AND PREDICTIONS FOR THEM

A few practical considerations exist for testing the model. These will result in the best targets being bright low mass X-ray binaries with neutron star accretors. The other class of strong candidate targets will be the brightest quiescent black hole X-ray binaries.

First, the most effective wavebands in which to search for jet eclipses will be those in which the emission is unambiguously from the jet. Radio emission will be suitable for this in nearly all systems. In many systems (i.e. those with shorter orbital periods and hence fainter donor stars and weaker thermal emission from the outer accretion disc), infrared emission may also be suitable for these purposes (Migliari et al. 2006, 2010). In cases where the accretion disc may be emitting at the same wavelength, and especially where the accretion disc's flux may be modulated by either the orbital period, or a very similar superhump period, it may be difficult to distinguish a period due to a jet eclipse from other forms of periodic modulation without very long time series. As a counterbalance, for making use of radio observations, either relatively large orbital separations or very low inclination angles may be necessary – relatively edge-on systems with short periods will have their eclipses take place at higher frequencies. Additionally, the eclipse durations as a fraction of the orbital period will be larger for systems with larger orbital period because the eclipse duration will scale as $\sin^{-1} r/a$, which increases with mass ratio. Fortunately, in most systems, the emission region that is eclipsed is likely to be in the radio through submillimetre part of the spectrum, and this is confirmed in the simulations.

Secondly, the utility of the eclipses of the jet may be limited in systems where the donor star shows strong winds. In these systems, the free-free absorption in the stellar wind can produce a strong modulation of the jet flux coming from a wide range of heights (Brocksopp et al. 2002), including heights at which the photosphere of the donor star is not in front of the jet. This jet flux modulation may be useful for making measurements of the orbital periods even for systems that are so heavily extincted that the donor star cannot be detected, and it may be useful for establishing the existence of misaligned jets. The modulation is unlikely to be useful for understanding the jet's structure or measuring inclination angles or mass ratios. Thirdly, because in the aligned jet case, the counterjet will be the eclipsed, rather than the approaching jet; the slower neutron star jets will show stronger eclipses due to smaller effects from Doppler boosting and deboosting. Fourthly, a large fraction of accreting neutron stars are persistent sources or high duty cycle transients, while only one accreting black hole in the Galaxy with a low mass donor is persistent (4U 1957+11 – Nowak et al. 2012) and only one other one is a high duty cycle transient (GX 339-4 – Buxton et al. 2012). Observations for the purposes of looking for jet eclipses will already be strongly time-constrained because they need to occur around zero phase. Searching persistent sources makes the scheduling easier by allowing scheduling at any zerophase epoch, and the high duty cycle transients at least allow some flexibility. Furthermore, in many cases, persistent sources allow the orbital phase to be determined independently of the searches for the eclipses. A substantial fraction of persistent X-ray binaries have unknown orbital periods. Additionally, in the neutron star cases, some of these show alternative evidence for being ultra-compact X-ray binaries, for which long integration times will sample many orbital periods. None of these issues preclude the idea that jet eclipses might eventually be used to understand black hole X-ray binaries; it merely argues that the neutron star X-ray binaries are better choices for establishing that the methodology works.

7.1 Z-sources

The Z-sources are the brightest low magnetic field accreting neutron stars, both in the X-ray band and the radio band, so named because they trace out a shape that resembles the letter Z in X-ray colour—

Table 3. Key data and predictions for the Z-sources. The donor masses and inclination angles come from Steeghs & Casares (2002) for Sco X-1, and Casares et al. (2010) for Cyg X-2.

| Source | P _{orb} Hours | a cm | i Degrees | $m_2 \ { m M}_{\odot}$ | ν _{ecl} GHz |
|---------|---------------------------|----------------------|--------------|------------------------|-------------------------|
| Sco X-1 | 18.9 | 3.0×10^{11} | 38 | 0.42 | 157 |
| Cyg X-2 | 236.3 | 1.8×10^{12} | 62.5 | 0.58 | 96 |

colour diagrams (Hasinger & van der Klis 1989). Most of the known Z-sources have been persistent accretors since the era of *Uhuru* or even since the earliest sounding rocket searches for X-ray sources. The Z-sources tend to show longer orbital periods than most other accreting neutron stars, as well. Longer orbital periods present the advantage that the eclipsed emission comes from further up the jet, in some cases pushing the eclipses into the cm wavebands with which it is easiest to make measurements. They present the disadvantage that the orbits are slower, meaning both that it takes more time per orbital period to cover the eclipse while also being likely to have intrinsic source variability dominate over measurement noise.

Three persistent Z-sources have known orbital periods: Sco X-1 (18.9 h – Steeghs & Casares 2002), Cyg X-2 (9.8 d – Casares et al. 2010), and GX 349+2 (22 h – Wachter 1997). Of these systems, only Sco X-1 has a reliable geometric parallax distance (Fomalont et al. 2001), so it is difficult to estimate the luminosities beyond the standard assumption that they are roughly $L_{\rm EDD}$. Fortunately, the expected relationship between $\nu_{\rm br}$ and $L_{\rm X}$ is that $\nu_{\rm br} \propto L_{\rm X}^{1/3}$ for radiatively efficient sources, so uncertainties of even a factor of 3 in luminosity lead to only a factor of 1.4 in $\nu_{\rm br}$, likely smaller than some of the other uncertainties in the problem. The inclination angles represent a more serious challenge, given that the cotangent can vary by a factor of 3 between 30° and 60°. Because there is neither a spectroscopic confirmation of the period of GX 349+2 nor any estimate of its inclination angle, we do not consider it here. In Table 3, we summarize the key parameters for the systems.

Scaling from 4U 0614+091, assuming 4U 0614+091 has a break frequency of 2×10^{13} Hz (Migliari et al. 2010),⁵ an $L_{\rm X}$ of 10^{36} erg/s, we expect a break frequency at about 1–1.4 \times 10^{14} Hz for the two Z-sources. We use 10^{14} for the purposes of Table 3. Then, and assuming that the h_0 is about 6×10^8 cm, we find that the expected frequencies for the eclipses will be at 157 GHz for Sco X-1, and 96 GHz for Cyg X-2. This frequency range can be probed by several facilities, such as ALMA, NOEMA, JCMT, and the Large Millimeter Telescope. Given the brightness of these systems (especially Sco X-1), it should be practical to search for the jet eclipses in these Z-sources despite the challenges that usually arise from working in the millimetre band. We anticipate that even after dilution due to the approaching jet, that the eclipse depth at about 150 GHz should be about 10 per cent, as illustrated for spectra at different orbital phases in Fig. 3 and for light curves for different frequencies in Fig. 4.

Beyond this, the CMB-S4 (Abazajian et al. 2019) project, if constructed, would have some powerful capabilities for studying bright source variability in the 30–300 GHz range. How useful it would be for studying Sco X-1 and the few other brightest radio sources in the sky for this depends on deployment decisions that have not yet been made.

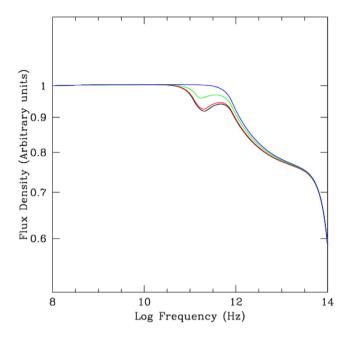


Figure 3. The jet spectra for Sco X-1, taking both disc and stellar eclipses into account, and assuming $\beta=0.3.$ Each curve is at a different orbital phase. From bottom to top, the phases are 0.01 (black), 0.02 (red), 0.04 (green), and 0.07 (dark blue). The dip just above 10^{11} Hz is due to the star eclipsing the jet, while the effect of the outer disc blocking the inner jet produces the curvature at $\approx 10^{12.5}$ Hz.

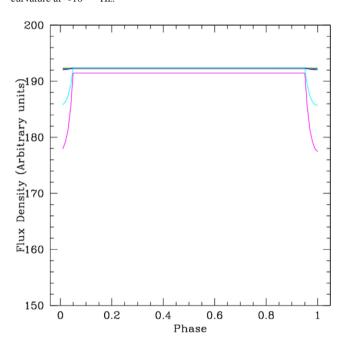


Figure 4. Model calculations for Sco X-1's light curve. From top to bottom, frequencies are: 10^9 Hz (black), 3×10^9 Hz (red), 10^{10} Hz (green), 3×10^{10} Hz (blue), 10^{11} Hz (cyan), and 3×10^{11} Hz (purple). The calculation here is for the full solution for the jet, including disc eclipses and dilution by the approaching jet.

If some of the systematic uncertainties in the problem lead to a lower range of frequencies at which the eclipses take place (which may be likely, given that the fraction of the power that goes into the jet is probably smaller for the slim discs at near Eddington luminosities than the *bona fide* thick discs at strongly sub-Eddington luminosities),

⁵The break frequency of a second neutron star X-ray binary, 4U 1728–34, has been inferred from ALMA data, but was not directly detected, and is within a factor of a few of this value for a source that is likely to be at a somewhat higher X-ray luminosity (Díaz Trigo et al. 2017).

then this would open up the possibility of using facilities at 40 GHz, like the Very Large Array and even the Very Long Baseline Array for brighter sources like Sco X-1. With the Next Generation Very Large Array (ngVLA), it would be possible to use subarrays to cover the full range of frequencies from 1–100 GHz for sources in the mJy flux density regime. A major caveat for the Z-sources is the assumption of the extrapolation of the atoll sources' break frequencies over a few orders of magnitude in luminosity. A particularly important point is that in some epochs, the core of the radio emission from Sco X-1 has been seen to be flat spectrum, while in others, it is seen to show a steep spectrum ($\alpha \approx -0.6$) – in this case, these uncertainties are more likely to make the project easier to execute than harder, but they also increase the risk associated with any particular observing strategy.

The strong and rapid variability of the Z-sources on a wide range of time-scales will make this work challenging, none the less. We believe that this problem can be dealt with by making the radio/mm observations simultaneously with X-ray observations. The searches for eclipses can be made by stacking epochs near zero phase with similar X-ray properties. This will necessitate collecting more data than might be required for sources that show steadier X-ray properties. However, this may be offset by the fact that smaller arrays and even single dishes will be able to make these measurements.

7.2 Atoll sources

For the atoll sources, we have a better handle on the input parameters. The break frequencies are well characterized for 4U 0614+091, and 4U 0614+091 has also been established to show a flat spectrum longward of the break. The radio/X-ray correlation for most of the atoll sources appears to show a $L_R \propto L_X^{1.4}$ relationship, meaning that close to the state transition between the island state and the banana state, 6 the sources will be most powerful in the radio band. These correlations show considerable scatter, but the major point of concern is just to identify the states where the radio emission will be brightest, and so it is not a major concern for our purposes whether the $L_R \propto L_X^{1.4}$ holds up with bigger samples with better measurements. There is some additional evidence that some, but not all, of the atoll sources continue to be relatively bright radio sources even in the banana states (compare e.g. Migliari et al. 2004 with Díaz Trigo et al. 2018).

We thus anticipate that the break frequencies, when the sources are bright enough to be detected, will always be within a factor of about 2 of 2×10^{13} Hz – this is the case for 4U 0614+091 (Migliari et al. 2010) and for 4U 1728-34 (Díaz Trigo et al. 2017). For Aql X-1, the break frequency in one observation in the hard intermediate state appears to be at about 100 GHz in some cases (Díaz Trigo et al. 2018), but this is at 2σ , with only one data point above the break, and with data in the two bands that are not strictly simultaneous; at the present time, we regard the data from the two other sources as more representative of what is likely to be true with a larger sample of observations. If we then take the height of the break to be 6×10^8 cm, we expect that the deepest eclipses will typically be at less than 30 GHz when a cot i is greater than 4×10^{11} cm. For sources with inclination angles of 45°, this will correspond to orbital periods of about 20 h. Alternatively, we could observe at higher frequency, or we could observe sources with lower inclination angles.

7.2.1 Long period atolls

The atoll sources that are at periods longer than 10 h are Aql X-1 (Šimon 2002; Ootes et al. 2018), 4U 1608–52 (Šimon 2004), and Cen X-4. The former two objects are transients, which have frequent outbursts, while the latter source is a transient, which had outbursts in 1969 and 1979 (Evans, Belian & Conner 1970; Kaluzienski, Holt & Swank 1980), but has not outbursted since then. For Agl X-1, the system's mass ratio and radial velocity amplitude have been estimated from the donor's absorption lines, consistent with a range of 36° – 47° under the assumption that the neutron star must be between 1.2 and 3 M_{\odot} (Mata Sánchez et al. 2017). Taking the standard neutron star mass of $1.4 \,\mathrm{M}_{\odot}$, we find that $a = 3.1 \times 10^{11}$ cm for Aql X-1. For a 40° inclination angle, this would give a height up the jet of 3.7×10^{11} cm for the longest duration of the eclipse, and hence the frequency associated with the maximum duration of the eclipse should be 33 GHz, a frequency already accessible with the VLA, and for which the ngVLA would make a large improvement in sensitivity. When in X-ray bright hard states, Aql X-1 tends to show radio emission at the 200–300 µJy level (Tudose et al. 2009; Gusinskaia et al. 2020). The eclipse duration at the middle frequency should be 1.87 h for the q = 0.41 mass ratio of this system. With the present VLA, in 1.87 h, with 8 GHz of bandwidth, a noise level of 3 µJy can be achieved at 30 GHz over an 8-GHz bandwidth. In a narrower bandpass that might be used to search for the mid-eclipse eclipse, say 1 GHz (i.e. 3 per cent fractional frequency width), a noise level of 10 µJy (about 3–5 per cent of the total flux density) would be achieved over the eclipse duration. A small amount of time will be lost to calibration for such a project, but since the timing of the eclipse is known, the calibration observations could be conducted primarily outside the eclipse.

For Aql X-1, at about 30 GHz, the counterjet can be expected to show a variation of about 25 per cent between the eclipsed and uneclipsed phases, and the approaching jet will lead to a dilution to a modulation of a bit more than 10 per cent. Calculations of the spectra at different phases are shown in Fig. 5, and calculations of the light curves are shown in Fig. 6. It can also be seen that the deepest eclipse moves to lower frequencies as the eclipse progresses. This is because of the asymmetry in the jet spectrum, in that the range of heights that contribute significantly to a particular wavelength is larger going upwards (where it falls off due to the $\nu^{-0.7}$ spectral shape) than downwards (where the self-absorbed spectrum goes as $\nu^{2.5}$).

This object is a transient, but fortunately, it has a high duty cycle in outburst. Aql X-1 typically has outbursts a few times a year, with bright ones about once a year (Šimon 2002; Ootes et al. 2018). It may be that the brighter outbursts are superoutbursts (Maccarone 2014), an idea bolstered by the tentative discovery of superhumps from this system. If so, the neutron star mass would likely be a bit higher than $1.4\,M_\odot$, as the mass ratio for the system would need to be a bit smaller (i.e. <0.35). Even the brightest phases of the 'normal' outbursts should be bright enough to make these measurements. Thus, there should be a few opportunities per year to detect the eclipses from Aql X-1 and the opportunity to measure several eclipses per bright phase.

This is not quite as easy a system to work with as the persistent systems, but it is, none the less, still achievable even with present technology. With the ngVLA, such observations would be much easier, and subarraying could be done to cover a wider bandpass

⁶The island state is the neutron star equivalent of the hard state for black holes, while the banana state is the equivalent of the soft state (van der Klis 2006).

⁷The normal outbursts are sometimes called mini-outbursts in the context of this source due to the fact that they were often missed before the system began to be monitored intensively.

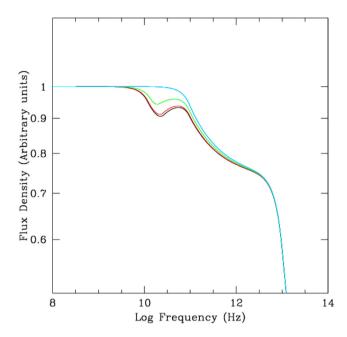


Figure 5. Model calculations for Aql X-1. From bottom to top, the orbital phases are: 0.01 (black), 0.02 (red), 0.04 (green), 0.07 (blue), and 0.14 (cyan). The blue and cyan curves nearly overlap. The calculation shows all relevant processes, with both the jet and counterjet's contribution included, as well as eclipse by both the disc and the donor star.

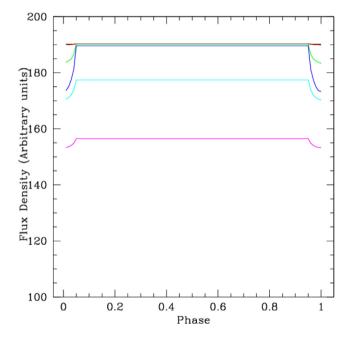


Figure 6. Model calculations for Aql X-1's light curve. From top to bottom, frequencies are: 10^9 Hz (black), 3×10^9 Hz (red), 10^{10} Hz (green), 3×10^{10} Hz (blue), 10^{11} Hz (cyan), and 3×10^{11} Hz (purple). The calculation here is only for the full solution for the jet, including disc eclipses and dilution by the approaching jet.

and help ensure that (1) the eclipsed frequency is actually covered and (2) that the putative eclipsed frequency range can be confirmed to be more strongly variable than adjacent frequencies. This could allow higher quality measurements to be done without making as many repeated visits of the eclipsed phases in order to ensure that the phenomenon is periodic.

4U 1608-52 would be likely to show similar phenomenology – it has a similar orbital period and is similarly a high duty cycle transient (Šimon 2004). Unfortunately, it is located too far south for VLA observations. With the notable exception of ALMA, the Southern hemisphere radio facilities are not well suited for high-frequency work, and this will not change with the first phase of the Square Kilometer Array. This eclipse would likely fall within ALMA Band 1 once the Band 1 system is deployed (Di Francesco et al. 2013) and hence could potentially be done by ALMA, even in relatively poor weather.

7.2.2 Short period atolls

The shorter period atoll sources are likely to be eclipsed only at higher frequencies, unless they are viewed relatively face-on (in which case, they are most likely to be among the neutron star X-ray binaries with unknown orbital periods), or show strong superhump modulations (which can yield the orbital period to within a few per cent but cannot yield the orbital-phase information). A few of these systems are strong candidates to be viewed face-on – e.g. Ser X-1, 4U 1820–30, and GX 349+2 (Cackett et al. 2008). The most interesting one is Ser X-1.

Ser X-1 shows two cycles of apparently periodic modulations of the motion of its emission lines, indicating a period of about 2 h (Cornelisse et al. 2013). It shows relatively narrow optical emission lines and a relatively small amplitude for the apparently periodic variations (Cornelisse et al. 2013), suggesting that the inclination angle is about 10°. It also shows a reflection spectrum that is indicative of a relatively face-on disc (Matranga et al. 2017; Mondal, Dewangan & Raychaudhuri 2020). While ideally there would be a larger number of cycles of the orbital period covered, the sum of the evidence is suggestive of the idea that this is a face-on, short period binary. If we take the parameters of Cornelisse et al. (2013), then we find that the central location for the eclipse should be at about 3.7×10^{11} cm and hence at a frequency close to 30 GHz. This system was one of the first soft-state neutron star sources detected (Migliari et al. 2004) at a flux density of about 100 µJy, and hence it should be a practical persistent source target if the orbital period and inclination angle are as assumed. Given an expected mass ratio of 0.14 (assuming a 0.2 M_{\odot} donor star and a 1.4 M_{\odot} accretor), the source should be eclipsed about 7 per cent of the time at the central wavelength for the eclipse.

The large inclination angle allows the eclipse of a fairly large range of heights emitting at frequencies around 15 GHz. The maximum flux loss during the eclipse is about 40 per cent of the flux from the counterjet. The flipside of this low inclination angle is that even for moderately relativistic jet speeds, the beaming may be significant, and the approaching jet may outshine the counterjet significantly where δ is the Doppler boost factor.

For this system, δ_{app} , the Doppler factor for the approaching jet will be 1.35, while the counterjet will have a Doppler factor of 0.77. The approaching jet will be boosted to be about 3.4 times brighter than the counterjet before accounting for eclipses. The strong eclipse of the counterjet will then correspond to a roughly 9 per cent reduction in the total jet flux from the system, still fairly easily detectable with good signal to noise. We plot the source spectra in Fig. 7, taking into account the effects of both the approaching jet and the disc eclipse of the counterjet, and the light curves at different frequencies in Fig. 8.

To detect such an effect from a 100- μ Jy source with good statistical significance would require roughly 2- μ Jy sensitivity. Reaching this flux density level at 15 or 30 GHz with the VLA requires about 4 h of total exposure time. A total of about 10 h would thus be needed

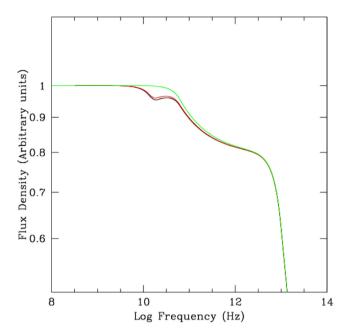


Figure 7. Model calculations for Ser X-1. From bottom to top, the orbital phases are: 0.01 (black), 0.02(red), 0.04 (green). The calculation here includes both the approach and the counterjet contributions, as well as the disc eclipse effects, assuming a jet speed of 0.3 c. The first break, from flat spectrum to $\nu^{-0.05}$, is due to the eclipse of the inner jet by the outer disc, and the second break is where the innermost part of the approaching jet becomes optically thin. Due to the low inclination used in the calculation, the disc eclipse of the jet is weaker but spans a broader range of wavelengths than for most other sources.

to do the project to allow for similar exposure on and off eclipse and enough time for calibration. At the present time, though, with the orbital period not yet confirmed, and the ephemeris completely unknown, the project would be considerably less efficient, as full orbits would be needed to allow the search for the period. Still, with the program doable in 2-h blocks, it could be gradually scheduled over time. With the equatorial nature of the source, it would also make an excellent filler program for ALMA for times with relatively high water vapour where Band 1 observations are preferred.

7.3 Black hole systems

7.3.1 Long period systems: potential radio eclipsers

While we focus on neutron star systems in this paper, if the jet speeds in the faintest black hole systems (especially quiescent systems) are sufficiently slow, the beaming effects may be relatively minor and the eclipses may be detectable. For bright hard states, Casella et al. (2010) and Tetarenko et al. (2019) have found that the bulk Lorentz factor of the jet is likely to be ≥ 3 . If the Lorentz factor is, in fact, as low as 3, then the counterjet eclipses should be detectable for many systems. At $\Gamma = 3$, the counterjet for a flat spectrum, steady jet should be only a factor of about 4.5 fainter than the approaching jet if the inclination angle is 70°, roughly the threshold for eclipsing behaviour for mass ratios typical of X-ray binaries. At 28°, however, $\delta_{\rm app}$ will be 2, and the counterjet will have $\delta = 2/7$, so that the approaching jet will be about 70 times brighter than the counterjet. In short period black hole X-ray binaries, when they are bright, we expect that the radio emission will typically come from well outside the orbital separation. In longer period systems, such as Cygnus X-1 (Zdziarski 2012), there does appear to be significant radio emission

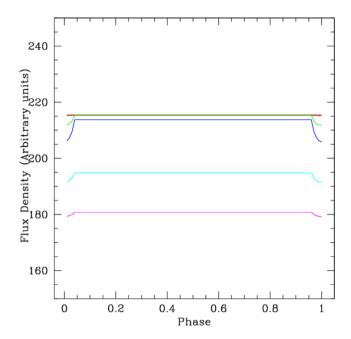


Figure 8. Model calculations for Ser X-1's light curve. From top to bottom, frequencies are: 10^9 Hz (black), 3×10^9 Hz (red), 10^{10} Hz (green), 3×10^{10} Hz (blue), 10^{11} Hz (cyan), and 3×10^{11} Hz (purple). The calculation here is only for the full solution for the jet, including disc eclipses and dilution by the approaching jet.

coming from within the orbit, illustrated by the strong modulation by the stellar wind, which is quite low density for spatial scales outside the orbital separation.

Given the likelihood that the quiescent binaries have slower jets (probably closer to $\beta=0.5$), they likely represent better targets. Most quiescent black hole X-ray binaries are too faint for the VLA to do this work, but the ngVLA (or, in the case of low frequencies at which the eclipse happens, the Square Kilometer Array) could potentially do these observations. Additionally, the low mass ratios for black holes mean that the size of the eclipsed region will tend to be smaller than for the neutron star case. Still a few sources merit some consideration as candidates for searches for jet eclipses.

V404 Cyg has orbital parameters of P = 6.5 d, $m_1 = 12^{+3}_{-2} M_{\odot}$, $m_2 = 0.7^{+0.3}_{-0.2} \,\mathrm{M}_{\odot}, i = 56 \pm 4^{\circ}, \text{ yielding an orbital separation of } 34$ R_{\odot} and a donor radius of 6_{\odot} , located at a distance of 2.4 kpc (Miller-Jones et al. 2009). Its quiescent X-ray luminosity is about 3.9×10^{32} erg/s and its quiescent radio flux density is typically about 200 µJy (Corbel, Koerding & Kaaret 2008), with the values corrected for the updated distance to the source. We assume a break frequency of 4×10^{12} Hz, based on a typical break frequency of 10^{14} Hz for a stellar mass black hole at 10^{37} erg/s, and scaling by $L_{\rm X}^{1/3}$, following Heinz & Sunyaev (2003). We assume h_0 of 3×10^9 cm. Running our model with these parameters, we find that eclipses happen with a depth of 40 per cent with a central frequency of just over 10 GHz, which are diluted by an approaching jet with $\beta = 0.5$ to have an eclipse depth of a bit less than 10 per cent. The runs are in Fig. 9, with light curves shown in Fig. 10. If $\Gamma = 3$, then the approaching jet will have $\delta = 0.72$ and the receding jet will have $\delta = 0.22$, so the flux ratio should be 13.5. This would drop the 40 per cent amplitude eclipse of the counterjet down to about a 3 per cent amplitude eclipse in total.

Another promising object is GRO J1655–40, for which the system parameters are P=2.6 d, $i=68^{\circ}$, $m_1=5.4$ M $_{\odot}$, and $m_2=1.4$ M $_{\odot}$ (Beer & Podsiadlowski 2002); notably, the jet inclination angle for this system is estimated to be 85 $^{\circ}$ (Hjellming & Rupen 1995), and

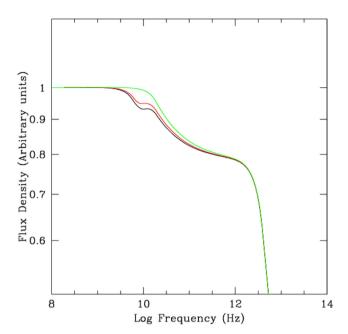


Figure 9. Model calculations for V404 Cyg. From bottom to top, the orbital phases are: 0.01 (black), 0.02 (red), and 0.04 (green). The spectrum plotting includes both the eclipse by the star and the eclipse by the outer disc and assumes an approaching jet with a speed of 0.5 c. The eclipse by the star takes place at about 10^{10} Hz, while the eclipse by the outer disc takes place around 10^{11} Hz.

so this system is also a good test case for jet mis-alignment and may, furthermore, have nearly half its flux contribution from the counterjet. These yield an orbital separation of 1.06×10^{12} cm and a donor radius of 2.8×10^{11} cm. The X-ray luminosity for this source shows strong variations, with quiescent detections having been made at $2 \times 10^{31} - 2 \times 10^{32}$ erg/s (Garcia et al. 2001). Due to the larger mass ratio, the amplitude and duration of the eclipses for this system will be larger (with a factor of 3 separation), but given the more edge-on orbit and the closer separation, they will be at higher frequency (with the central eclipse at about 30 GHz). The system is quite radio faint in quiescence, with an upper limit of 26 µJy in the deepest observation of it that has been made (Calvelo et al. 2010). It is thus unlikely to be a practical target for the VLA, unless, perhaps the existing upper limit was at an anomalously low flux level (which, given the factor of 10 variability in X-ray luminosity in quiescence, is a genuinely viable possibility), but it may be a good target for the ngVLA. Its declination allows only very short observations from Northern hemisphere facilities, which represents an additional challenge for both the VLA and the ngVLA. It may also potentially be a good target for ALMA Band 1 observations once they are commissioned.

7.3.2 Short period systems: optical/infrared eclipsers

The shorter period quiescent systems are likely to eclipse at much shorter wavelengths. These may still be observable, especially in edge-on systems where the eclipses may then take place in the midinfrared, and be in the JWST (or, for bright sources, SOFIA) window of observations. Furthermore, if the sources are edge-on, they can be expected to have weaker effects from beaming. The most extreme source in this respect that is well characterized is XTE J1118+480, although the short period dipping sources MAXI J1659–152 (Kuulkers et al. 2013) and Swift J1357.2–0933 (Corral-Santana et al. 2013)

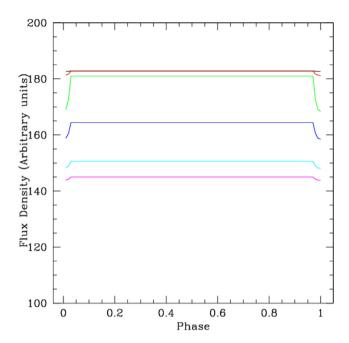


Figure 10. Model calculations for V404 Cyg's light curve. From top to bottom, frequencies are: 10^9 Hz (black), 3×10^9 Hz (red), 10^{10} Hz (green), 3×10^{10} Hz (blue), 10^{11} Hz (cyan), and 3×10^{11} Hz (purple). The calculation here is only for the full solution for the jet, including disc eclipses and dilution by the approaching jet, under the assumption of a jet speed of 0.5 c in quiescence.

may be even more extreme. XTE J1118+480 is both among the closest stellar mass black hole systems, with an orbital period of 4.1 h (González Hernández, Rebolo & Casares 2014), and is also nearly edge-on, with an inclination angle of $68^{\circ}-79^{\circ}$ (Khargharia et al. 2013). As a result, the 'bottom' of the donor star should come within a few times the height of the base of the jet. The system is quite faint in quiescence, with $L_{\rm X}=3.5\times10^{30}$ erg/s (McClintock et al. 2003). Here, there are some debates about whether the jet may extend as a flat spectrum source well into the ultraviolet in outburst, despite the outburst being considerably fainter than for most X-ray binaries. The eclipse will start to become detectable at $\sim 1/3$ of the break frequency, so the assumption about the break frequency is quite important. If we take the standard scaling from the other sources, then we expect that the eclipses will be in the terahertz regime in quiescence (and hence likely undetectable for the foreseeable future due to poor sensitivity in that band). In outburst, though, the eclipses would be in the midinfrared band. If we instead take the viewpoint that the jet extends well into the ultraviolet in outburst, then we would expect to see jet eclipses in the optical band. Given that the low mass ratio makes the phase range for the eclipse small, it is unlikely that sufficient data have been collected in the right bands during past outbursts, but it would be valuable to consider that possibility, regardless.

7.4 Cataclysmic variable jets: likely not to eclipse in the optically thick regime

Over the past decade, it has become increasingly clear that cataclysmic variables show evidence for synchrotron emitting jets (e.g. Körding et al. 2008; Russell et al. 2016; Coppejans & Knigge 2020). Radio emission from these sources has been associated with both the compact jets and the transient jets. Radio flaring during the outbursts from these sources has been associated with the transient jets, with rapidly varying spectral indices indicative of emission evolving from

optically thick to optically thin as plasmons expand (Mooley et al. 2017; Fender et al. 2019). Such an expanding plasmon was possibly resolved far outside the binary orbit (Russell et al. 2016); however, the detection was treated only as tentative. Steadier emission from the compact jet at other times in the outbursts can show minutetime-scale variability (e.g. Russell et al. 2016; Mooley et al. 2017; Fender et al. 2019), while the spectral indices of these states generally have large uncertainties due to their radio faintness (Coppejans et al. 2016). The 'nova-like', persistently bright cataclysmic variables often show strong circular polarization, suggesting that at least some of these systems have at least a substantial part of the radio emission originating from a coherent process (Coppejans et al. 2015). The symbiotic stars, which often show much brighter, steadier radio emission have longer orbital periods (see e.g. Seaquist & Taylor 1990). For them, the free-free absorption in the stellar wind would likely lead to 'fuzzy' eclipses, if any eclipses are seen.

The minute–time-scale variability for the non-flaring observations of both the dwarf novae and the nova-like cataclysmic variables, combined with expected outflow speeds similar to the white dwarf escape speed (bolstered in part by the energetics arguments in Fender et al. 2019 for the flaring sources), indicates that a significant fraction of the radio emission is likely to come from spatial scales of order 10¹¹ cm, comparable to the orbital size scale. The empirical data on these sources' characteristic size scales and jet spectra do not presently merit detailed predictions, particularly considering the faintness of the sources during their non-flaring states. However, searches for eclipses from these sources may prove fruitful, especially given that for many of them the orbital parameters are well measured.

8 APPROACHES TO TESTING DIFFERENT JET MODELS AND FUTURE CONSIDERATIONS

In the discussion above, we have considered a particular form of the jet model – one where the base is located at 3×10^9 cm and where the spectrum is flat. Some systems clearly show non-flat spectra. Additionally, some theoretical work takes a much smaller characteristic height for the jet base (e.g. Markoff, Nowak & Wilms 2005), at least for some black hole systems. Given that in the best cases (e.g. ultra-compact X-ray binaries – Migliari et al. 2006) the jet break can be estimated directly from the spectral energy distribution, for these objects, changing the height of the jet base by a factor of 10–100 alters the frequency where the jet is eclipsed by the same factor. Detection of the jet eclipses can thus potentially test these models for the location of the height of the break very effectively. We do not present plots for models with lower values of h_0 , as they will change primarily by a shift in the wavelengths at which phenomena occur, and not in the qualitative appearance of the eclipses.

We can also test models for inverted spectra using eclipses. The simplest means for producing an inverted spectrum from a jet is to have the power in random kinetic energy drop slightly moving up the jet. This will, in turn, also lead to deviations from linearity in the synchrotron self-absorption frequencies. In principle, this could also be produced by changes in the Doppler beaming as one moves up the jet. Most X-ray binaries are viewed at angles such that both the approaching and counterjets are deboosted – for a viewing angle of 70° , the approaching jet has $\delta < 1.06$ for all speeds and $\delta < 1$ for speeds above about 0.6 c), while for a 45° inclination angle, $\delta < 1.4$ for all angles, and $\delta < 1$ for $\beta > 0.94$, which corresponds to $\Gamma = 2.8$. Thus, for typical cases, for the black holes to have inverted spectra due to acceleration, it would require that they have jets that are accelerated, so that the Doppler deboosting is less important in the inner regions than in the outer regions. Because a broad range of

parameters space is possible here, it is likely that the jet eclipses in conjunction with timing of the jets (Casella et al. 2010; Gandhi et al. 2017; Tetarenko et al. 2019) will provide the solution to the problem.

At the present time, the model presented here makes predictions only for the case of aligned jets. For the case of neutron stars in low mass X-ray binaries, where the spin of the neutron star is produced through accretion torques, this is unlikely to be a large problem. For black hole jets, it may be a serious problem. The jet is also assumed to be line-like in this model. Eventually, we will wish to consider its transverse structure, but it is likely that it will be possible to study these only with extremely high signal to noise.

8.1 Sub-arraying and the Next Generation Very Large Array

Moving forward, especially when working with fainter sources, the ngVLA (Murphy et al. 2018) will be essential for allowing this technique to be applied to a large number of sources. Its frequency range matches up well with where a large fraction of sources show eclipses. Furthermore, its wide bandwidth for each receiver, along with its large number of dishes, allowing sub-arrays to be deployed to cover the full 1-100 GHz radio spectrum all at once with good sensitivity, will mitigate the problematic effects of source variability and the issue of having the frequencies for the deepest eclipses being unknown before the data are collected. Sub-arraying with the Karl G. Jansky Very Large Array has already been demonstrated to open up new capabilities in measuring jet variability (Tetarenko et al. 2017), and the ngVLA will be far more powerful in this respect. The Square Kilometer Array, the other major new planned radio facility, lacks the high-frequency capability to conduct this type of work for all but the longest period or lowest break-frequency systems.

9 CONCLUSIONS

Because the jets from X-ray binaries extend well outside the binary orbits, the jets will always be eclipsed over some range of orbital phase, even when the accretion disc is not eclipsed. These eclipses present a powerful tool for both probing the nature of the jet and understanding the binary system parameters. In this paper, we have shown that, for many systems, these eclipses should be detectable with observations with current day facilities, if carefully designed observational campaigns are made.

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DATA AVAILABILITY STATEMENT

No new observational data are presented in this paper. The code used for this work is available at https://github.com/tjmaccarone/jeteclips e.

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