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On the origin of low escape fractions of ionizing radiation from massive star-forming galaxies at high redshift

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ABSTRACT

The physical origin of low escape fractions of ionizing radiation derived from massive star-forming galaxies at $z \sim 3-4$ is not well understood. We perform idealized disc galaxy simulations to understand how galactic properties such as metallicity and gas mass affect the escape of Lyman continuum (LyC) photons using radiation-hydrodynamic simulations with strong stellar feedback. We find that the luminosity-weighted escape fraction from a metal-poor (Z = 0.002) galaxy embedded in a halo of mass $M_{\rm h} \simeq 10^{11} \,\mathrm{M_{\odot}}$ is $\langle f_{\rm esc}^{\rm 3D} \rangle \simeq 10$ per cent. Roughly half of the LyC photons are absorbed within scales of 100 pc, and the other half is absorbed in the ISM ($\leq 2 \,\mathrm{kpc}$). When the metallicity of the gas is increased to Z = 0.02, the escape fraction is significantly reduced to $\langle f_{\rm esc}^{\rm 3D} \rangle \simeq 1$ per cent because young stars are enshrouded by their birth clouds for a longer time. In contrast, increasing the gas mass by a factor of 5 leads to $\langle f_{\rm esc}^{\rm 3D} \rangle \simeq 5$ per cent because LyC photons are only moderately absorbed by the thicker disc. Our experiments suggest that high metallicity is likely more responsible for the low escape fractions observed in massive star-forming galaxies, supporting the scenario in which the escape fraction is decreasing with increasing halo mass. Finally, negligible correlation is observed between the escape fraction and surface density of star formation or galactic outflow rates.

Key words: galaxies: high-redshift-galaxies: ISM-dark ages, reionization, first stars-radiative transfer.

1 INTRODUCTION

The emergence of the Gunn–Peterson trough (Gunn & Peterson 1965) in the observed spectra of quasi-stellar objects demonstrates that the Universe became transparent to Lyman continuum (LyC) photons a billion years after the big bang (Fan et al. 2001, 2006). The Thomson optical depth measured from the cosmic microwave background signals also shows that a significant volume of the Universe was already ionized by $z \sim 8$ (Planck Collaboration XLVI 2016). These results indicate that numerous ionizing photons were produced and escape from their host dark matter haloes. However, details of the propagation of LyC radiation into the intergalactic medium (IGM) remain unclear because a direct comparison of the escape fraction with observations at the epoch of reionization is not yet feasible.

Previous studies suggest that two most likely sources of the ionizing radiation are active galactic nuclei (AGN) and star-forming galaxies (e.g. Madau, Haardt & Rees 1999), among which bright AGNs are rarely observed at $z \gtrsim 4$ (Haehnelt et al. 2001; Cowie, Barger & Trouille 2009; Fontanot et al. 2014), and are only likely to be relevant for helium reionization, which occurs at $z \sim 3-4$ (e.g. Miralda-Escudé, Haehnelt & Rees 2000; Kriss et al. 2001; Furlanetto & Oh 2008; Shull et al. 2010; Syphers & Shull 2014; Worseck et al. 2016). Giallongo et al. (2015, 2019) argue that the number density of faint AGNs with $-22.5 < M_{\rm UV} < -18.5$ is significantly higher than what was previously estimated, in which

case AGNs alone could possibly explain the reionization history of the Universe (Madau & Haardt 2015). However, the ionizing emissivity estimated from recent observational surveys at $z \sim 6$ (D'Aloisio et al. 2017; Parsa, Dunlop & McLure 2018) is decreased by an order of magnitude compared to previous findings, in conflict with the AGN-driven reionization picture.

In contrast, star-forming galaxies can fully ionize the Universe at $z \sim 6$, provided that the three-dimensional escape fraction of LyC photons is high $(f_{esc}^{3D} \sim 10\text{--}20 \text{ per cent})$ (e.g. Robertson et al. 2013). Such a large f_{esc}^{3D} was also required to match the high electron optical depths ($\tau_e = 0.084$) derived from observations from the Nine-year *Wilkinson Microwave Anisotropy Probe* (e.g. Hinshaw et al. 2013), although the latest Planck results seem to favour a much lower τ_e of 0.056 \pm 0.007 (Planck Collaboration VI 2020). Indeed, results of recent cosmological radiation-hydrodynamic simulations such as SPHINX (Rosdahl et al. 2018) have shown that galaxies with a moderate f_{esc}^{3D} of \sim 7 per cent can fully ionize the simulated universe by $z \sim$ 7 without any contribution from AGNs.

Constraining the escape of LyC photons from observations of high-z galaxies ($z \gtrsim 4$) would be extremely useful to understand reionization. Kakiichi et al. (2018) inferred the escape fraction of $f_{\rm esc}^{\rm 3D} \sim 8$ per cent from $z \sim 6$ Lyman-break galaxies (LBGs) by using the spatial correlation between the position of galaxies and Ly α transmission peaks in the quasar spectrum, but the direct detection of LyC flux from galaxies at $z \gtrsim 4$ is still challenging for several reasons. First, because the density of neutral hydrogen in the IGM increases with redshift (e.g. Inoue & Iwata 2008), it is difficult to directly detect LyC flux from galaxies during the epoch of reionization. Secondly, dwarf galaxies that are likely to have ionized the Universe at

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z > 6 are too faint to observe with the current telescope facilities. For example, Kimm et al. (2017) claim that galaxies embedded in dark matter haloes of mass $M_{\rm vir} \lesssim 10^9 - 10^{10} \, {
m M}_\odot$ are crucial to reproduce a Thomson optical depth of $\tau_e \approx 0.05-0.06$. These objects are likely to be fainter than the ultraviolet (UV) magnitude of $M_{1500} \sim -16$ (Kimm & Cen 2014; Xu et al. 2016; Ocvirk et al. 2020), which is close to the detection limit of large observational campaigns (e.g. Bouwens et al. 2010). For these reasons, a sample of bright starforming galaxies, such as LBGs or Lyman alpha emitters (LAEs), is often used instead to study the escape of LyC photons at intermediate redshifts ($z \sim 3-4$), although the selection method may be biased towards LyC weak galaxies (Cooke et al. 2014). Thirdly, even if bona fide LyC leakers are identified, information regarding the intrinsic spectral energy distributions (SEDs) and the attenuation of LyC flux along the line of sight is still required to convert the observed flux density ratio between ionizing and non-ionizing UV radiation, such as F_{900}/F_{1500} (where the subscript indicates the average wavelength in Angstrom) to an one-dimensional absolute escape fraction (f_{esc}^{1D}) . Note that the intrinsic flux ratios estimated using stellar population synthesis models have a broad range of $0.15 \lesssim F_{900}/F_{1500} \lesssim 0.66$ for star-forming galaxies at $z \sim 3$ (e.g. Inoue et al. 2005; Guaita et al. 2016), depending on their age and metallicity, where F is in units of $erg s^{-1} Hz^{-1}$. In addition, the properties of dust at high redshifts are not well constrained, and the wavelength dependence of the absorption in UV wavelengths is still uncertain. Last, simulations suggest that f_{esc}^{1D} measured from different orientations may significantly vary (e.g. Wise & Cen 2009; Kim et al. 2013a; Kimm & Cen 2014; Paardekooper, Khochfar & Dalla Vecchia 2015), especially when f_{esc}^{3D} is low (Cen & Kimm 2015).

The escape of LyC photons from high-redshift galaxies can nevertheless be measured using narrow-band or intermediate-band photometry (Vanzella et al. 2010; Mostardi et al. 2013; Mostardi et al. 2015; Siana et al. 2015; Grazian et al. 2016, 2017; Fletcher et al. 2019) or spectroscopy (Steidel, Pettini & Adelberger 2001; Shapley et al. 2006; Marchi et al. 2017, 2018; Steidel et al. 2018; Vanzella et al. 2018). However, because LyC leakers above the three σ detection limit are rare ($\lesssim 1$ –10 per cent) in the $z \sim 3$ – 4 surveys, stacking analysis of the observed spectra or images has been used to measure the average or upper limit of the relative escape fraction $(f_{esc,rel}^{1D})$, which is f_{esc}^{1D} relative to the escape fraction in nonionizing radiation (i.e. $\lambda \approx 1500$ Å) after IGM correction (Steidel et al. 2001). For example, Vanzella et al. (2010) found that the 1σ upper limit of $f_{\text{esc,rel}}^{1\text{D}}$ is <5–6 per cent for 102 LBGs at 3.4 $\lesssim z \lesssim 4.5$. Similarly, Grazian et al. (2016) sampled 37 of VIMOS Ultra Deep Survey (VUDS) galaxies at $3.27 \lesssim z \lesssim 3.40$ and obtained the 1σ upper limit of $f_{esc,rel}^{1D} < 2$ per cent in the stacked image. Based on spectroscopic data of 33 VUDS galaxies, Marchi et al. (2017) also reported $f_{\rm esc,rel}^{\rm 1D} = 8-9$ per cent for galaxies with $M_{\rm UV} \sim -20$ at $z \sim 4$. Given that f_{esc} of the non-ionizing UV radiation is typically assumed to be ~0.2–0.3 (e.g. Siana et al. 2007), the empirical values of $f_{\rm esc, rel}^{1D}$ from the LBG and LAE samples likely indicate that their $f_{\rm esc}^{3D}$ is significantly lower than what is required to explain the reionization history of the Universe (i.e. $\sim 10-20$ per cent). The discrepancy may be attributed to the evolution of galactic properties from $z \gtrsim 6$ to z \sim 3, but it may also be possible that the low $f_{\rm esc, rel}^{\rm 1D}$ is related to the mass dependence, because the observed samples are biased towards bright galaxies.

Understanding the propagation of LyC photons in galaxies during the epoch of reionization has also been attempted theoretically. Gnedin, Kravtsov & Chen (2008) and Wise & Cen (2009) suggested that the LyC escape fraction is well correlated with halo mass,

with higher f_{esc}^{3D} for more massive haloes. Gnedin et al. (2008) attributed this result to the fact that ionizing radiation directly escapes from the star particles located in the extended stellar disc, whereas LyC photons efficiently escaped in Wise et al. (2014) because star formation is more bursty in more massive haloes. In contrast, Razoumov & Sommer-Larsen (2010) argued that the escape fraction decreases from 80 to 100 per cent to 10 per cent as halo mass increases from 10⁸ to 10¹¹ M_☉. Similarly, Yajima, Choi & Nagamine (2011) found that $f_{\rm esc}^{\rm 3D}$ varies from $\simeq 50$ to 5 per cent in the halo mass range of $10^9 - 10^{11} M_{\odot}$. Recent studies based on radiationhydrodynamic (radiation-hydrodynamics) simulations focusing on lower halo masses ($M_{\rm h} \lesssim 10^{10} \,\mathrm{M}_{\odot}$; e.g. Kimm & Cen 2014; Wise et al. 2014; Xu et al. 2016; Kimm et al. 2017; Trebitsch et al. 2017) or hydrodynamic simulations with post-processing (e.g. Paardekooper et al. 2015) or semianalytic approaches based on observational constraints (Finkelstein et al. 2019) also reached the same conclusion, suggesting that the low escape fraction detected in bright LBGs may reflect the dependence on halo mass.

However, the physical origin of the low escape fractions is not clearly understood probably because simulating a massive system of halo mass 10^{11} – $10^{12} M_{\odot}$, which is the typical host halo mass of LBGs and LAEs (e.g. Adelberger et al. 2005; Gawiser et al. 2007), with high-resolution and well-calibrated feedback models is computationally expensive and non-trivial. In this study, we attempt to unravel which physical processes or properties cause the discrepancy in escape fractions between LBGs/LAEs and the value required for reionization by performing various controlled idealized simulations. In particular, we will show how the interaction between radiation and small-scale gas clumps affects the escape of LyC photons in various environments. In Section 2, we describe the initial conditions and input physics of our radiationhydrodynamics simulations. Section 3 presents our main results on the dependence of the escape fraction on metallicity and gas fraction. In Section 4, we compare our results with observations and discuss the connection with star formation rate density and outflow rates, including the caveat of our simulations. We summarize our findings in Section 5.

2 SIMULATIONS

To study the escape of LyC photons in disc galaxies, we use the RAMSES-RT adaptive mesh refinement radiation-hydrodynamic code (Teyssier 2002; Rosdahl et al. 2013; Rosdahl & Teyssier 2015). The Euler equations of hydrodynamics are solved with the HLLC scheme (Toro, Spruce & Speares 1994) adopting a Courant number of 0.7. The radiative transfer equations are solved with a first-order moment method, the M1 closure relation for the Eddington tensor, and the GLF intercell flux function (Rosdahl et al. 2013). The speed of light is reduced to 1 per cent of the true speed of light to maintain a low computational cost while reasonably capturing the propagation of the ionization front in the dense ISM (e.g. Rosdahl et al. 2013).

For non-equilibrium photochemistry, we compute the ionization and dissociation fractions of seven species – H I, H II, He I, He II, He III, H₂, and e^- – as described in Rosdahl et al. (2013) and Katz et al. (2017). Radiative cooling due to the primordial atomic species and molecular hydrogen is self-consistently calculated based on the non-equilibrium chemistry (Rosdahl et al. 2013; Katz et al. 2017). We also include atomic metal cooling, down to ~ 10⁴ K, by adopting the cooling curves obtained from the CLOUDY code (cc07 model in RAMSES-RT, Ferland et al. 1998) with the UV background at z = 0(Haardt & Madau 2012) and fine-structure line cooling by Rosen & Bregman (1995), down to ~ 1 K.

2.1 Star formation

We use the thermo-turbulent scheme (Kimm et al. 2017, 2018) to model the formation of star particles based on a Schmidt law (Schmidt 1959):

$$\mathrm{d}\rho_*/\mathrm{d}t = \epsilon_{\rm ff}\rho_{\rm gas}/t_{\rm ff},\tag{1}$$

where ρ_* is the stellar mass density, ρ_{gas} is the gas density, and $\epsilon_{\rm ff}$ is the star formation efficiency per free-fall time ($t_{\rm ff} \equiv \sqrt{3\pi/32G\rho_{gas}}$, where G is the gravitational constant). The basic idea of the model is that $\epsilon_{\rm ff}$ is determined by the local thermo-turbulent conditions such that gravitationally well-bound regions preferentially form stars, as suggested by the small-scale simulations of star formation (e.g. Padoan & Nordlund 2011; Federrath & Klessen 2012).

Specifically, assuming a lognormal distribution (p) of gas density, the star formation rate per free-fall time may be expressed as the sum of gas mass whose density is greater than the critical density divided by free-fall time, which can be given as

$$\epsilon_{\rm ff} = \frac{\epsilon_{\rm acc}}{\phi_{\rm t}} \int_{s_{\rm crit}}^{\infty} \frac{\rho}{\rho_0} \frac{t_{\rm ff}(\rho_0)}{t_{\rm ff}(\rho)} p(s) \,\mathrm{d}s, \tag{2}$$

where $s \equiv \ln(\rho/\rho_0)$. Here, ρ_0 is the average density of the starforming cloud, $\epsilon_{\rm acc} < 1$ accounts for pre-stellar feedback processes (e.g. Matzner & McKee 2000), and ϕ_t is a parameter in the order of unity that encapsulates the uncertainty in the time-scale factor $(t_{\rm ff}(\rho_0)/t_{\rm ff}(\rho))$ (Federrath & Klessen 2012). The critical density ($s_{\rm crit}$) can be computed by defining the boundary of a collapsing cloud with supersonic turbulence using the shock jump conditions and is given as

$$s_{\rm crit} = \ln \left[0.067 \theta^{-2} \alpha_{\rm vir} \mathcal{M}^2 \right],\tag{3}$$

where θ is a numerical factor, α_{vir} is the virial parameter, and \mathcal{M} is the Mach number. Hennebelle & Chabrier (2011) and Federrath & Klessen (2012) show that for molecular gas with multifreefall time-scales, the time-scale factor is no longer a constant, and equation (2) can be expressed as

$$\epsilon_{\rm ff} = \frac{\epsilon_{\rm acc}}{2\phi_{\rm t}} \exp\left(\frac{3}{8}\sigma_s^2\right) \left[1 + \operatorname{erf}\left(\frac{\sigma_s^2 - s_{\rm crit}}{\sqrt{2\sigma_s^2}}\right)\right],\tag{4}$$

where σ_s^2 is the variance in the logarithmic gas density contrast. Following Federrath & Klessen (2012), we adopt $\epsilon_{\rm acc} = 0.5$, $\theta = 0.33$, and $1/\phi_t = 0.57$.

Once $\epsilon_{\rm ff}$ is determined, we evaluate the mass number ($N \equiv m_*/m_{*,\min}$), which represents the mass of a newly formed star in units of the minimum mass of a star particle based on the Poisson distribution (Rasera & Teyssier 2006), with the mean of

$$\bar{N} = \epsilon_{\rm ff} \frac{\Delta t}{t_{\rm ff}} \frac{m_{\rm cell}}{m_{\rm *,min}},\tag{5}$$

where m_{cell} is the gas mass in the cell. The minimum mass of a star particle ($m_{*,\min}$) is defined as

$$m_{*,\min} = \frac{M_{\rm SN} n_{\rm SN}}{\eta_{\rm SN}},\tag{6}$$

where η_{SNII} and M_{SNII} are the mass fraction and average progenitor mass of Type II supernova (SN II), respectively, and n_{SN} is the minimum number of SN explosions per star particle. Note that this is necessary to model discrete, multiple SN explosions per star particle. We use $n_{\text{SN}} = 10$ for fiducial runs, so that each star particle has $m_{*,\min} = 910 \text{ M}_{\odot}$ when the Kroupa initial mass function (IMF; Kroupa 2001) is assumed. Table 1. Properties of the eight photon groups used in this study.

Photon	ϵ_0	ϵ_1	Main function
Group	(eV)	(eV)	
IR	0.1	1.0	Radiation pressure
Optical	1.0	5.6	Radiation pressure
FUV	5.6	11.2	Photoelectric heating
LW	11.2	13.6	H ₂ photodissociation
EUV _{H I, 1}	13.6	15.2	H I ionization
EUV _{HI,2}	15.2	24.59	HI and H2 ionization
EUV _{He I}	24.59	54.42	He I ionization
EUV _{He II}	54.42	∞	He II ionization

Note. From the left- to right-hand side, each column indicates the name, minimum and maximum energy range of photon, and the main function.

2.2 Stellar feedback

We include five different forms of stellar feedback - photoionization heating, direct radiation pressure (Rosdahl et al. 2013), non-thermal pressure of multiscattering infrared (IR) photons (Rosdahl & Teyssier 2015), and SN II explosions (Kimm & Cen 2014; Kimm et al. 2015). To maximize the impact of feedback in low-metallicity environments, we also include the subgrid model of radiation pressure due to multiscattering Ly α photons (Kimm et al. 2018). For the SEDs that each star particle emits, we use the binary population and spectral synthesis models by Stanway, Eldridge & Becker (2016; BPASS v2.0), which is shown to better reproduce the early reionization of the Universe than models with single stellar evolution (Ma et al. 2016; Rosdahl et al. 2018; Götberg et al. 2020; see Topping & Shull 2015 for a different choice for model SEDs). We do not assume any subgrid model for the escape of LyC photons at the resolution scale, and directly compute the absorption within each cell based on the local thermodynamic properties.

2.2.1 Radiation feedback

Radiation feedback plays an important role in heating up and lowering the density of gas at which SNe explode. We use eight photon groups to model the photoionization of hydrogen and helium (Rosdahl et al. 2013), photodissociation of molecular hydrogen (Katz et al. 2017), photoelectric heating on dust (Kimm et al. 2017), and non-thermal pressure due to multiscattering IR radiation (Rosdahl & Teyssier 2015), as summarized in Table 1. Interested readers are referred to Kimm et al. (2018) for details, and we describe the most important processes below for the sake of completeness.

Photoionization heating and direct radiation pressure are modelled by adding momentum and energy injection terms into the Euler equations (Rosdahl et al. 2013). Dust opacity is assumed to be $5 \text{ cm}^2 \text{ g}^{-1} (Z/Z_{\odot})$ for the IR photon group and $10^3 \text{ cm}^2 \text{ g}^{-1} (Z/Z_{\odot})$ for other bands, where $Z_{\odot} = 0.02$ is the solar metallicity. The UV and optical fluxes that are absorbed by dust or atomic species are re-radiated as IR radiation and are used to calculate the non-thermal radiation pressure due to IR photons. Note that the IR photons can freely stream and diffuse out of the source if the optical depth of dust is low (Rosdahl & Teyssier 2015).

Resonantly scattering line emission can also contribute to the non-thermal pressure (e.g. Oh & Haiman 2002; Dijkstra & Loeb 2008; Smith, Bromm & Loeb 2017). Kimm et al. (2018) developed a subgrid model for momentum transfer due to Ly α scattering by using the Monte Carlo radiative transfer code, RASCAS (Michael-Dansac, 2020). This is again performed by adding momentum to the Euler equation, based on the local multiplication factor (M_F), which

is defined as

$$F_{Ly\alpha} = M_F \frac{L_{Ly\alpha}}{c}.$$
(7)

where $F_{Ly\alpha}$ is the force, and $L_{Ly\alpha}$ is the Ly α luminosity (in units of erg s⁻¹) originating from recombination in each cell. Because Ly α radiation interacts only with neutral hydrogen or dust, ionized hydrogen will be transparent to Ly α photons and no pressure will be exerted (i.e. $M_F = 0$). We adopt the dust-to-metal ratio from Rémy-Ruyer et al. (2014), and thus, the maximum values of M_F for the Z =0.002, 0.006, and 0.02 cases are 121, 63, and 48, respectively (cf. Smith et al. 2019).

2.2.2 SN II

To avoid artificial radiative losses in SN remnants due to finite resolution (e.g. Kim & Ostriker 2015; Martizzi, Faucher-Giguère & Quataert 2015), we use the mechanical SN feedback scheme illustrated in Kimm & Cen (2014) and Kimm et al. (2015, 2017). The scheme is designed to ensure the transfer of the correct radial momentum to the surroundings by differentiating the energyconserving and momentum-conserving phase of the Sedov–Taylor blast wave (Taylor 1950; Sedov 1959). In practice, the momentum of SN blast wave is calculated based on Thornton et al. (1998) using a mass loading factor $\chi \equiv M_{swept}/M_{ei}$, as

$$p_{\rm SN} = \begin{cases} \sqrt{2M_{\rm swept} f_{\rm e} E_{51}} & \chi < \chi_{\rm tr} \\ p_0 E_{51}^{16/17} n_1^{-2/17} Z_{\rm sol}^{-0.14} & \chi \ge \chi_{\rm tr} \end{cases}, \tag{8}$$

where M_{swept} is the swept-up mass, M_{ej} is the mass of SN ejecta, E_{51} is the explosion energy of SNe in units of 10^{51} erg, n_1 is the hydrogen number density in units of cm⁻³, $Z_{\text{sol}} = \max(Z/Z_{\odot}, 0.01)$ is the ambient gas metallicity normalized to the solar value ($Z_{\odot} = 0.02$), and $f_e = 1 - (\chi - 1)/(3\chi_{\text{tr}} - 3)$ is a parameter that smoothly connects the two regimes. Here, the transition is determined as $\chi_{\text{tr}} \simeq 46.22 E_{51}^{-2/17} n_1^{-4/17} Z_{\text{sol}}^{-0.28}$. We use $p_0 = 2.5 \times 10^5 \,\text{km s}^{-1} \,\text{M}_{\odot}$, the terminal radial momentum of SN exploding at $n_{\text{H}} = 1 \,\text{cm}^{-3}$, which is appropriate for our radiative cooling rates.

Each star particle hosts at least 11 SN explosions between 4 and 40 Myr after its birth, which are modelled as multiple discrete events. The lifetime of SN progenitors of mass $8 < M < 100 M_{\odot}$ is randomly sampled using the inverse method, as described in Kimm et al. (2015). The total mass fraction returned to the ambient medium via SN explosions is $\eta_{SN} = 0.21$ for the fiducial runs, and we use the mean progenitor mass of $M_{\rm SN} = 19.1 \, {\rm M}_{\odot}$, which is appropriate for the Kroupa IMF. We also perform runs with extreme SN feedback in which the number of SN per unit stellar mass is boosted by 4.5. This is motivated by the fact that cosmological simulations require four to five times stronger SN feedback than the fiducial cases to reproduce the stellar-to-halo mass relation, the UV luminosity functions at z = 6 (Rosdahl et al. 2018), and/or the star formation history of Milky-Way-like galaxies (Li, Gnedin & Gnedin 2018). For these extreme feedback models, denoted with SN5, we use $\eta_{SN} = 0.2$ and $M_{\rm SN} = 4 \,\mathrm{M}_\odot$.

2.3 Initial conditions and simulation set-up

We employ the initial conditions of the G9 simulation from Rosdahl et al. (2015) to study the escape of LyC photons from disc galaxies of stellar masses $\sim 10^9 M_{\odot}$ embedded in a dark matter halo of mass $M_{\rm halo} = 10^{11} M_{\odot}$, which is the typical halo mass of LAEs (e.g. Gawiser et al. 2007) or a lower limit of the host mass of LBGs (e.g. Adelberger et al. 2005). The simulated box width is set to 300 kpc on a

side to cover the entire virial radius of 89 kpc. At the centre of the box, we place the stellar disc of mass $1.75 \times 10^9 \,\mathrm{M}_{\odot}$, stellar bulge of mass $3.5 \times 10^8 \,\mathrm{M}_{\odot}$, and gaseous disc of mass $M_{\rm gas} = 1.75 \times 10^9 \,\mathrm{M}_{\odot}$ (G9_Z1ow). These pre-existing stars do not produce ionizing or non-ionizing photons, but only interact via gravity. The corresponding disc gas fraction, defined as the disc gas mass divided by the total disc mass ($f_{\rm gas} \equiv M_{\rm gas}/[M_{\rm gas} + M_{\rm disc, \, star}]$), is 0.5, which is the typical gas fraction derived from LBGs at $z \sim 3$ (Schinnerer et al. 2016). We also run a simulation with five times larger $M_{\rm gas}$ ($f_{\rm gas} = 0.83$) than the fiducial case to see the effects of gas mass (G9_Z1ow_gas5). A factor of 5 is chosen to bracket the maximum gas fractions inferred from the observations of LBGs (Schinnerer et al. 2016).

High-z star-forming galaxies of stellar mass $M_* \simeq 10^9 - 10^{11} \,\mathrm{M_{\odot}}$ have a broad range of metallicities with $Z = 0.1 - 1Z_{\odot}$ (Mannucci et al. 2009; Onodera et al. 2016). Motivated by this and also to examine the effects of metallicity, we set the gas metallicity of the fiducial and metal-rich runs (G9_Zhigh_XXX) to Z = 0.002 and Z = 0.02, respectively. Because the typical metallicity of LBGs at $z \sim 3-4$ is ~0.3-0.4 Z_{\odot} (e.g. Mannucci et al. 2009), we run an additional case with Z = 0.006 (G9_Zmid_XXX) to check if the simulated galaxy with typical metallicity produces escape fractions consistent with the observations. Note that we set the stellar yield to zero in all runs to avoid any possible confusion due to metal enrichment during the evolution of our simulations.

The simulated volume is covered with 128³ coarse cells, and these are further refined if the gas mass in a cell exceeds $1000\,M_\odot$ or if the local Jeans length is resolved by fewer than four cell widths (Truelove et al. 1997) until it reaches the maximum spatial resolution of $\Delta x_{\min} = 9.2 \,\mathrm{pc}$ (refinement level 15). The fiducial galaxy is typically resolved by ~ 18 million leaf cells, of which ~ 5 million cells are at the maximum refinement level. For comparison, the gas-rich run has \sim 80 million leaf cells out of which \sim 20 million cells are maximally refined. We also run a simulation with one more level of refinement, i.e. $\Delta x_{\min} = 4.6$ pc, to check for resolution convergence (G9_Zlow_HR). Five simulations with the fiducial gas fraction are run until $t_{\rm sim} \approx 490\,{\rm Myr}$, whereas the gas-rich run is stopped at $t_{\rm sim} \approx 290 \,\rm Myr$ due to limited computational resources. We output the snapshots with 1 Myr intervals at $t_{sim} > 150$ Myr for accurate measurements of the escape fractions. The simulation setup is summarized in Table 2, and the corresponding images of the simulated disc galaxies at their final snapshot are shown in Fig. 1.

2.4 Measurement of the escape fraction

The escape fraction of LyC photons is defined by the ratio of the total number of LyC photons produced inside a galaxy and the number of LyC photons escaping to the virial radius. In principle, the escape fraction can be measured directly by comparing the ionizing flux generated by star particles and the flux reaching the virial sphere (e.g. Kimm & Cen 2014). However, as we are interested in measuring the scale at which the majority of LyC photons are absorbed from each source, we post-process the snapshots with a simple ray-tracing method to make the best use of our simulations as follows.¹

To measure the escape fraction, we calculate the optical depth for each star particle along 768 directions using the HEALPIX tessellation algorithm (Górski et al. 2005). We first assign an SED to each ray,

¹Trebitsch et al. (2017, see their fig. 7) demonstrated that the escape fractions measured from the post-processing with the ray-tracing method are in good agreement with those obtained from the method based on fluxes when a speed of light of $10^{-2} c$ is used.

Table 2. Initial conditions and set-up of performed simulations.

Name	Δx_{\min} (pc)	R _{vir} (kpc)	$M_{ m halo}$ (M $_{\odot}$)	$M_{ m gas}$ (M $_{\odot}$)	$M_{ m disc, \ star}$ $({ m M}_{\odot})$	$M_{ m bulge, \ star}$ $({ m M}_{\odot})$	$Z_{\rm gas}$	$f_{\rm gas}$	N _{SNII}
G9_Zlow	9.2	89	1011	1.75×10^{9}	1.75×10^{9}	3.5×10^{8}	0.002	0.5	11
G9_Zhigh	9.2	89	10^{11}	1.75×10^{9}	1.75×10^{9}	3.5×10^{8}	0.02	0.5	11
G9_Zlow_gas5	9.2	89	10^{11}	8.75×10^{9}	1.75×10^{9}	3.5×10^{8}	0.002	0.83	11
G9_Zhigh_SN5	9.2	89	10^{11}	1.75×10^{9}	1.75×10^{9}	3.5×10^{8}	0.02	0.5	50
G9_Zmid_SN5	9.2	89	10^{11}	1.75×10^{9}	1.75×10^{9}	3.5×10^{8}	0.006	0.5	50
G9_Zlow_HR	4.6	89	10^{11}	1.75×10^{9}	1.75×10^{9}	3.5×10^8	0.002	0.5	11

Notes. From the left- to right-hand side, the columns show the minimum cell size (Δx_{min}), virial radius (R_{vir}), virial mass of a simulated halo (M_{halo}), gas mass in the disc (M_{gas}), stellar mass in the disc ($M_{disc, star}$) and bulge ($M_{bulge, star}$), gas metallicity (Z_{gas}), disc gas fraction ($f_{gas} = M_{gas}/[M_{gas} + M_{disc, star}]$), and the number of SN explosions per 10³ M_☉ stellar mass. All simulations include five different types of stellar feedback, i.e. photoionization heating, direct radiation pressure, non-thermal radiation pressure due to IR and Ly α photons, photoelectic heating on dust, and SN II explosions.

based on the age and metallicity of stellar population (Stanway et al. 2016), and trace the ray until it reaches the virial radius of the host dark matter halo ($R_{\rm vir} = 89$ kpc).

Attenuation due to hydrogen and helium is computed as a function of wavelength by adopting the absorption cross-sections specified in Osterbrock & Ferland (2006) for HI and He II and the absorption cross-sections from Yan, Sadeghpour & Dalgarno (1998, 2001) for H₂ and He I, respectively. We also consider the dust opacity based on the Small-Magellanic-Cloud-type dust from Weingartner & Draine (2001). The dust-to-metal ratio is assumed to be 0.4 for the neutral ISM, whereas a lower value is adopted in hot ionized regions, given as follows:

$$\rho_{\rm d} = \rho_{\rm Z} f_{\rm d/m} \, \frac{(n_{\rm H\,I} + 2n_{\rm H_2} + f_{\rm ion} n_{\rm H\,II})}{n_{\rm H}},\tag{9}$$

where ρ_Z is the metal density, $f_{d/m} = 0.4$ is the dust-to-metal ratio (e.g. Draine & Li 2007), and $n_{\rm H_I}$, $n_{\rm H_{II}}$, and $n_{\rm H_2}$ are the number density of neutral, ionized, and molecular hydrogen, respectively. We adopt $f_{\rm ion} = 0.01$ for the survival probability of dust in an ionized medium following Laursen, Sommer-Larsen & Andersen (2009).

Once the optical depth of each ray is measured, we combine the attenuated spectra for different directions and star particles. The galactic escape fraction (f_{esc}^{3D}) is then obtained by comparing the number of ionizing photons in the attenuated spectrum to that of the intrinsic spectrum, as follows:

$$f_{\rm esc}^{\rm 3D}(t) \equiv \frac{\sum_{i} f_{\rm esc,i}^{\rm 3D}(t) \dot{N}_{i}(t)}{\sum_{i} \dot{N}_{i}(t)},\tag{10}$$

where $f_{\text{esc,i}}^{3\text{D}}(t)$ is the three-dimensional escape fraction of an *i*th star particle at time *t*, and can be computed as

$$f_{\rm esc,i}^{\rm 3D}(t) \equiv \frac{\int_{\nu_0}^{\infty} \sum_{j}^{N_{\rm hpix}} e^{-\tau_j(\nu,t)} f_{\rm int,i}(\nu,t) \,\mathrm{d}\nu \,/h\nu}{N_{\rm hpix} \int_{\nu_0}^{\infty} f_{\rm int,i}(\nu,t) \,\mathrm{d}\nu / h\nu}.$$
 (11)

Here, v_0 is the frequency at the Lyman limit, and $f_{\text{int, i}}$ is the intrinsic spectrum for the *i*th star particle in units of erg s⁻¹ Hz⁻¹, N_{hpix} is the total number of directions along which the escape fraction of a stellar particle is measured, and $\tau_j(v, t)$ is the total optical depth of all species for LyC photons along the *j*th direction at time *t*.

3 RESULTS

In this section, we introduce the general properties of the simulated galaxies, and compare the galactic escape fractions in different runs. Based on these, we attempt to uncover what physical property is mainly responsible for the regulation of the LyC escape in massive star-forming galaxies.

3.1 General properties of the simulated galaxies

Our disc galaxies start with a smooth gaseous disc, which fragments rapidly into cold dense clumps, as the pre-existing stellar disc does not provide any feedback energy. Once these clumps collapse and become gravitationally well bound, new stars form in a bursty fashion based on the local thermo-turbulent conditions (Section 2.1). Radiation from the stars and explosion from SNe then overpressurize their birth clouds, sometimes driving strong outflows. When star formation occurs in the outer part of the gaseous disc, stellar feedback creates low-density holes in the ISM through which LyC photons can easily escape (see Fig. 1). In contrast, the outburst in the central region is relatively weaker because the pressure from SNe exploding in the dense region is not very significant compared with the ambient pressure. Furthermore, even though the galactic centre is filled with young stars, their radiation is often not strong enough to ionize the whole central core (r < 1 kpc) (G9_Zlow in Fig. 1). As a result, a considerable amount of LyC photons produced from the central stars is absorbed by optically thick neutral hydrogen.

Fig. 2 shows the time-averaged KS relations at $150 < t_{\rm sim} <$ 300 Myr in different runs. We calculate the star formation rates by counting the total stellar mass formed within the stellar halfmass radius ($r_{\rm eff, m}$) over the past 10 Myr. The neutral (HI + H₂) or molecular (H₂) hydrogen surface density are computed within $r_{\rm eff, m}$. For comparison, we also display the observed KS relations in the local Universe (Kennicutt et al. 2007; Bigiel et al. 2010) and at high redshifts ($z \sim 1-3$) Tacconi et al. (2013). We find that our simulated galaxies are in reasonable agreement with the observations. The star formation rate surface densities in the runs with the normal feedback (G9_Zlow and G9_Zhigh) appear somewhat higher than those from the local galaxies (right-hand panel), but these are still consistent with the trend from galaxies at high redshift (Tacconi et al. 2013). The runs with boosted SN feedback exhibit properties that are more in line with the local galaxies, as star formation is regulated more efficiently for a given gas surface density.

Compared with the previous study adopting the same initial conditions (Rosdahl et al. 2017), the average star formation rates are significantly reduced from ~ 0.8 (see fig. 2 of Rosdahl et al. 2017) to $\sim 0.2 \,M_{\odot} \, yr^{-1}$, indicating that star formation is well controlled. This can be attributed to the fact that stars form in a more bursty fashion than the simple density-based star formation recipe used in Rosdahl et al. (2017) and that stellar feedback becomes more coherent in space and time. Moreover, extra pressure from resonantly scattered Ly α photons included in this study can further suppress star formation (Kimm et al. 2018).

The typical half-mass radius in the gaseous disc is ~ 1 kpc, which is similar to the typical size of LAEs (e.g. Gawiser et al. 2007). As

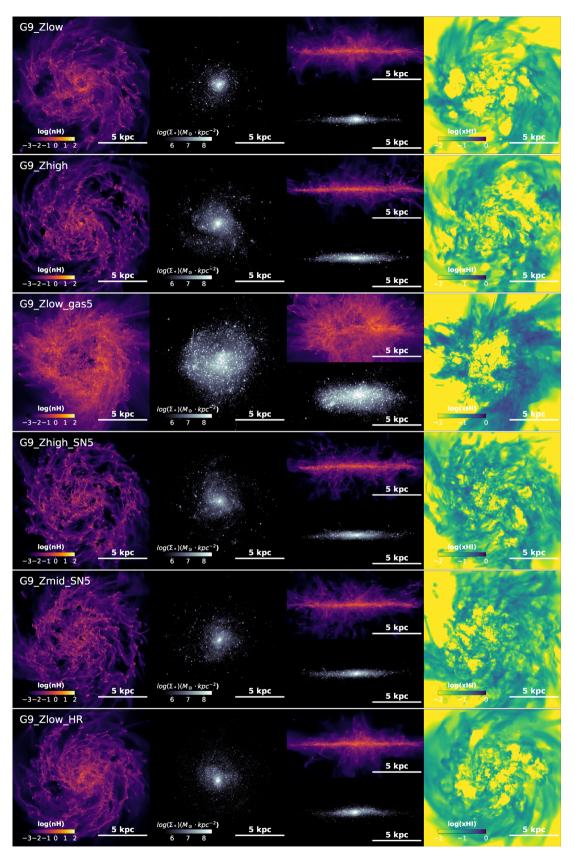


Figure 1. Images of the simulated disc galaxies at their final snapshot. The images measure 7 kpc on a side. The first two columns show the face-on projected distributions of hydrogen number density and stellar surface density, the third column displays the edge-on distributions of gas (upper) and stars (lower panel), and the fourth column shows projections of the mass-weighted average fraction of neutral hydrogen (depth of 200 pc).

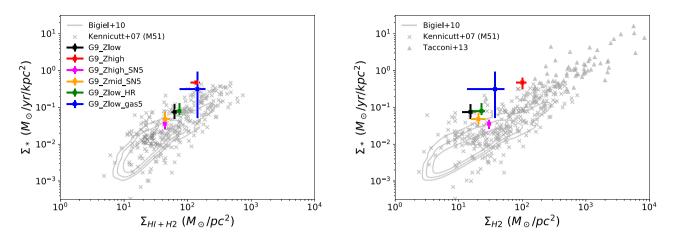


Figure 2. The KS relation for our simulations at $150 < t_{sim} < 300$ Myr. The star formation rate surface densities (Σ_*) are measured within the stellar half-mass radius using the total mass of stars younger than 10 Myr. The filled squares indicate the neutral (left-hand panel; H_I + H₂) or molecular (right-hand panel; H₂) hydrogen surface density of the simulated galaxies. Different colour-codes correspond to the KS relation from different runs, as indicated in the legend. For comparison, we include the observational results by Bigiel et al. (2010) (grey contours representing 1 σ , 2σ , and 3σ), Kennicutt et al. (2007) (grey x marks), and Tacconi et al. (2013) (grey triangles). Our simulated galaxies are consistent with the observational data, suggesting that star formation is reasonably well controlled by stellar feedback.

seen in Fig. 3, the star formation rate in the runs with the fiducial gas fraction ranges from 0.04 to $1.0\,M_\odot\,yr^{-1}$, whereas it is a factor of ${\sim}10$ larger on average in the gas-rich run $(3.5\,M_\odot\,yr^{-1})$. We note that our fiducial case forms fewer stars compared to the typical LBGs $({\gtrsim}\,10\,M_\odot\,yr^{-1})$, which is likely due to the fact that our simulated halo is smaller than the typical host halo mass of of LBGs. But because the primary goal of this study is to investigate the physical origin of the low escape fraction, we will continue our discussion bearing this difference in mind.

3.2 Overview of LyC escape

We now present the galactic average of the escape fractions from different runs and discuss how the escape fractions vary from clump scales to galactic scales.

3.2.1 Galactic averaged escape fraction

Fig. 3 shows the galactic escape fractions and star formation rates averaged over all stellar particles within a galaxy as a function of time. As shown in previous studies (e.g. Wise & Cen 2009; Kim et al. 2013a; Kimm & Cen 2014; Trebitsch et al. 2017), escape fractions fluctuate as much as 1.0–1.5 dex on a time-scale of $10 \leq \Delta t \leq 50$ Myr. The fluctuating behaviour is also seen in star formation rates, but with the offset of $\Delta t \sim 5$ –20 Myr from that of the escape fractions. The asynchronous correlation can be interpreted as the feedback cycle, which is set by the formation of young stars in a dense gas clump and the subsequent destruction due to stellar feedback (Kimm & Cen 2014). We will discuss this in more detail in the next section.

We find that the luminosity-weighted average of the galactic escape fraction after the galaxy becomes settled, i.e. $150 < t_{sim} < 500 \text{ Myr}$, is $\langle f_{esc}^{3D} \rangle_{\mathcal{L}} = 10.4$ per cent in the fiducial run (G9_Zlow). If we increase the metallicity to Z = 0.02, the average escape fraction is very significantly reduced to $\langle f_{esc}^{3D} \rangle_{\mathcal{L}} \sim 1$ per cent, regardless of whether SN feedback is boosted (G9_Zhigh_SN5) or not (G9_Zhigh) (see table 3). When the typical metallicity of LBGs is used (Z = 0.006; e.g. Mannucci et al. 2009; Onodera et al. 2016) with boosted SN feedback (G9_Zmid_SN5), the escape faction is

decreased by a factor of 2 to $\langle f_{\rm esc}^{\rm 3D} \rangle_{\mathcal{L}} \approx 5$ per cent. This indicates that metallicity plays a significant role in determining the escape fraction of LyC photons.

Along with metallicity, the amount of gas in a galaxy can affect the escape fraction, as the absorption of LyC radiation depends mostly on the column density of neutral hydrogen. However, it is not obvious whether the increased gas mass simply lowers the escape fraction because it may lead to an opposite trend by enhancing the star formation and hence the stellar feedback. The comparison between the fiducial and gas-rich run shows that the former effect is more dominant. The escape fraction in the G9_Z1ow_gas5 run, where the amount of gas mass is augmented by a factor of 5, is reduced to $\langle f_{\rm esc}^{\rm 3D} \rangle_{\cal L} = 4.8$ per cent, even though the star formation rates are enhanced by a factor of ~15.

Of the five species considered for the photoabsorption in our simulations, the primary agent responsible for LyC absorption is neutral hydrogen. The contribution from molecular hydrogen and helium is minor because the effective optical depth ($\tau_{eff,X} \equiv -\ln \langle f_{esc,X}^{3D} \rangle_{\mathcal{L}}$) is low ($\tau_{eff,H2} = 0.59$, $\tau_{eff,He} = 0.28$). We find that absorption due to dust is also negligible (Fig. 3, dotted lines; $\tau_{eff,dust} = 0.87^2$). The difference in the escape fraction with and without dust is of the order of $\sim 10^{-3}$ – 10^{-4} . This is mainly due to our assumption that only 1 per cent of dust can survive even at high temperatures, the escape fraction would be reduced by ~ 17 per cent (from $\langle f_{esc}^{3D} \rangle_{\mathcal{L}} = 10.4$ to 8.6 per cent) in the fiducial run, and a higher fraction of LyC photons (~ 37 per cent would be absorbed by dust in the metal-rich (G9_Zhigh) run (from $\langle f_{esc}^{3D} \rangle_{\mathcal{L}} = 1.2$ to 0.7 per cent).

3.2.2 The escape fraction of young stars in gas clumps

Most of the LyC radiation re-ionizing the Universe is thought to arise from stars younger than ~ 10 Myr (e.g. Leitherer et al. 1999; Stanway et al. 2016). However, sites of star formation are very dense ($n_{\rm H} >$

²Although the effective optical depth due to dust seems to be rather high, their actual contribution to the absorption of LyC photons is negligible, as neutral hydrogen preferentially absorbs them in regions where the dust optical depth is significant.

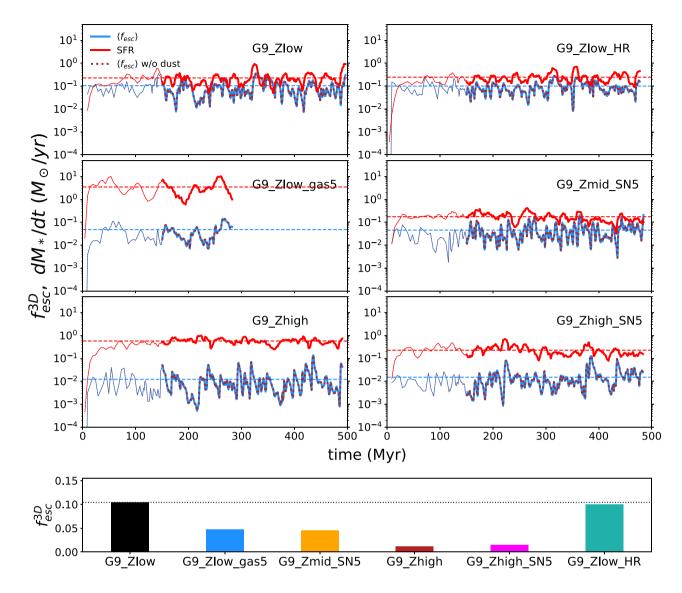


Figure 3. Upper six panels: galactic escape fractions (blue solid lines) and star formation rates averaged over 10 Myr (red solid lines) for six different runs. Thick solid lines display the epoch at which the disc appears to be more or less settled ($t_{sim} > 150$ Myr). The luminosity-weighted average escape fractions and star formation rates at $t_{sim} > 150$ Myr are shown as horizontal dashed lines. Brown dotted lines, which are nearly identical to the blue solid lines, denote the escape fractions measured without the absorption due to dust. The escape fractions fluctuate by at least an order of magnitude with a typical time delay of ~ 10 Myr between the peak of star formation and the peak of the escape fraction. The bottom panel displays the luminosity-weighted mean ($\langle f_{esc}^3 \rangle_{\mathcal{L}}$) measured for $t_{sim} > 150$ Myr. The escape fraction is significantly reduced when the metallicity is increased, but is fairly insensitive to the total amount of gas mass in the disc.

Table 3. Time-averaged galactic escape fraction of LyC photons and star formation rates: (1) luminosity-weighted average of the escape fraction at $t_{\rm sim} > 150$ Myr, (2) average without the absorption due to dust, and (3) star formation rates averaged over $t_{\rm sim} > 150$ Myr.

Simulations	$\langle f_{\rm esc}^{\rm 3D} \rangle_{\mathcal{L}}$ (1)	$\langle f_{\rm esc, nodust}^{\rm 3D} \rangle_{\mathcal{L}}$ (2)	$\langle \mathrm{d}M_*/\mathrm{d}t\rangle$ (3)	
G9_Zlow	0.1041	0.1044	0.2279	
G9_Zhigh	0.0123	0.0123	0.5784	
G9_Zlow_gas5	0.0479	0.0481	3.4798	
G9_Zmid_SN5	0.0464	0.0465	0.1734	
G9_Zhigh_SN5	0.0152	0.0153	0.2280	
G9_Zlow_HR	0.1005	0.1007	0.2457	

 10^2 cm⁻³), and most emitted flux is likely to be absorbed by the birth cloud (Kim, Kim & Ostriker 2019; Kimm et al. 2019). These dense clumps are often suspected to be the main causes of our low escape fractions (Dove & Shull 1994; Yajima et al. 2011; Kim et al. 2013a; Ma et al. 2015; Paardekooper et al. 2015; Kimm et al. 2017). Eventually, the clumps should be disrupted to produce large-scale outflows, as commonly observed in star-forming galaxies (Steidel et al. 2010). However, the correlation between the time-scale for the dispersal of the dense clump and the *galactic* escape fraction is not discussed in detail in radiation-hydrodynamics simulations (cf. Dale, Ercolano & Bonnell 2013; Howard et al. 2018; Kakiichi & Gronke 2019; Kim et al. 2019; Kimm et al. 2019)

To give some clarity to our understanding of how LyC radiation escapes from galaxies, we identify gas clumps in the simulated galaxies using the 3D clump-finding algorithm PHEW (Parallel Hi-

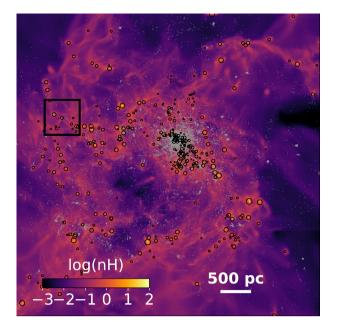


Figure 4. Gas clumps (black circles) identified with the clump finder PHEW. The background image shows the projected gas density in the G9_Zlow run at $t_{sim} = 160$ Myr. The width of the image is ≈ 3 kpc. One can see that the gas clumps are preferentially formed in the dense region of the filamentary structures in the ISM. The black empty square shows an example of a patch of the ISM where star formation occurs in a bursty fashion and the escape fraction becomes very high eventually.

Erarchical Watershed; Bleuler et al. 2015) implemented in RAMSES. This algorithm dissects the region around density peaks above a certain threshold along the watershed and eliminates the noise with which the peak-to-saddle ratio (relevance) becomes smaller than some threshold. Following Grisdale et al. (2018), we use a density threshold of $\rho_{\text{thres}} = 100 \text{ cm}^{-3}$, relevance threshold of r = 1.2, and saddle threshold of $\rho_{\text{saddle}} = 10^4 \text{ cm}^{-3}$. Note that PHEW does not assume any shape in identifying structures, but we refer to a sphere corresponding to the total volume of the cloud to indicate the size. We also note that since our resolution is limited ($\Delta x_{\min} \sim 10 \text{ pc}$), our clumps do not necessarily represent candidates of stellar nurseries and immediate absorbers of LyC photons. We attempt here to understand how the general properties of the star-forming clumps affect the escape fractions in radiation-hydrodynamics simulations.

Fig. 4 presents the typical distribution of clumps in the fiducial run where the dense clumps are formed along filamentary structures. The typical radius of the clumps is $R_{\text{clump}} \sim 30 \text{ pc}$, and their gas mass ranges from 10^5 to 10^7 M_{\odot} with an average of 10^6 M_{\odot} in the case of the G9_Z1ow run, which is broadly consistent with observations (e.g. Colombo et al. 2014). We find that over 90 per cent of newborn stars ($t_{\text{age}} < 1 \text{ Myr}$) are still embedded in the gas clumps identified by PHEW, whereas the rest ($\lesssim 10 \text{ per cent}$) reside in the ISM mainly because radiation feedback operates early and destroys the clouds.

The effect of feedback on cloud evolution is more clearly illustrated in Fig. 5, which corresponds to a small patch of the ISM hosting a typical cloud with a bursty star formation event, shown as the black box in Fig. 4. The projected distributions of density, neutral hydrogen fraction, and temperature show that the dense pocket of the collapsing cloud initially forms stars, and then radiation pressure and photoionization heating blow the gas away, creating low-density channels. Once SNe start to explode 4 Myr after their birth, hot gas with $T \gtrsim 10^7$ K develops around the cluster (see the first row of Fig. 5). The escape fraction measured at 80 pc, which is just outside the clump, reaches nearly 100 per cent after 5 Myr, whereas the fraction measured at 200 pc increases more slowly. The instantaneous escape fractions measured at the virial radius ($R_{\rm vir} = 89$ kpc) rise only up to ~ 7 per cent because a large fraction of the photons are absorbed by neutral interstellar gas outside the clump.

In Fig. 6, we measure how long each newborn star particle is enshrouded by a gas clump (t_{enshr}) . To do so, we trace newborn star particles between 150 and 500 Myr of the simulation run-time (300 Myr for G9_Zlow_gas5) until they are detached from the boundary of their host clump defined as a sphere. The top panel demonstrates that more than 80-90 per cent of the stars are no longer associated with their birth place within a short time-scale $(t_{enshr} \lesssim 5 \text{ Myr})$ in the fiducial run (black lines). This is consistent with the claim that the observed gas clouds are rapidly dispersed on ~ 5 Myr by stellar feedback (e.g. Hartmann, Ballesteros-Paredes & Bergin 2001: Kruijssen et al. 2019: cf. Engargiola et al. 2003: Kawamura et al. 2009). In particular, we find that \sim 80 per cent of the stars younger than ≈ 3 Myr are not enshrouded by their birth cloud, suggesting that photoionization heating and Ly α radiation pressure are primarily responsible for this early escape. In principle, some of the first star particles formed in a clump could explode as SNe and help to blow away the clump, lowering t_{enshr} of the star particles that are formed late. However, we confirm that the average *t*_{enshr} of the star particles formed for the first time in a clump between two consecutive snapshots is only 2.3 Myr in the fiducial run, which is still shorter than the typical lifetime of massive stars. This is of course not true in the metal-rich run where a significant fraction of stars is trapped for $\gtrsim 4$ Myr. In this case, it would be more reasonable to conclude that not only radiation feedback but also early SNe are responsible for the disruption of the cloud.

3.3 Effects of gas metallicity on the escape fraction

Recently, Kimm et al. (2019) demonstrated that the LyC escape fraction increases with decreasing cloud mass and increasing star formation efficiency (see also Kim et al. 2019). To identify the physical origin of the metallicity dependence, we examine how metallicity affects the properties of gas clouds, such as cloud mass and radius, in the upper panel of Fig. 7. We find that the median clump masses in the G9_Zlow and G9_Zhigh run are $M_{\text{clump}} = 1.9 \times 10^6$ and $3.0 \times 10^6 \,M_{\odot}$, respectively, and the median radii of the clouds are $R_{\text{clump}} = 30$ and 34 pc, respectively. Even when the extreme SN feedback model is adopted (G9_Zhigh_SN5), the clumps in the metal-rich run turn out to show similar mass and radius distributions $(M_{\rm clump} = 2.1 \times 10^6 \,\mathrm{M_{\odot}}, R_{\rm clump} = 32 \,\mathrm{pc})$. Given that the average escape fractions in both metal-rich runs are lower ($f_{esc}^{3D} \approx 1$ per cent) than the metal-poor case ($f_{\rm esc}^{\rm 3D} \approx 10\,$ per cent), the cloud properties in different metallicity runs are unlikely to be responsible for different $f_{\rm esc}^{\rm 3D}$.

We also examine the *instantaneous* star formation efficiency of star-forming clumps (ϵ_{clump}) in the lower panel of Fig. 7. We define ϵ_{clump} as the total mass of stars that are formed in the last 1 Myr and that are still embedded in a clump, divided by the sum of newly formed stellar mass and clump mass at each snapshot. Here 1 Myr is chosen to roughly measure the burstiness of star formation, which is shown to be important in determining the escape fraction (Dale et al. 2013; Kimm et al. 2017, 2019). The metal-poor disc (G9_Zlow) shows a median ϵ_{clump} of 0.5 per cent, whereas ϵ_{clump} is slightly increased to 0.6 per cent in the G9_Zhigh run. In contrast, the

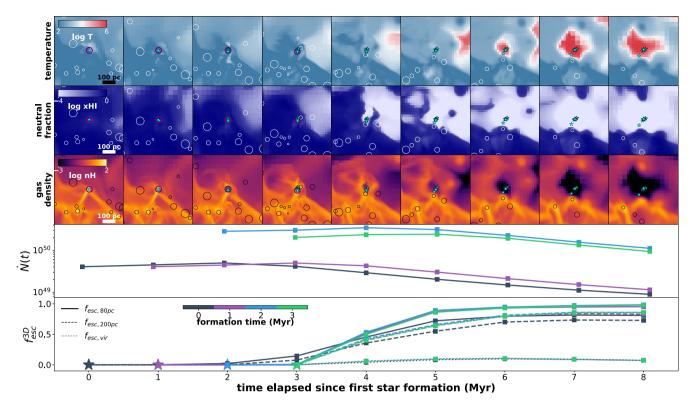


Figure 5. Evolution of gas clumps marked in Fig. 4 inside black empty squares. The three upper rows show zoomed-in distributions of temperature, neutral hydrogen fraction, and gas density. The main clump is shown as the purple circle, and the newborn star particles in the clump are indicated as cyan stars. The luminosity-weighted escape fraction (bottom panel) and subtotal of the ionizing emissivity (second to the bottom) of these stars are coloured based on their formation time. In the bottom panel, different line styles correspond to the escape fraction measured at a distance of 80 pc (solid), 200 pc (dashed), or the virial radius (dotted) from the position of each star particle. This shows an example in which the escape fraction increases with time as stellar feedback disrupts the clump.

value of ϵ_{clump} is reduced to 0.4 per cent if strong SN feedback is used (G9_Zhigh_SN5). Although the fiducial run with the low metallicity shows a slightly lower ϵ_{clump} than G9_Zhigh, a larger fraction of LyC photons escapes from the metal-poor galaxy. Thus we are led to conclude that slightly different SFEs found in the different metallicity runs do not affect the escape of LyC photons significantly.

The lower escape fractions in the G9_Zhigh runs are best explained by the slow disruption of metal-rich star-forming clouds. The upper panel of Fig. 6 shows that the enshrouded time-scale of young stars is longer in metal-rich environments. On average, it takes 9.8 Myr for young stars to be unveiled from their metal-rich birth cloud (G9_Zhigh), whereas the mean enshrouded time-scale in the G9_Zlow run is 2.3 Myr. We find that t_{enshr} in the metal-rich disc is still large even when we boost SN feedback ($t_{enshr} = 5.2$ Myr). For comparison, the run with Z = 0.006 shows an intermediate t_{enshr} of 3.5 Myr.

Fig. 8 further corroborates that the escape fraction is closely linked to the fraction of young stars embedded in their birth clouds. We calculate the ratio of the number of intrinsic LyC photons produced by the stars located inside clumps and the total number of intrinsic ionizing photons from the entire galaxy, as $f_{\rm clump}^{\gamma} \equiv \dot{N}_{\rm clump}/\dot{N}_{\rm tot}$. Each point in Fig. 8 denotes the luminosity-weighted average of instantaneous $f_{\rm esc}^{\rm 3D}$ and $f_{\rm clump}^{\gamma}$ in each snapshot. There is a clear trend that $f_{\rm esc}^{\rm 3D}$ decreases with increasing $f_{\rm clump}^{\gamma}$. In particular, it can be seen that a large fraction (50–90 per cent) of ionizing radiation is produced inside birth clouds in metal-rich galaxies (G9_Zhigh), whereas the fraction is significantly smaller ($f_{\rm clump}^{\gamma} \sim 10-50$ per cent) in metal-

poor discs (G9_Zlow). This is consistent with the findings from the high-resolution ($\Delta x_{min} = 0.25 \text{ pc}$), GMC simulations conducted by Kimm et al. (2019).

The dependence of t_{enshr} and f_{clump}^{γ} on metallicity can be attributed to several factors. First, more metal-rich stellar populations emit fewer ionizing photons (Leitherer et al. 1999), leading to less significant radiation feedback. Secondly, radiative metal cooling becomes enhanced in the metal-rich cases, lowering the thermal pressure in the vicinity of young stars. Finally, Ly α pressure becomes weaker in the metal-rich medium because photons are more likely to be destroyed by dust before they impart radial momentum to the surroundings. For example, Kimm et al. (2018) show that the maximum multiplication factor of Ly α photons is $M_{\rm F} \sim 120$ at $Z = 0.1 Z_{\odot}$, whereas the maximum $M_{\rm F}$ at $Z = Z_{\odot}$ is ~50, assuming the metallicity-dependent dust-to-metal ratio derived from Rémy-Ruyer et al. (2014). As a result, disruption takes place more slowly, and the young stars are enshrouded for a longer time.

The metallicity has a strong effect on the time evolution of the SED (see e.g. Rosdahl et al. 2018), which, in turn, has a significant effect on the escape fraction. We calculate the ionizing emissivity as a function of stellar age ($\dot{N}(t_{age})$) and measure the contribution of each stellar population (with different ages) to the total number of ionizing photons. This fractional ionizing emissivity ($\dot{N}(t_{age})/\sum \dot{N}(t_{age})$) is averaged over the period from $t_{sim} = 150$ to 500 Myr (except G9_Zlow_gas5 where we take the average between $t_{sim} = 150$ and 300 Myr). It is clear from the Fig. 6 that more metal-rich populations

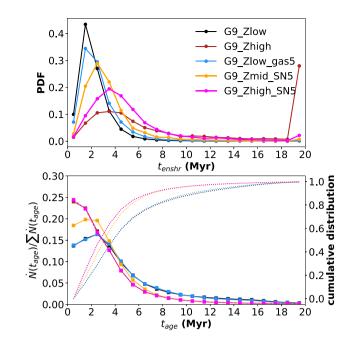


Figure 6. Upper panel: the probability density distributions (PDFs) of the enshrouded time-scale (t_{enshr}) of star particles. We trace all newborn stars from $t_{sim} \sim 150$ to ~ 500 Myr (to ~ 300 Myr for G9_Zlow_gas5) in the simulation until they decouple from any gas clumps. Star particles that never leave the gas clumps within 20 Myr from birth are all shown as $t_{enshr} = 20$ Myr. Lower panel: the fractional ionizing emissivity (solid lines, $\dot{N}(t_{age}) / \sum \dot{N}(t_{age})$) of stars with different ages at $t_{sim} > 150$ Myr. The fractional ionizing emissivity from G9_Zlow is very similar to that from G9_Zlow_gas5 because the input stellar SEDs are the same. The dotted lines indicate the cumulative contribution ($\Sigma \dot{N}(t_{age})$). Newborn stars in the higher metallicity runs are enshrouded by the dense gas clumps for a longer period of time. The fractional ionizing emissivity from stars younger than 2 Myr is also higher in more metal-rich runs.

produce a larger fraction of ionizing radiation at $t_{age} \lesssim 5$ Myr. This means that a smaller fraction of the total ionizing radiation would escape in the metal-rich case than the metal-poor ones, even if their enshrouded time-scales are equally short ($t_{enshr} \sim 5$ Myr).

3.4 Effects of gas mass on the escape fraction

We now look at how the gas mass, or the gas fraction, of the galaxy may affect the escape fraction. The upper panel of Fig. 7 shows that the clumps in the gas-rich run (G9_Zlow_gas5) are slightly bigger ($R_{cloud} = 35 \text{ pc}$) and more massive ($M_{cloud} = 3.5 \times 10^6 \text{ M}_{\odot}$) than the fiducial case (G9_Zlow). The instantaneous star formation efficiency is also enhanced from $\epsilon_{clump} = 0.5$ to 1.2 per cent on average. However, the increase in gas mass by a factor of 5 does not make a significant difference in the enshrouded time-scale of young star particles (Fig. 6) or the fraction of ionizing radiation produced inside star-forming regions (Fig. 8). This suggests that the disruption of clumps is not significantly affected by the slight changes in cloud properties in our simulations.

To understand the cause of the lower $\langle f_{\rm esc}^{\rm 3D} \rangle_{\mathcal{L}}$ of ≈ 5 per cent in the gas-rich case, we measure the escape fraction not only at the virial radius but also at various distances from each star particle. Fig. 9 shows that roughly 30 per cent of LyC photons are absorbed at the clump scale (40 pc), whereas the other ~ 60 per cent of photons are absorbed by the ISM ($r \leq 2$ kpc) not only in the gas-rich run but also in the fiducial run. This demonstrates that *the absorption due*

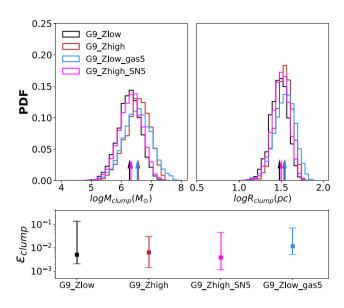


Figure 7. Upper panel: size and mass distribution of the star-forming gas clumps at $t_{sim} > 150$ Myr. The arrows in each panel indicate the median radius and mass of the star-forming clumps. Different colour-codes represent the results from different runs, as shown in the legend. Bottom panel: we show the total mass of stars formed in the last 1 Myr divided by the total mass of star-forming clouds ($\epsilon_{clump} \equiv M_{star}(< 1 \text{ Myr})/(M_{star}(< 1 \text{ Myr}) + M_{clump})$) as a rough estimate of the instantaneous star formation efficiency. The error bars indicate the interquartile range of the distributions with the median value. The properties of the gas clumps in the simulated galaxies are reasonably similar, although minor differences can be found (see the text).

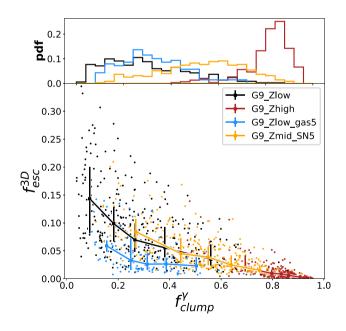


Figure 8. The fraction of LyC photons produced by stars embedded in gas clumps to the total ionizing radiation (f_{clump}^{γ}) . The bottom panel shows the relation between the escape fraction and the fraction of ionizing radiation emitted from within clumps. Each data point represents the luminosity-weighted LyC escape fraction and f_{clump}^{γ} in each snapshot at $t_{sim} \simeq 150$ Myr. The error bars indicate the interquartile range. We also present the probability distribution function of f_{clump}^{γ} in different runs in the upper panel. It can be seen that the escape fraction is lower when more of the radiation is produced inside gas clumps.

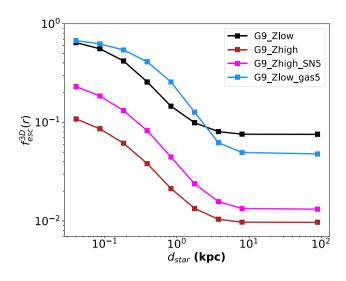


Figure 9. The luminosity-weighted escape fraction measured at different distances from each star particle $(f_{\rm esc}^{3D}(r))$ by stacking the data at 150 < $t_{\rm sim}$ < 300 Myr. Different colour-codes correspond to different simulations. The escape fractions measured on clump scales (40 pc) are similar between G9_Zlow_das5, but $f_{\rm esc}^{3D}(r)$ at large distances becomes lower in the G9_Zlow_das5 run, as the extended gaseous disc absorbs more LyC photons. Note that the metal-rich runs show systematically lower $f_{\rm esc}^{3D}(r)$ because a large amount of ionizing radiation is immediately absorbed by their birth clumps.

to the ISM is about equally important as that due to the cloud in the metal-poor environments. The absorbed fraction on cloud scales is substantially increased to 70–90 per cent in the metal-rich runs, again because the clouds are disrupted more slowly.

Fig. 10 illustrates that the large optical depth at $r \gtrsim 1$ kpc in the gas-rich run is essentially due to the more extended gaseous disc. We measure the thickness of the gas disc to be $H_{gas} = \sqrt{\int \rho z^2 dVb / \int \rho dV}$. G9_Zlow exhibits a typical scale height of ~ 500 pc, whereas the G9_Zlow_gas5 run shows $H_{gas} \sim 1$ kpc. This is because more enhanced star formation builds up the mid-plane pressure and drives strong outflows, thickening the disc (e.g. Kim, Ostriker & Kim 2013b). As a result, the distribution of neutral hydrogen at $|z| \gtrsim 1$ kpc, measured within the stellar effective radius, also becomes extended, thus lowering the escape probability of LyC photons.

It is interesting that $f_{\rm esc}^{3D}(r)$ at $r \lesssim 1$ kpc in the gas-rich run is larger than that in the fiducial case (Fig. 9), despite the neutral hydrogen density being systemically higher (Fig. 10). This can be attributed to the fact that more active star formation leads to a more porous ISM in the gas-rich disc. Indeed, we find that the volume-filling fraction of neutral hydrogen with low density ($n_{\rm HI} \lesssim 10^{-5}$ cm⁻³) at |z| < 1 kpc, which allows LyC photons to escape through low-density holes easily (e.g. Cen & Kimm 2015), is higher (15–27 per cent) in the gas-rich disc than in the fiducial disc with lower star formation rates (9–15 per cent). Thus, we conclude that a higher fraction of LyC photons escapes on ISM scales in the gas-rich disc but the radiation eventually becomes absorbed more efficiently by the thick gaseous disc.

3.5 Effects of strong SN feedback on the escape fraction

We also compare the results from the metal-rich run with and without an SN boost to gauge the impact of possible overcooling on the escape fraction. Fig. 9 shows that the escape fraction measured on cloud scales ($\sim 40 \,\mathrm{pc}$) is higher by a factor of 2.5 in the strong

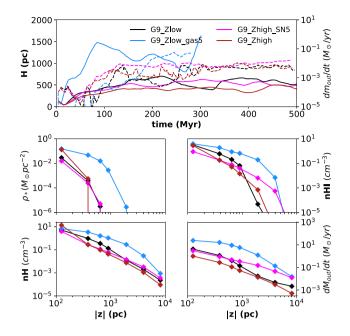


Figure 10. The top panel shows the scale height (solid lines) defined as the $H_{gas} = \sqrt{\int \rho z^2 dV / \int \rho dV}$ and the outflow (dashed lines) of the gaseous disc, as a function of time. Different colour-codes indicate the scale height and outflows in different runs, as indicated in the legend. The lower panels show the stellar density (ρ_*), neutral hydrogen number density (n_{H1}), outflow rates, and the total hydrogen density (n_H) measured within the cylindrical volume of radius $r_{eff, star}$ and the height of 10 kpc, averaged over 150 < t_{sim} < 300 Myr for the G9_Zlow_gas5 run or 150 < t_{sim} < 500 Myr for other models. Each point indicates the average quantity measured at cylindrical bin with a width of 250 pc and different heights (|z|) from disc plane. One can see that the neutral gaseous disc becomes thicker and more extended if star formation activities are enhanced by increasing gas mass (G9_Zlow_gas5) or extended if SN feedback is boosted (G9_Zhigh_SN5).

feedback run than in the fiducial run. This is not surprising because the typical t_{enshr} in G9_Zhigh_SN5 is ≈ 5 Myr, whereas t_{enshr} in the G9_Zhigh run is significantly larger (≈ 10 Myr).³ In contrast, the difference in the ratio of $f_{esc}^{3D}(r)$ at the virial sphere (≈ 90 kpc) is reduced to a factor of 1.5 between the two runs, indicating that the absorption of LyC photons in the ISM must be more significant in the run with strong feedback.

Fig. 10 indeed demonstrates that the simulated galaxy with enhanced SN feedback has a more extended vertical profile ($|z| \gtrsim$ 1 kpc) of neutral hydrogen than the metal-rich system without an SN boost. This is again due to the enhanced pressure originating from extra SN energy and associated gas outflows. One can also see that the central stellar density in the G9_Zhigh_SN5 run is more suppressed than G9_Zhigh, and that the outflow rates are higher. Thus, we conclude that strong SN feedback increases the escape fraction at small scales but reduces the differences at larger scales in our metalrich, massive disc galaxies. However, we note that this trend may not apply to less massive galaxies where the thick gaseous disc is not well developed. For example, Rosdahl et al. (2018) showed that the escape fraction of LyC photons increases from ~ 2 to ~ 12 per cent

³However, we do not expect that the enshrouded time-scale becomes significantly reduced in the metal-poor galaxy with strong SN feedback because t_{enshr} is already shorter than the typical lifetime of massive stars ($t_{age} \gtrsim 4 \text{ Myr}$).

in dark matter haloes of mass $\lesssim 10^{10} \, M_{\odot}$ when the frequency of SN explosions is augmented by a factor of 4.

4 DISCUSSION

We now compare the simulated escape fractions with those obtained from observations or other theoretical studies. We also examine the possible correlation between the escape fractions and star formation rate surface density and gas outflow rates, which were used to study the reionization history of the Universe in previous works. Finally, we discuss the impacts of numerical resolution on our main conclusions.

4.1 Comparison with observations

In observations, it is very difficult to derive absolute escape fractions because the properties of dust at high redshift are not well constrained. To circumvent the uncertainty, the relative escape fraction is used instead, which can be given as (e.g. Siana et al. 2007; Vanzella et al. 2010; Marchi et al. 2017)

$$f_{\rm esc,rel} \equiv \frac{F_{900}/F_{1500}}{L_{900}/L_{1500}} \times \exp\left(\tau_{\rm H\,1}^{\rm IGM}\right),\tag{12}$$

where F_{λ} is the observed flux measured at some wavelength λ , L_{λ} is the intrinsic flux, and $\tau_{\text{H}1}^{\text{IGM}}$ is the optical depth to the LyC photon due to the IGM at 900 Å. Here, the last term in equation (12) corrects for the absorption of ionizing radiation due to hydrogen in the IGM (e.g. Inoue et al. 2014). Alternatively, the relative escape fraction may be computed as follows (e.g. Steidel et al. 2018) :

$$f_{\rm esc,rel}' \equiv \frac{F_{900}/F_{1500}}{L_{900}/L_{1500}} \exp\left(\tau_{\rm H_{1}}^{\rm IGM}\right) \times 10^{0.4[A(900)-A(1500)]},\tag{13}$$

which additionally considers the effect of differential dust attenuation (A[900] - A[1500]).

To avoid any possible confusion due to the different definitions, we directly compare the ratio of the fluxes at 900 and 1500 Å. We note that the observed flux is attenuated not only by the gas in the dark matter halo (i.e. ISM plus CGM) but also by the IGM (Steidel et al. 2001; Siana et al. 2007):

$$\frac{F_{900}}{F_{1500}} = \frac{L_{900}}{L_{1500}} \times 10^{-0.4[A(900) - A(1500)]} \\ \times \exp(-\tau_{\rm H_1}^{\rm IGM}) \times \exp(-\tau_{\rm H_1}^{\rm ISM+CGM}).$$
(14)

Because we do not model the IGM in our simulations, we use the IGM-corrected flux ratio,

$$\left(\frac{F_{900}}{F_{1500}}\right)_{\rm ISM+CGM} \equiv \left(\frac{F_{900}}{F_{1500}}\right) \exp\left(\tau_{\rm H\,i}^{\rm IGM}\right),\tag{15}$$

which is identical to the definition of $(f_{900}/f_{1500})_{out}$ in Steidel et al. (2018). In simulations, calculating the flux ratio is straightforward by attenuating the intrinsic spectrum from each star particle with gas and dust in the dark matter halo in a similar way to Equations 10–11.

Fig. 11 shows that the median flux ratio at the virial radius, $(F_{900}/F_{1500})_{\rm ISM+CGM}^{\rm 3D}$, is $0.024_{-0.011}^{+0.020}$ in the fiducial run, where the error indicates the interquartile range. In contrast, the flux ratio in the G9_Zhigh run is $0.006_{-0.003}^{+0.007}$, indicating that the flux ratio decreases with increasing metallicity. This is partly because the intrinsic flux ratio, L_{900}/L_{1500} , is lower in more metal-rich stellar populations (0.258 versus 0.200, see Table 4). More importantly, as studied in Section 3.3, the attenuation due to neutral hydrogen in more metal-rich galaxies is stronger because the young stars are trapped in star-forming clumps for a longer time. Interestingly, if the results are compared between G9_Zhigh and G9_Zhigh_SN5, the flux ratio is lower in the G9_Zhigh_SN5 run where the enshrouded

time-scale is actually shorter because of the strong SN feedback. This happens because feedback prevents gas from turning into stars and increases the column density of neutral hydrogen in the disc, as shown in Fig. 9. For the same reason, gas-rich galaxies with low metallicity (G9_Zlow_gas5) show a $(F_{900}/F_{1500})_{\rm ISM+CGM}^{3D} = 0.013_{-0.007}^{+0.013}$, which is lower than that of the fiducial run.

Recently, Marchi et al. (2017, hereafter M17) combined 33 galaxies with $M_{\rm UV} \approx -20$ at $z \sim 4$ and obtain a observed flux ratio of $F_{900}/F_{1500} = 0.008 \pm 0.004$, where F_{900} and F_{1500} are measured at [880 Å, 910 Å] and [1420 Å, 1520 Å], respectively. Assuming the mean IGM transmission of $\langle \exp(-\tau_{\rm H1}^{\rm IGM}) \rangle = 0.27$, M17 found $(F_{900}/F_{1500})_{\rm ISM + CGM} = 0.030$. Steidel et al. (2018, hereafter S18) used 124 faint ($M_{\rm UV} \sim -19$) galaxies at $z \sim 3$, and obtained a higher value of $F_{900}/F_{1500} = 0.021 \pm 0.002$, where F_{1500} is measured at slightly different wavelength ranges [1475 Å, 1525 Å]. Adopting the IGM transmission of $\langle \exp(-\tau_{\rm H1}^{\rm IGM}) \rangle = 0.443$, which is appropriate for $z \sim 3$, S18 concluded that the mean IGM-corrected flux ratio is 0.047, suggesting that the ratio depends on the luminosity of the galaxy sample.

We note that the flux ratios obtained from our simulations with low to intermediate metallicity (G9_Zlow, G9_Zlow_gas5, and G9_Zmid_SN5) are consistent with the observational estimates of M17 within the errors. However, compared with the estimates of S18, our flux ratios are lower, which is likely due to the fact that the S18 sample represents more metal-poor systems ($Z \sim 0.001$). Our metalrich runs predict the flux ratios that are lower than M17 and S18 but are more consistent with the results obtained from the more luminous sample of Grazian et al. (2016) ($M_{\rm UV} \sim -21$, $f_{\rm esc,rel}^{\rm 1D} \lesssim 2$ per cent).⁴ In light of these comparison, we argue that the low flux ratio derived in bright galaxies is primarily due to higher metallicities.

In Table 4, we compare the relative and absolute escape fractions. The relative escape fraction is computed adopting the definition of wavelength given by M17 as follows:

$$f_{\rm esc,rel}^{\rm 3D} \equiv \frac{F_{900,vir}/F_{1500,vir}}{L_{900}/L_{1500}},$$
(16)

where $F_{\rm vir}$ is the attenuated flux measured at the virial radius. We find that the relative escape fractions are quite similar to $f_{\rm esc}^{\rm 3D}$ in the low metallicity runs, whereas they diverge at higher metallicities. Because the relative escape fraction is essentially the ratio of the escape fractions at two different wavelengths, f_{900}/f_{1500} , the fact that the relative escape fraction is significantly higher than $f_{\rm esc}^{\rm 3D}$ indicates that the UV photons with $\lambda \approx 1500$ Å are more efficiently absorbed by dust in the metal-rich runs. Indeed, ~ 60 per cent of the UV photons escape from the metal-poor runs, whereas only ~10–20 per cent of them manage to leave their dark matter haloes in the metal-rich cases (see $\langle f_{1500}^{\rm 3D} \rangle_{\mathcal{L}}$ in Table 4). The relative escape fraction in the metal-poor galaxies is $f_{\rm esc, rel}^{\rm 3D} \approx 14$ per cent, which is in between the results of M17 ($f_{\rm esc, rel}^{\rm 1D} \approx 8-9$ per cent) and S18 ($f_{\rm esc, rel}^{\rm 1D} \sim 20$ per cent⁵).

One may wonder at this point whether comparing the properties of our simulated galaxies to those of the LBGs is appropriate, given that their host dark matter halo mass differs by an order of magnitude. Indeed, if the gas mass is increased to the level of LBGs, it would

⁴If we take the ratio of stacked fluxes of 37 galaxies at *U* and *R* bands, $F_R/F_U = 545.1$, as F_{1500}/F_{900} and if we use the mean IGM transmission from the literature ($\langle \exp(-\tau_{900}^{IGM}) \rangle = 0.28$), their flux ratio is $(F_{900}/F_{1500})_{ISM + CGM} = 0.007$.

⁵We compute the average relative escape fraction, defined as in equation (12), by comparing the observed and intrinsic flux ratio ($\langle f_{900}/f_{1500} \rangle_{obs} = 0.021$, $\langle f_{900}/f_{1500} \rangle_{int} = 0.28$) and by adopting the IGM + CGM transmission of 0.368.

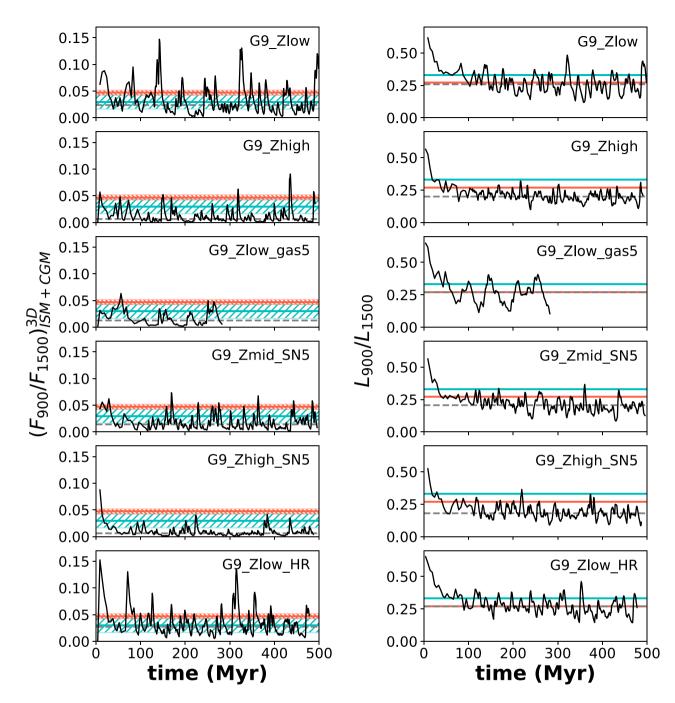


Figure 11. The intrinsic luminosity ratio (L_{900}/L_{1500}) and the IGM-corrected flux ratio ((F_{900}/F_{1500})^{3D}_{ISM+CGM}), based on the wavelength definition of M17. The grey dashed lines indicate the median values in each simulation. The observational estimates of M17 and S18 are shown as the cyan and red lines, respectively. The flux ratio in the fiducial run ($\langle (F_{900}/F_{1500})^{3D}_{ISM+CGM} \rangle = 0.023$) is similar to the results derived from the galaxies with $M_{UV} \simeq -20$ in M17. L_{900}/L_{1500} from the metal-poor runs predicts $L_{900}/L_{1500} = 0.27$, which is reasonably consistent with the results of M17 and S18. The runs with lower metallicity tend to have a higher (F_{900}/F_{1500})^{3D}_{ISM+CGM}.

lower the escape fraction (Section 3.4), and thus there is a possibility that our simulations are underestimating $f_{esc,rel}^{3D}$ by a few per cent (e.g. compare the M17 results with G9_Z1ow_gas5). However, we note that the dependence of $f_{esc,rel}^{3D}$ on metallicity should still be valid and that the high metallicity is needed to explain low escape fractions of the luminous galaxies by Grazian et al. (2016). Another important difference between the two samples is the star formation rate, but as we will show in Section 4.3, we find little correlation between the

star formation surface density and the escape fraction, indicating that the difference in star formation rates is unlikely to make a significant impact on our conclusions.

Finally, it is worth emphasizing that the luminosity-weighted absolute escape fraction measured at [880 Å, 910 Å], $\langle f_{900}^{3D} \rangle_{\mathcal{L}}$, is systematically lower by ~ 15 per cent than $\langle f_{esc}^{3D} \rangle_{\mathcal{L}}$ because the absorption cross-section due to neutral hydrogen is the largest near the Lyman edge (see also Kimm et al. 2019). For example, the

Table 4. The median values of the three-dimensional IGM-corrected flux ratio $((F_{900}/F_{1500})_{\rm ISM+CGM}^{\rm 3D})$, intrinsic luminosity ratio (L_{900}/L_{1500}) , luminosity-weighted absolute escape fraction $(\langle f_{\rm esc}^{\rm 3D} \rangle_{\mathcal{L}})$, luminosity-weighted relative escape fraction $(\langle f_{\rm esc, rel}^{\rm 3D} \rangle_{\mathcal{L}})$ computed based on equation (16), luminosity-weighted escape fraction of photons with wavelength ~ 900 Å ($f_{900} \equiv F_{900}/L_{900}$), and escape fraction of photons with wavelength ~ 1500 Å ($f_{1500} \equiv F_{1500}/L_{1500}$).

Simulation	$(F_{900}/F_{1500})_{\rm ISM+CGM}^{\rm 3D}$	L_{900}/L_{1500}	$\langle f_{\rm esc}^{\rm 3D} \rangle_{\cal L}$	$\langle f_{\rm esc, rel}^{\rm 3D} \rangle_{\mathcal{L}}$ (M17)	$\langle f_{900}^{ m 3D} \rangle_{\cal L}$	$\langle f_{1500}^{\rm 3D} \rangle_{\mathcal{L}}$
G9_Zlow	$0.024^{+0.020}_{-0.011}$	$0.258\substack{+0.057\\-0.048}$	0.104	0.143	0.088	0.573
G9_Zhigh	$0.006\substack{+0.007\\-0.003}$	$0.200^{+0.030}_{-0.022}$	0.012	0.055	0.009	0.128
G9_Zlow_gas5	$0.013_{-0.007}^{+0.013}$	$0.269^{+0.071}_{-0.068}$	0.048	0.070	0.029	0.414
G9_Zmid_SN5	$0.014_{-0.006}^{+0.009}$	$0.207_{-0.031}^{+0.041}$	0.046	0.086	0.037	0.408
G9_Zhigh_SN5	$0.006^{+0.004}_{-0.002}$	$0.182^{+0.039}_{-0.023}$	0.015	0.045	0.010	0.210
G9_Zlow_HR	$0.027_{-0.010}^{+0.014}$	$0.269^{+0.047}_{-0.041}$	0.100	0.126	0.074	0.567

Notes. The 25 and 75 per cent percentiles of each quantity are also presented. All quantities are measured at $t_{sim} > 150$ Myr. The unit of the intrinsic flux and IGM-corrected flux used is erg s⁻¹ Hz⁻¹.

luminosity-weighted f_{900} in the fiducial run is 8.8 per cent, whereas $\langle f_{\rm esc}^{3D} \rangle_{\mathcal{L}}$ between 150 and 500 Myr is 10.4 per cent. Likewise, the run that has the minimum $\langle f_{\rm esc}^{3D} \rangle_{\mathcal{L}}$ of 1.2 per cent (G9_Zhigh) shows $f_{900} = 0.9$ per cent. Therefore, the observationally derived escape fractions should be carefully compared with the theoretical value required to reionize the Universe at $z \sim 6$.

4.2 Comparison with other numerical studies

Previous studies that measured the theoretical escape fractions have mainly focused on galaxies at $z \gtrsim 6$ to determine their contribution to reionization of the Universe (e.g. Wise et al. 2014; Paardekooper et al. 2015; Ma et al. 2016; Xu et al. 2016; Trebitsch et al. 2017; Rosdahl et al. 2018). However, few attempts have been made to examine the escape fraction of massive galaxies embedded in $M_{\rm h} \simeq$ $10^{11} - 10^{12} \,\mathrm{M_{\odot}}$ at $z \sim 3$, which are the main target in this study. A few exceptions include the studies by Gnedin et al. (2008), Yajima et al. (2011), and Kim et al. (2013a). Using cosmological radiation-hydrodynamics simulations with the maximum resolution of 50 pc at z = 3, Gnedin et al. (2008) showed a positive correlation between the escape fraction and the halo mass. In contrast, based on the post-processing of hydrodynamic simulations, Yajima et al. (2011) argued that the escape fraction is lower in more massive galaxies, although both studies suggest low $f_{\rm esc}^{\rm 3D}$ of $\lesssim 10$ per cent for the galaxies with $M_{\rm h} \simeq 10^{11} - 10^{12} \,{\rm M}_\odot$ at $z \sim 3$, similar to our findings.

Kim et al. (2013a) simulated the propagation of ionizing radiation in an isolated disc galaxy with a halo mass of $M_{\rm h} = 2.3 \times 10^{11} {\rm M}_{\odot}$ adopting the maximum resolution of 3.8 pc. They showed that the escape fraction varies from 0.8 to 5.9 per cent over time, with the temporal average of $\langle f_{\rm esc}^{\rm 3D} \rangle = 1.1$ per cent. Given that initially the gas of the galaxy is more metal-poor (0.003 Z_{\odot}) than our fiducial model, their predicted escape fractions are significantly lower than our expectations. Because numerical methods as well as initial conditions are dissimilar, it is difficult to make a direct comparison, but we note that there are several important differences that could result in higher escape fractions in this work. First, our simulations include forms of strong feedback, e.g. Ly α pressure and (boosted) mechanical feedback, which allows for more LyC photons to escape. Secondly, the stellar SEDs in Kim et al. (2013a) assumed single stellar evolution which likely led to a lower f_{esc} than in our results, for which we used binary SEDs (e.g. Ma et al. 2016; Rosdahl et al. 2018).

It is also interesting to compare our results with those from recent cosmological radiation-hydrodynamics simulations. Using strong SN feedback and runaway stars, Kimm & Cen (2014) showed that there is a weak negative correlation between halo mass and escape fraction. Their predicted escape fractions in intermediatemass haloes with $10^{10} < M_{\rm h} < 10^{11} \,\mathrm{M}_{\odot}$ are slightly higher than $f_{esc}^{3D} = 10$ per cent, which is likely due to the different star formation models used. In Kimm & Cen (2014), stars form once the density of a converging flow is greater than $n_{\rm H} = 100 \,{\rm cm}^{-3}$ with a fixed $\epsilon_{\rm ff} = 0.02$, whereas in this work, they form preferentially in locally gravitationally well bound, dense environments $(n_{\rm H} \sim 10^4 \,{\rm cm}^{-3})$. Thus, it is more difficult for young stars in our simulations to disrupt their birth clouds, leading to lower escape fractions. In contrast, based on the Renaissance simulations, Xu et al. (2016) concluded that although some galaxies in massive haloes with $M_h \sim 10^{9.25} \,\mathrm{M_{\odot}}$ are efficient LyC leakers $(f_{\rm esc}^{\rm 3D} \sim 15 \text{ per cent})$, the escape fractions in haloes of mass $\sim 10^9 \, M_{\odot}$ are generally low $(f_{\rm esc}^{\rm 3D} \lesssim 5 \text{ per cent})$, which is perhaps due to the absence of strong stellar feedback such as Ly α pressure. Adopting mechanical SN feedback, the same model as here but without the extra boost, Trebitsch et al. (2018) found that galaxies with a halo mass of $M_{\rm h} \simeq 5 \times 10^9 {\rm M}_{\odot}$ show $f_{\rm esc}^{\rm 3D} \approx 6-8$ per cent, depending on the presence of feedback from black holes. The simulated galaxies with strong feedback in the SPHINX simulations (Rosdahl et al. 2018) also show f_{esc}^{3D} of 7– 10 per cent in haloes of mass $10^8 \lesssim M_h/M_\odot \lesssim 10^{10}$ at z = 6, which is similar or slightly lower than those from our relatively metal-poor galaxies.

4.3 Correlation with star formation surface density and outflow rates

To constrain the escape of LyC photons from models of the reionization history of the Universe, Sharma et al. (2017) and Naidu et al. (2020) conjectured that $f_{\rm esc}^{3D}$ is correlated with the star formation rate density. This is motivated by the idea that strong outflows would develop as a result of vigorous star formation activities, carving out low-density channels through which the LyC photons easily escape. Indeed, some LyC leakers appear to be compact and actively star forming (e.g. Izotov et al. 2018; Vanzella et al. 2018), supporting the idea that the escape may be related to star formation rate density (Naidu et al. 2020). To examine this hypothesis, we plot the relation between the luminosity-weighted escape fraction and star formation surface density ($\Sigma_{\rm SFR}$) from each snapshot in Fig. 12. Here, $\Sigma_{\rm SFR}$ is computed as the total star formation rate averaged over 10 Myr within the stellar half-mass radius ($r_{\rm eff, m}$) divided by $\pi r_{\rm eff, m}^2$.

Fig. 12 shows that there is no clear correlation between $f_{\rm esc}^{\rm 3D}$ and $\Sigma_{\rm SFR}$ in our simulations. In the G9_Zlow run, the escape fractions are clustered around ~ 10 per cent, even though the surface density

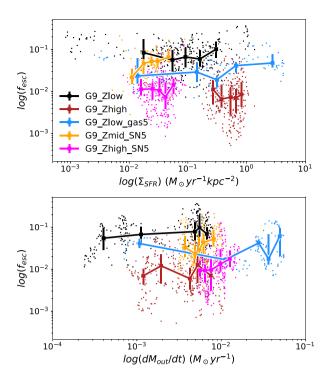


Figure 12. Correlation between average escape fractions and star formation surface density (Σ_{SFR} ; upper panel) and outflow rates (dm_{out}/dt ; lower panel). Σ_{SFR} is measured from the total star formation rate averaged over 10 Myr within the half-mass radius of the galaxies at $t_{sim} > 150$ Myr and the outflow is measured at |z| = 10 kpc from disc plane. Again, different colour-codes correspond to different simulations, as indicated in the legend. The error bars indicate the interquartile range of the distributions. The correlation between the two quantities in both panels appears to be weak even when the data from the run with weak feedback, i.e. G9_Zhigh, are excluded.

varies from 0.001 to 1 $\rm M_{\odot}$ yr^{-1} kpc^{-2}. Similarly, metal-rich galaxies with strong SN feedback show a flat distribution of $f_{\rm esc}^{\rm 3D}$ as a function of $\Sigma_{\rm SFR}$. This is because the fluctuating behaviour of the SFR and $f_{\rm esc}^{\rm 3D}$ of a galaxy is asynchronous (Fig. 3). In particular, we emphasize that $f_{\rm esc}^{\rm 3D}$ fluctuates within short time intervals comparable to the time delay (~5–10 Myr) between the SFR and $f_{\rm esc}^{\rm 3D}$ of a galaxy, which results in little correlation. Even when we combine the results from different metallicities, except for G9–Zhigh, which uses stellar feedback parameters that fail to reproduce luminosity functions at high redshift (Rosdahl et al. 2018), the correlation still seems very weak, in conflict with the assumption used in Sharma et al. (2017) or Naidu et al. (2020). Galaxies can have high $f_{\rm esc}^{\rm 3D}$ even when $\Sigma_{\rm SFR}$ is low ($\lesssim 0.1 \,\rm M_{\odot} \,\rm yr^{-1} \,\rm kpc^{-2}$) or low $f_{\rm esc}^{\rm 3D}$ when $\Sigma_{\rm SFR}$ is high ($\gtrsim 0.1 \,\rm M_{\odot} \,\rm yr^{-1} \,\rm kpc^{-2}$).

We also examine the relation between the escape fraction and outflow rates in the bottom panel of Fig. 12. We measure the outflow rates at 10 kpc (nearly $0.1R_{\rm vir}$) above or below the disc mid-plane. Again, we find little correlation between the two properties because the outflow rates vary smoothly (Fig. 10), unlike escape fractions. While the escape fractions are sensitive to very young stars with $t_{\rm age} \leq 5$ Myr, outflows can be launched by SNe until $\approx 8 \, M_{\odot}$ stars evolve off the main sequence at $t_{\rm age} \approx 40$ Myr. Moreover, early SNe going off at $t_{\rm age} \leq 10$ Myr do not necessarily drive stronger outflows than the ones exploding at later times because the former are likely to explode in denser environments where the radiative cooling is expected to be efficient. We find that the correlation is unclear even for the outflows measured at different regions (|z| = 2 or 20 kpc).

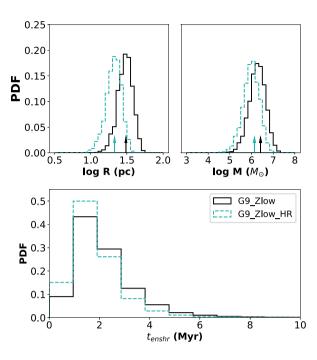


Figure 13. Properties of gas clumps in two different resolution runs, G9_Zlow (9.2 pc) and G9_Zlow_HR (4.6 pc). The gas clumps in the higher resolution simulation are smaller and less massive. As a result, the clumps are more easily disturbed by stellar feedback, leading to a shorter enshrouded time-scale.

These results suggest that instantaneous outflow rates alone may not be best to select potential LyC leakers (cf. Heckman et al. 2011; Chisholm et al. 2017).

4.4 Resolution convergence

To test how well our results are converged with resolution, we perform an additional simulation with a higher maximum resolution of $\Delta x = 4.6$ pc for the fiducial case.

Fig. 13 shows that gas clumps become somewhat less massive $(1.2 \times 10^6 \,\mathrm{M_{\odot}})$ and smaller in radius (20 pc) in the G9_Zlow_HR run than in the fiducial run with 9 pc resolution (2 \times 10⁶ M_{\odot} and 30 pc). The gas in the G9_Zlow_HR disc is fragmented more efficiently, producing a larger number of star-forming clumps. We find that the enshrouded time-scale becomes shorter from \sim 2.3 to \sim 1.9 Myr, on average, indicating that the clumps get more easily disrupted because of strong feedback. The escape fraction measured on clump scales $(\sim 40 \text{ pc})$ is also slightly increased to 0.70 in the higher resolution run from 0.64 in the fiducial case. However, the absorption of LyC photons on $\sim 0.1-1$ kpc scales in G9_Z1ow_HR turns out to be slightly more enhanced, compensating the differences on galactic scales. This can be attributed to the fact that the smaller clouds get disrupted early and that SNe redistribute the gas to the ISM. As a result, not only the star formation rate but also the luminosity-weighted escape fraction in the G9_Zlow_HR run are found to be nearly the same as those in the G9_Zlow run (see Fig. 3 and Table 3). A similar trend is also found in Kimm & Cen (2014, fig. C1), where the results are reasonably converged at a 4 pc resolution. Given that the difference in the escape fraction estimated from different resolution runs is not very significant, it is unlikely to change our main conclusions regarding the dependence of the escape fractions on metallicity and gas fraction, but this should be tested with even higher resolution simulations in the near future.

5 SUMMARY AND CONCLUSIONS

To study the origin of the inefficient leakage of LyC photons from massive star-forming galaxies at $z \sim 3$, we investigate the propagation of LyC photons from stellar populations in isolated disc galaxies embedded in a $10^{11} M_{\odot}$ dark matter halo. For this purpose, we employed strong stellar feedback, in the form of mechanical SN explosions and Ly α pressure, which can self-regulate star formation in the galaxies. Our findings are summarized as follows:

(1) We find that the luminosity-weighted average escape fraction of LyC photons $(\langle f_{\rm esc}^{3D} \rangle_{\mathcal{L}})$ in our fiducial run with low metallicity (Z= 0.002) is 10.4 per cent, but it decreases significantly with increasing gas metallicity. Only $\langle f_{\rm esc}^{3D} \rangle_{\mathcal{L}} \approx 1$ per cent of LyC photons escape from our metal-rich galaxies (Z = 0.02). In contrast, when the mass of the gas disc is increased by a factor of 5 (motivated by the upper limit of the gas fraction inferred from high-z observations), the escape fraction is mildly decreased to $\langle f_{\rm esc}^{3D} \rangle_{\mathcal{L}} = 4.8$ per cent. Our results thus suggest that the low escape fraction measured from the massive galaxies at high redshift, compared to what reionization models typically assume (~10–20 per cent), is likely due to higher metallicities.

(2) In metal-poor galaxies, strong radiation feedback efficiently disrupts the star-forming clouds, and the majority of young stars are no longer enshrouded by their birth clouds within $t_{enshr} \sim 2$ Myr. We measure that roughly a half of the LyC photons are absorbed on local scales (50–100 pc), and the other half is absorbed by the ISM (≤ 2 kpc).

(3) The LyC photons from the metal-rich galaxies are absorbed by the clumps for a longer time ($t_{enshr} \sim 10$ Myr, due to weaker radiation field, enhanced metal cooling, and more effective destruction of Ly α photons. The longer enshrouded time-scale in the metal-rich system leads to a lower galactic escape fraction than in the fiducial run. In addition, as the intrinsic ionizing emissivity from metal-rich stars falls more rapidly than that of the metal-poor stars, the escape fraction in the metal-rich galaxies becomes significantly reduced compared to the Z = 0.002 case.

(4) Increasing the gas mass by a factor of 5 has little impact on the enshrouded time-scale of young stars, although star formation efficiencies and clump masses ($\epsilon_{clump} = 1.2$ per cent, $M_{cloud} =$ $3.5 \times 10^6 \,\mathrm{M_{\odot}}$) in the gas-rich disc are slightly increased compared with those in the fiducial run ($\epsilon_{clump} = 0.5$ per cent, $M_{cloud} =$ $1.9 \times 10^6 \,\mathrm{M_{\odot}}$). While the gas-rich disc shows that a similar fraction of ionizing photons are absorbed at the clump scale (~ 40 pc), a larger fraction is absorbed by the gaseous disc ($d_{star} \gtrsim 1 \,\mathrm{kpc}$) that is more extended because of vigorous star formation activities and associated outflows, resulting in an overall lower escape fraction in the gas-rich disc.

(5) We find that the luminosity-weighted average escape fractions from the metal-rich runs are very similar ($\langle f_{\rm esc}^{3D} \rangle_{\mathcal{L}} \approx 1$ per cent), regardless of whether the frequency of SN explosions is boosted by a factor of five or not. Even though young stars in the run with boosted SN feedback escape from the dense birth clouds earlier ($t_{\rm enshr} \sim 5$ Myr) than without, powerful feedback thickens the disc, increasing the column density of neutral hydrogen at $|z| \gtrsim 1$ kpc. As a result, the escape fractions are rather insensitive to the strength of SN feedback for the metal-rich, massive disc galaxies examined in this study.

(6) Our simulated galaxies with metallicity of Z = 0.002-0.006 show a similar flux ratio $(F_{900}/F_{1500})^{3D}_{CGM+IGM} \sim 0.01-0.03$ as the observations of $M_{\rm UV} \sim -20$ galaxies (M17), but it is lower than the fainter $(M_{\rm UV} \sim -19)$ and more metal-poor (Z = 0.001) sample by

S18. In contrast, the low escape fraction estimated from UV bright galaxies with $M_{\rm UV} \sim -21$ ($f_{\rm esc,rel}^{\rm 1D} \lesssim 2$ per cent; Grazian et al. 2016) is similar to those of our metal-rich galaxies, supporting the claim that the low escape fraction in massive and bright systems is mainly due to metal enrichment.

(7) We find that the star formation surface density does not correlate well with the escape fraction. This is because the escape of LyC photons typically peaks \sim 5–20 Myr after the peak in star formation, which is comparable to the fluctuation time-scale of the escape fraction. The escape fractions are also uncorrelated with the galactic outflow rates because they vary smoothly as SNe explode over the time-scale of \sim 40 Myr, whereas the escape fraction fluctuates on much shorter time-scales (t < 10 Myr).

We show that the escape fractions are sensitive to the gas metallicity of massive galaxies at high redshift. Massive haloes are more metal-rich than low-mass haloes, which naturally suggests that the escape fractions are negatively correlated with dark matter halo mass. Admittedly, however, our results are based on a single galaxy in an isolated environment, and cosmological zoom-in simulations that specifically target the evolution of massive galaxies ($M_h \gtrsim 10^{11} \, M_{\odot}$) will be required to draw a statistically meaningful conclusion. At the same time, future observational efforts to measure LyC flux need to be extended to fainter galaxies to test our hypothesis on the relationship between the metallicity and escape fraction.

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DATA AVAILABILITY

The data underlying this paper will be shared on reasonable request to the corresponding author.

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