The formation of isolated ultradiffuse galaxies in ROMULUS25

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ABSTRACT

We use the ROMULUS25 cosmological simulation volume to identify the largest-ever simulated sample of *field* ultradiffuse galaxies (UDGs). At $z = 0$, we find that isolated UDGs have average star formation rates (SFRs), colours, and virial masses for their stellar masses and environment. UDGs have moderately elevated H I masses, being 70 per cent (300 per cent) more H I rich than typical isolated dwarf galaxies at luminosities brighter (fainter) than $M_B = -14$. However, UDGs are consistent with the general isolated dwarf galaxy population and make up ~20 per cent of all field galaxies with $10^7 < M_\star/M_\odot < 10^9$. The H I masses, effective radii, and overall appearances of our UDGs are consistent with existing observations of field UDGs, but we predict that many isolated UDGs have been missed by current surveys. Despite their isolation at $z = 0$, the UDGs in our sample are the products of major mergers. Mergers are no more common in UDG than non-UDG progenitors, but mergers that create UDGs tend to happen earlier – almost never occurring after $z = 1$, produce a temporary boost in spin, and cause star formation to be redistributed to the outskirts of galaxies, resulting in lower central SFRs. The centres of the galaxies fade as their central stellar populations age, but their global SFRs are maintained through bursts of star formation at larger radii, producing steeper negative $g - r$ colour gradients. This formation channel is unique relative to other proposals for UDG formation in isolated galaxies, demonstrating that UDGs can potentially be formed through multiple mechanisms.

Key words: galaxies: dwarf – galaxies: evolution – galaxies: interactions.

1 INTRODUCTION

The hypothesis that a large number of galaxies might lurk beneath the limiting brightness of the night sky dates back at least 60 yr (e.g. Zwicky 1957; Disney 1976). In the intervening decades, advances in imaging and image processing techniques have confirmed the existence of a rich low surface brightness (LSB) universe (e.g. Kormendy & Bahcall 1974; Malin 1978; Binggeli, Sandage & Tammann 1985; Schwartzenberg, Phillipps & Parker 1995; Abraham & van Dokkum 2014; Mihos et al. 2017; Danieli, van Dokkum & Conroy 2018; Borlaff et al. 2019), the inhabitants of which are not only numerous, but incredibly diverse. Of particular interest in recent years are the subset dubbed 'ultradiffuse galaxies' (UDGs), which have stellar masses typical of dwarf galaxies, but physical sizes more akin to Milky Way mass galaxies (although see Chamba et al. 2020 and Trujillo et al. 2020 for in-depth discussions of galaxy size). Although such objects had been observed in the past (e.g. Sandage & Binggeli 1984; Caldwell & Bothun 1987; Impey, Bothun & Malin 1988; Conselice et al. 2003), their abundance – particularly within clusters – is a recent revelation. The diffuse nature of extreme LSB galaxies has long been viewed as evidence that they are incapable of surviving in high-density environments (e.g. Moore et al. 1996; Gnedin 2003). However, they have now been found in large numbers in several local clusters (e.g. Koda et al. 2015; Mihos et al. 2015; van Dokkum et al. 2015; van der Burg, Muzzin & Hoekstra 2016; Lee et al. 2017; Wittmann et al. 2017), as well as in a number of nearby galaxy groups (e.g. Merritt et al. 2016; Román & Trujillo 2017; Greco et al. 2018b).

Their seeming ability to survive the harsh tides of the cluster environment has sparked debate about the underlying properties of the dark matter haloes inhabited by UDGs. van Dokkum et al. (2015) proposed that UDGs occupy Milky Way mass haloes, but failed to form enough stars due to early gas loss. This scenario is supported by kinematic studies of individual UDGs in the Virgo and Coma clusters that have measured halo masses of 10^{11}–10^{12} $M_\odot$ (e.g. van Dokkum et al. 2016, 2019b; Martín-Navarro et al. 2019), as well as the higher-than-average specific frequency and luminosity of the globular clusters observed around some UDGs (e.g. Mihos et al. 2015; van Dokkum et al. 2017).

However, a number of authors have also found evidence that UDGs are true dwarfs, inhabiting haloes with $M_{vir} \leq 10^{11}$ $M_\odot$ (e.g. Trujillo et al. 2017; Kovács, Bogdán & Canning 2019). Many UDGs appear to have globular cluster populations consistent with those of more typical dwarf galaxies (e.g. Beasley & Trujillo 2016; Beasley et al. 2016; Peng & Lim 2016), while others, though globular cluster rich,

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have stellar or gas kinematics that suggest that they may lack dark matter haloes entirely (e.g. van Dokkum et al. 2018, 2019a,b; Danieli et al. 2019; Mancera Piña et al. 2019b). Increasingly, the evidence seems to point to a picture of UDGs as a diverse population that likely formed through a variety of mechanisms (Lee et al. 2017; Papastergis, Adams & Romanowsky 2017; Zaritsky 2017; Amorisco et al. 2018; Lim et al. 2018; Toloba et al. 2018; Forbes et al. 2020).

Many of the proposed mechanisms to form this diverse sample rely on the cluster/group environment. Idealized simulations from Yozin & Bekki (2015) and Safarzadeh & Scannapieco (2017) and cosmological simulations from Chan et al. (2018), Jiang et al. (2019a), and Tremmel et al. (2020) suggest that the primary role of the cluster/group environment is to quench and puff up the infalling UDG progenitor through ram pressure stripping and/or strangulation, causing the galaxy to dim as its stellar population passively evolves. Other authors (e.g. Liao et al. 2019; Sales et al. 2020) cite the tidal stripping and heating endemic to dense environments as the primary factor in UDG formation. Semi-analytical models from Carleton et al. (2019) show that this process is particularly effective in cored haloes, where tidal stripping results in increased expansion of the stellar component of the infalling galaxy. Ogiya (2018) used *N*-body simulations to show that this same process might be responsible for the severely dark matter-deficient UDGs discovered in the NGC 1052 group (e.g. van Dokkum et al. 2018).

However, some authors have also proposed internal formation mechanisms. Analytical models have long suggested that LSB galaxies are the natural inhabitants of dark matter haloes that form with higher-than-average angular momentum (e.g. Dalcanton, Spergel & Summers 1997). This work was extended to UDGs by Amorisco & Loeb (2016), who used semi-analytical models to show that a population of dwarf galaxies with high spin could reproduce many of the properties of observed UDGs (see also Rong et al. 2017; Liao et al. 2019). Alternatively, cosmological simulations from Di Cintio et al. (2017), Chan et al. (2018), and Martin et al. (2019) have shown that the same repeated bursts of supernova feedback that lead to the creation of dark matter cores in dwarf galaxies (e.g. Governato et al. 2010; Pontzen & Governato 2012; Di Cintio et al. 2014; Chan et al. 2015) can also cause their stellar components to expand, leading to the formation of UDGs (see also follow-up work in Jiang et al. 2019a; Cardona-Barrero et al. 2020; Freundlich et al. 2020; Jackson et al. 2020). Because these mechanisms do not rely on the presence of a dense environment, the authors predict that UDGs ought to be present in isolation, and likely with different properties than those in clusters and groups.

Yet, while thousands of UDGs have been found in clusters and groups, fewer than 150 have thus far been discovered in the field (although see Prole et al. 2019 and Barbosa et al. 2020 for a number of unconfirmed candidates). This is largely due to the fact that the positive identification of a UDG requires not only a central surface brightness, but also a physical effective radius, and therefore a distance. Distance measurements for cluster and group UDGs typically come from their association with brighter (and therefore better studied) galaxies. Isolated UDGs, however, require either new distance measurements or detection by a previous survey – a tall order, given their inherent faintness (but see Greco et al. 2021). Although a few individual field UDGs have been discovered (e.g. Kadowaki, Zaritsky & Donnerstein 2017; Greco et al. 2018c), by far the largest sample comes from Leisman et al. (2017), who identified 115 H I-rich UDGs in ALFALFA data (see also follow-up work in Jones et al. 2018; He et al. 2019; Janowiecki et al. 2019; Mancera Piña et al. 2019b, 2020). Like most H I-rich galaxies, these UDGs are overwhelmingly star forming and blue. They also appear

to inhabit dwarf mass haloes with slightly elevated spin. However, much remains unknown about the population of UDGs that inhabits low-density environments – particularly those galaxies that might lie below the detection threshold of surveys like ALFALFA.

In this paper, we use the cosmological simulation ROMULUS25 to study the formation and evolution of isolated UDGs. ROMULUS25 is a 25-Mpc-per-side volume and is run with the same state-of-the-art subgrid physics and resolution as ROMULUSC, a zoom-in simulation of a 10^{14} M$_\odot$ galaxy cluster that we have previously used to explore the properties and origins of cluster UDGs (Tremmel et al. 2020). To date, it is one of the highest resolution volumes ever run (cf. L025N0752, Schaye et al. 2014; TNG50, Pillepich et al. 2019), approaching the resolution of much smaller zoom-in simulations. This unique combination of resolution and volume allows us to study large numbers of dwarf galaxies in depth. We describe the properties of the simulation in greater detail in Section 2. In Section 3, we compare the evolution and $z = 0$ properties of our sample of isolated UDGs to a carefully selected sample of non-UDGs and explore the origin of isolated UDGs. We compare our sample to existing observations of isolated UDGs in Section 4 and summarize our findings in Section 5.

2 THE ROMULUS25 SIMULATION

All of the galaxies analysed in this paper are selected from RO-MULUS25 (Tremmel et al. 2017), a high-resolution cosmological simulation run using the *N*-body + smoothed particle hydrodynamics (SPH) code CHANGA (Menon et al. 2015). CHANGA uses many of the same physics modules as its precursor, GASOLINE (Wadsley, Stadel & Quinn 2004), as well as an updated SPH implementation that reduces artificial surface tension, allowing for better capture of fluid instabilities (Wadsley, Keller & Quinn 2017). As in GASOLINE, unresolved physics [e.g. star formation, supermassive black hole (SMBH) growth, and stellar and SMBH feedback] is governed by subgrid prescriptions. These contain free parameters that have been optimized over a broad parameter space to create galaxies in the halo mass range $10^{10.5-12}$ M$_\odot$ that match $z = 0$ scaling relations, including the stellar mass–halo mass (Moster, Naab & White 2013) and stellar mass–SMBH mass relations (Schramm & Silverman 2013). However, ROMULUS25 has also been shown to produce realistic galaxies across its entire resolved range ($M_{\rm vir} = 3 \times 10^9$–$2 \times 10^{13}$ M$_\odot$) and to reproduce observations of high-redshift star formation and SMBH growth (Tremmel et al. 2017).

ROMULUS25 is a uniform resolution simulation consisting of a comoving volume measuring 25 Mpc on each side. The simulation is run with a ΛCDM cosmology following Planck Collaboration XVI (2014; $\Omega_0 = 0.3086$, $\Lambda = 0.6914$, $h = 0.6777$, $\sigma_8 = 0.8288$) and evolved until $z = 0$. Gravitational interactions between particles are resolved with a spline gravitational force softening length (ϵ_g) of 350 pc (Plummer equivalent 250 pc), which converges to a Newtonian force at $2\epsilon_g$. Dark matter particles within ROMULUS25 are oversampled relative to gas particles, such that the simulation initially contains 3.375 times more of the former than the latter. This allows us to use dark matter and gas particles that are more similar in mass than in many comparable simulations. Each dark matter particle has a mass of 3.39×10^5 M$_\odot$ while each gas particle has a mass of 2.12×10^5 M$_\odot$. In addition to enabling the simulation to track the dynamics of SMBHs (Tremmel et al. 2015), this decreases numerical effects due to two-body scattering. This is particularly relevant for the study of UDGs, as energy equipartition has recently been shown to lead to spurious growth in galaxy sizes over time (Ludlow et al. 2019).

In order to approximate the effects of reionization, ROMULUS25 includes a UV background following a revised version of Haardt & Madau (2012) with self-shielding from Pontzen et al. (2008). The simulation uses primordial cooling for neutral and ionized H and He, which is calculated from collisional ionization rates (Abel et al. 1997), radiative recombination (Black 1981; Verner & Ferland 1996), photoionization, bremsstrahlung, and H and He line cooling (Cen 1992). The simulation also includes low-temperature metal-line cooling following Bromm et al. (2001). However, although high resolution, ROMULUS25 does not resolve the multiphase interstellar medium (ISM), and, in particular, cannot track the creation and destruction of molecular hydrogen. Because metal-line cooling in the absence of molecular hydrogen physics has been shown to lead to overcooling in spiral galaxies (Christensen et al. 2014), we do not include high-temperature metal-line cooling.

Star formation within ROMULUS25 is a stochastic process. Any gas particle that is sufficiently cold ($T < 10^4$ K) and dense ($n > 0.2\,\mathrm{cm}^{-3}$) has a probability ($p$) of forming a star particle:

$$p = \frac{m_{\mathrm{gas}}}{m_{\mathrm{star}}}(1 - \mathrm{e}^{c^* \Delta t / t_{\mathrm{form}}}), \tag{1}$$

where m_{gas} is the mass of the gas particle, m_{star} is the mass of the resulting star particle, c^* is the star-forming efficiency factor (here set to 0.15), Δt is the star formation time-scale (10^6 yr in this simulation), and t_{form} is the dynamical time. Any resultant star particle forms with a mass 30 per cent of the initial gas particle mass ($M_\star = 6 \times 10^4$ $M_\odot$) and represents a simple stellar population, with masses and corresponding lifetimes drawn from a Kroupa (2001) initial mass function.

While stars with masses greater than 40 $M_\odot$ are assumed to collapse directly to black holes, those with $8 \leq M/M_\odot \leq 40$ explode as Type II supernovae (SNe). This is implemented via 'blastwave' feedback following Stinson et al. (2006). Each SN generates 0.75×10^{51} erg that is thermally deposited into the surrounding gas particles, where cooling is temporarily disabled to mimic the adiabatic expansion phase of the SN. Lower mass stars also contribute to feedback via Type Ia SNe, in which cooling is not disabled, and stellar winds (Kennicutt, Tamblyn & Congdon 1994), which account for 99 per cent of all mass lost by a given star particle over its lifetime. Mass and metals are returned to the ISM following Shen, Wadsley & Stinson (2010) and Governato et al. (2015).

ROMULUS25 also includes a novel implementation of black hole physics (Tremmel et al. 2015, 2017, 2018a,b, 2019). Seed SMBHs ($M = 10^6$ $M_\odot$) form in pristine ($Z < 3 \times 10^{-4} Z_\odot$), dense ($n > 3\,\mathrm{cm}^{-3}$) gas that has not yet cooled to the temperature required for star formation. This ensures that SMBHs form in regions that are collapsing more quickly than either the cooling or star formation time-scales and that, in the vast majority of cases, they form within the first Gyr of the simulation. SMBH orbits are then traced via a dynamical friction subgrid model following Tremmel et al. (2015), which allows for better tracking of dynamical evolution, including mergers. SMBHs are permitted to grow via modified Bondi–Hoyle accretion. In order to approximate the effects of active galactic nucleus (AGN) feedback, any actively accreting SMBH converts a fraction of the accreted mass to thermal energy, which it injects into the surrounding gas particles, naturally driving a collimated outflow. As with SN feedback, cooling is temporarily disabled in the affected gas particles to prevent them from radiating the energy away too quickly as a result of limited resolution.

Haloes are identified with Amiga's Halo Finder (AHF; Knebe, Green & Binney 2001; Gill, Knebe & Gibson 2004) and tracked across time-steps with TANGOS (Pontzen & Tremmel 2018). Halo properties are calculated based on all particles within a halo's virial radius (R_{vir}), which is calculated by AHF via a spherical top-hat collapse technique that varies with redshift following Bryan & Norman (1998). However, throughout the paper we also refer to M_{200}, which is the mass contained within the radius at which the mean enclosed density of particles bound to the halo drops below 200 times the critical density of the universe at the relevant redshift. In order to facilitate better comparison with observations, we calculate stellar masses based on photometric colours following Munshi et al. (2013).

3 RESULTS

3.1 Classification of UDGs

In order to ensure that we are analysing only well-resolved galaxies, we begin by limiting our sample to only those galaxies with $M_{\mathrm{vir}} > 3 \times 10^9$ $M_\odot$ (~10 000 dark matter particles) and $M_\star > 10^7$ $M_\odot$ (~150 star particles) at $z = 0$. Within ROMULUS25, we identify 1799 such galaxies, from which we select isolated galaxies following Geha et al. (2012). In addition to eliminating satellites of any other haloes, this definition requires that isolated galaxies be at least 1.5 Mpc away from any galaxy with $M_\star > 2.5 \times 10^{10}$ $M_\odot$. A number of surveys have found that dwarf galaxies with $M_\star < 10^9$ $M_\odot$ are almost exclusively star forming at this distance from a massive galaxy (e.g. Geha et al. 2012; Rasmussen et al. 2012; Penny et al. 2016). As low-mass galaxies are thought to quench only through environmental processes, this finding indicates that galaxies more than 1.5 Mpc from a massive galaxy have likely never interacted with it. Adopting this definition therefore allows us to mitigate the possibility of including galaxies that have been transformed into UDGs through ram pressure stripping or tidal heating in our sample. We find 890 isolated galaxies in ROMULUS25.

UDGs are identified from this isolated sample via the process described in Tremmel et al. (2020). So as to best mimic observational methods, we fit a Sérsic profile to the $z = 0$ g-band surface brightness profile of each galaxy, sampling at the spatial resolution of the simulation (300 pc). We do not attempt to fit any features fainter than 32 mag arcsec^{-2}, as this is roughly the depth of the most sensitive observations (e.g. Trujillo & Fliri 2016; Borlaff et al. 2019). The equation for a Sérsic profile is given by

$$\mu(r) = \mu_{\mathrm{eff}} + 2.5c_n \left(\left(\frac{r}{r_{\mathrm{eff}}} \right)^{1/n} - 1 \right) \tag{2}$$

(Sérsic 1963), where μ is the surface brightness at radius r and μ_{eff} and r_{eff} are the effective surface brightness and the effective radius, permitted to range between 10–40 mag arcsec^{-2} and 0–100 kpc, respectively. Following Capaccioli (1989), $c_n = 0.868n - 0.142$, where n is the Sérsic index, which we allow to vary between 0.5 and 16.5. Sample isolated galaxies and their accompanying surface brightness profiles and Sérsic fits are shown in Fig. 1.

For our well-resolved isolated sample, our fitting procedure fails for only three galaxies, although we eliminate another four whose fitting parameters' proximity to the fitting bounds indicate a poor fit. Each of the remaining fits is then inspected by eye in order to ensure that a reasonable set of parameters has been found. This results in the removal of a further six galaxies, the majority of which have ongoing major mergers. The final sample is therefore composed of 877 galaxies.

Following van Dokkum et al. (2015), we identify as a UDG any galaxy with $r_{\mathrm{eff}} \geq 1.5$ kpc and $\mu_{0,g} \geq 24$ mag arcsec^{-2}. The
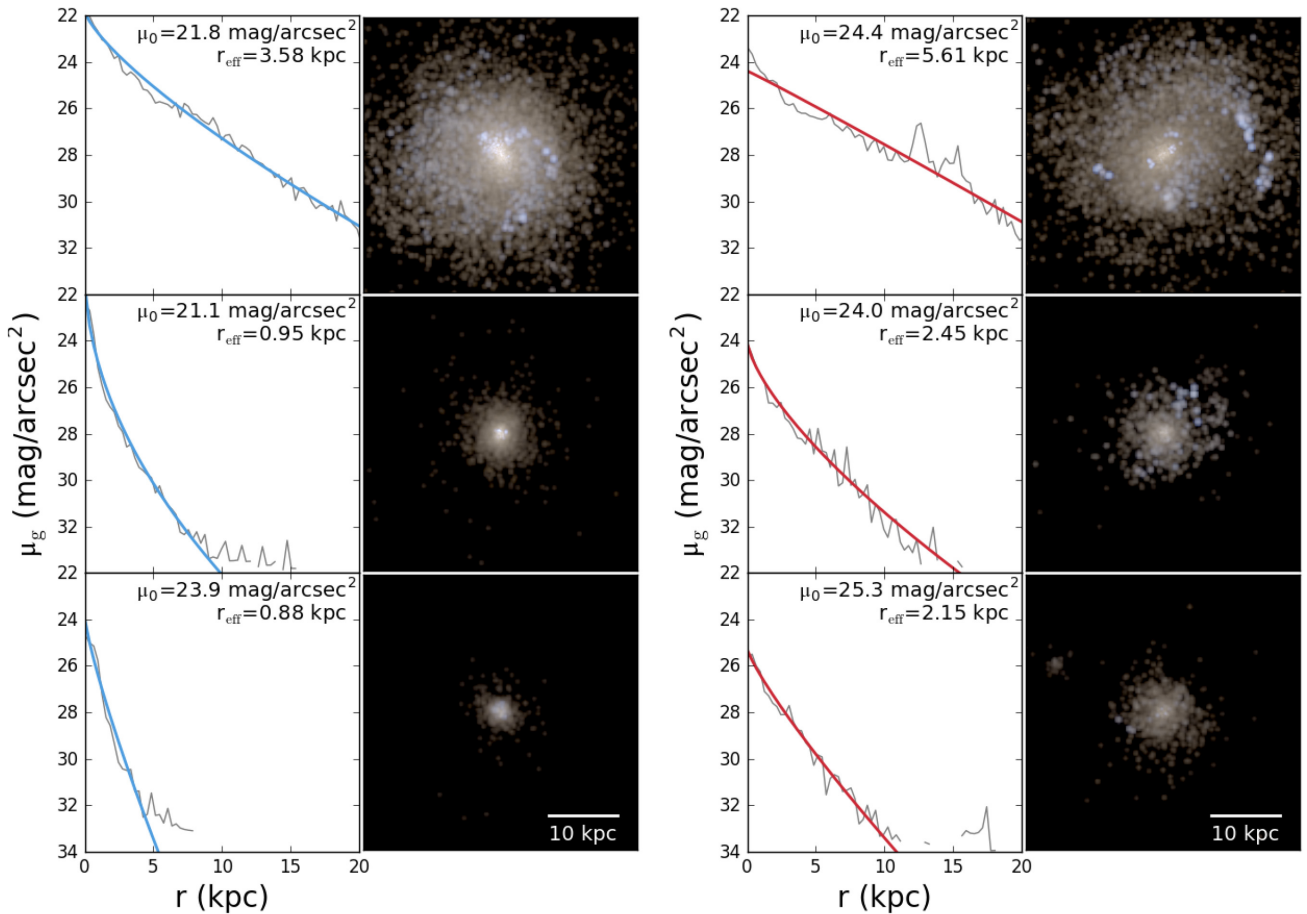
Figure 1. *g*-band surface brightness profiles with accompanying Sérsic fits and face-on UVI images of representative isolated dwarfs (left) and UDGs (right) from ROMULUS25. Fit parameters for each galaxy are shown in the upper right hand corner of each surface brightness profile plot. The top panels depict high-mass dwarfs ($10^8 < M_\star/M_\odot < 10^9$), the middle panels depict intermediate-mass dwarfs ($10^{7.5} < M_\star/M_\odot < 10^8$), and the bottom panels depict low-mass dwarfs ($10^7 < M_\star/M_\odot < 10^{7.5}$). Each UVI image is 40 kpc across and reaches a surface brightness of 32 mag arcsec^{-2}. Note that we do not attempt to fit any features fainter than this, as this is roughly the limit of the most sensitive observations. Surface brightness calculations and UVI images were generated using results from stellar population synthesis models (http://stev.oapd.inaf.it/cgi-bin/cmd; Marigo et al. 2008; Girardi et al. 2010).

former measurement is taken directly from the Sérsic fit, while the latter is the value of the Sérsic profile evaluated at $r = 0$. Because our classification is based on the Sérsic fit, rather than the actual surface brightness profile, ~12 per cent of those galaxies identified as UDGs have actual $\mu_{0,g}$ – here defined as the average *g*-band surface brightness within the inner 300 kpc of the galaxy – brighter than 24 mag arcsec^{-2}. However, the majority of these are relatively high mass ($M_\star > 10^8$ M$_\odot$) UDGs that have actual $\mu_{0,g} > 23.6$ mag arcsec^{-2} (see e.g. the top right panel of Fig. 1). As these galaxies still therefore represent the LSB tail of the galaxy distribution and this method is consistent with that used by observers (e.g. Martínez-Delgado et al. 2016), we do not feel that this introduces significant contamination into our sample.

We find a total of 134 isolated UDGs in the ROMULUS25 simulation. We discuss how this number compares to current estimates from observations in Section 4.

3.2 Properties of UDGs at *z* = 0

All of the isolated UDGs identified in ROMULUS25 have $M_\star < 10^9$ M$_\odot$. This is consistent with observations, which have shown UDGs to have stellar masses typical of dwarf galaxies, regardless of

Table 1. Number of total isolated dwarf galaxies and UDGs in different mass bins in ROMULUS25. The errors in UDG fraction are Poisson errors.

$\log(M_\star/M_\odot)$	N_{total}	N_{UDG}	UDG fraction
7–7.5	267	46	0.17 ± 0.03
7.5–8	178	51	0.29 ± 0.04
8–8.5	124	31	0.25 ± 0.05
8.5–9	102	6	0.06 ± 0.02

environment (e.g. Lee et al. 2017; Leisman et al. 2017; Trujillo et al. 2017; Sifón et al. 2018). In Table 1, we show the fraction of isolated galaxies that are UDGs as a function of stellar mass. Broadly, UDGs make up 20 per cent of all isolated galaxies with $7 < \log_{10}(M_\star/M_\odot) < 9$ in ROMULUS25. However, they are most common at stellar masses between $10^{7.5}$ and $10^{8.5}$ M$_\odot$, where they constitute 25–29 per cent of all isolated galaxies.

At all stellar masses where they are present, UDGs have above-average sizes. In the bottom panel of Fig. 2, we plot the effective radii of all of the isolated galaxies in ROMULUS25 with $M_\star < 10^{9.5}$ M$_\odot$ as a function of stellar mass alongside an observed relation from Lange et al. (2016). Because this relation is based on *r*-band data
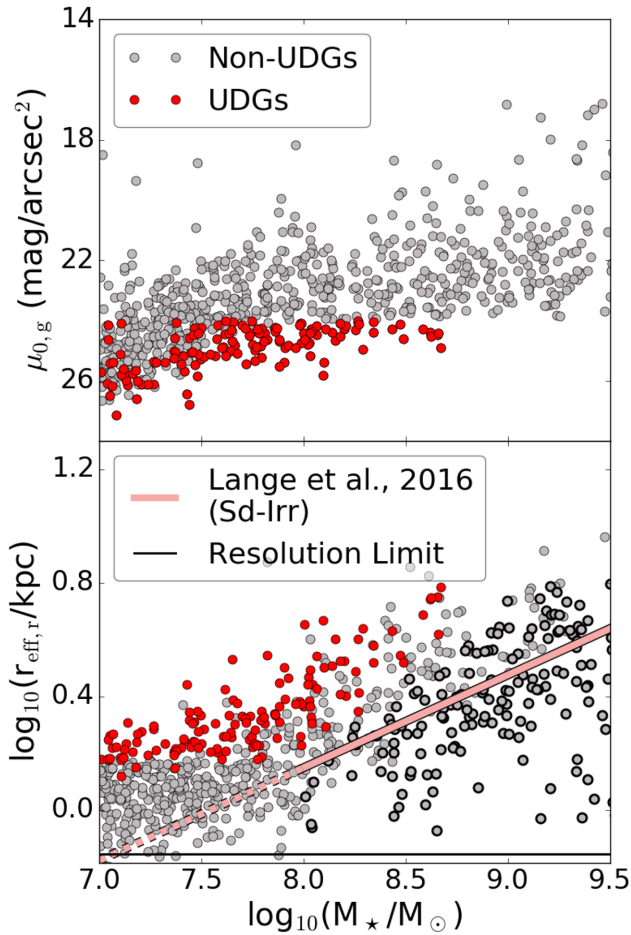
Figure 2. Central surface brightness (top) and effective radius (bottom) plotted against stellar mass for all of the isolated galaxies in ROMULUS25 with $M_\star < 10^{9.5}$ M$_\odot$. There is no obvious separation between UDGs (red) and non-UDGs (grey) on these axes. UDGs are not a separate population, but the high effective radius – low central surface brightness tail of the galaxy population. Note that, while we classify our UDGs using g-band data and show g-band central surface brightnesses here, the effective radii shown in this figure are based on fits to r-band surface brightness profiles to provide a more accurate comparison to the Sd–Irr $M_\star$–$r_{\rm eff}$ relation from Lange et al. (2016), which is based on r-band data from the GAMA survey and is extrapolated below $M_\star = 10^8$ M$_\odot$ (indicated by the dashed line). This is why some UDGs appear to have $r_{\rm eff} < 1.5$ kpc. In the lower panel, points with thick outlines indicate galaxies that have $\mu_{\rm eff,r} < 24.5$ mag arcsec^{-2} and $M_\star > 10^8$ M$_\odot$ and would therefore likely be observable by GAMA. As we would expect, they adhere more closely to the published relation.

from the GAMA survey, the effective radii that we show here are derived from fits to r-band surface brightness profiles. This is why some UDGs, which are classified using g-band data, appear to have $r_{\rm eff} < 1.5$ kpc.

Our simulated galaxies follow the Lange et al. (2016) relation reasonably well down to $M_\star \sim 10^{7.5}$ M$_\odot$. However, our lower mass galaxies are consistently biased high with respect to the (now extrapolated) relation. This is due to the fact that, while we impose no surface brightness limits on our sample, the GAMA survey is insensitive to r-band surface brightnesses fainter than 24.5 mag arcsec^{-2} (Lange et al. 2015). In the bottom panel of Fig. 2, we have marked those galaxies that are likely to be observable by GAMA (i.e. those galaxies with $\mu_{\rm eff,r} < 24.5$ mag arcsec^{-2} and $M_\star > 10^8$ M$_\odot$) with a thick black outline. As we might expect, these galaxies adhere

more closely to the observed relation than does the ROMULUS25 sample as a whole. However, the majority of our sample – including all of the UDGs – would not be detected by GAMA. For $M_\star < 10^9$ M$_\odot$, those galaxies that are most likely to be observed tend to be unusually compact, suggesting that the relation may be too steep at lower masses.

However, compounding this is the genuine absence in our simulation of the population of very compact low-mass dwarf galaxies that has been observed in the field (e.g. Sung et al. 2002; Zitrin, Brosch & Bilenko 2009). While we form galaxies at a variety of sizes for $M_\star > 10^{7.5}$ M$_\odot$, there is considerably less scatter in $r_{\rm eff}$ at lower masses. As discussed in Tremmel et al. (2020), the limited resolution of ROMULUS25 likely plays an important role in determining the sizes of galaxies with $M_\star < 10^{7.5}$ M$_\odot$. The force softening length of the simulation is 350 pc and does not converge to a Newtonian force until twice this. We therefore do not expect to resolve structures smaller than 700 pc, which is marked as our resolution limit in the bottom panel of Fig. 2. We begin to see galaxies approaching this limit at $M_\star \approx 10^{7.5}$ M$_\odot$. Consequently, it is likely that the resolution of our simulation biases these galaxies' sizes high and thereby contributes to the formation of UDGs at $M_\star < 10^{7.5}$ M$_\odot$. However, it should be noted that this lack of diversity in the sizes of low-mass dwarf galaxies is not unique to the ROMULUS simulations, but is, rather, a relatively common problem within cosmological simulations, including many that are of considerably higher resolution (e.g. Santos-Santos et al. 2018; Garrison-Kimmel et al. 2019).

In the top panel of Fig. 2, we show the g-band central surface brightnesses as a function of stellar mass for all of the isolated galaxies in ROMULUS25 with $M_\star < 10^{9.5}$ M$_\odot$. Above $M_\star \sim 10^{7.5}$ M$_\odot$, UDGs, which are shown in red, represent the LSB end of the galaxy distribution. On the other hand, most galaxies with $M_\star < 10^{7.5}$ M$_\odot$ have $\mu_{0,g} \gtrsim 24$ mag arcsec^{-2}. The UDG classification for galaxies in this mass range is thus mainly due to effective radius rather than central surface brightness. There is no distinct separation between UDGs and non-UDGs in effective radius or central surface brightness. In agreement with a number of other authors (e.g. van Dokkum et al. 2015; van der Burg et al. 2016; Wittmann et al. 2017; Conselice 2018; Mancera Piña et al. 2019a), we find that UDGs are part of a continuous distribution of galaxies.

We see further evidence of this in Figs 3 and 4. In the former, we compare the distribution of Sérsic indices for UDGs to that of non-UDGs. We restrict our comparison to galaxies with $M_\star < 10^{8.7}$ M$_\odot$ because this corresponds to the stellar mass of our most massive UDG, allowing for a direct comparison between the two samples. The distributions are very similar, although UDGs do tend to have slightly lower Sérsic indices than non-UDGs. The distribution peaks at $n = 1$, suggesting that field UDGs tend to have exponential profiles. This is consistent with observations of group and cluster UDGs, the Sérsic indices of which have been found to lie primarily in the range $0.6 < n < 1.2$ (e.g. Koda et al. 2015; Mihos et al. 2015; van Dokkum et al. 2015; Yagi et al. 2016; Román & Trujillo 2017; Mancera Piña et al. 2019a). The few field UDGs with published Sérsic indices also lie in this range (Greco et al. 2018c).

In Fig. 4, we plot the stellar mass–halo mass relation for isolated galaxies in ROMULUS25 with $M_\star < 10^{9.5}$ M$_\odot$. In order to make an apples-to-apples comparison to the abundance matching relations of Moster et al. (2013) and Kravtsov, Vikhlinin & Meshcheryakov (2018), we correct our halo masses following Munshi et al. (2013), who find that baryon mass-loss due to feedback causes haloes in baryonic simulations to be up to 30 per cent less massive than their dark matter-only counterparts. Our galaxies are consistent with these relations. All of our UDGs are genuine dwarfs galaxies, inhabiting
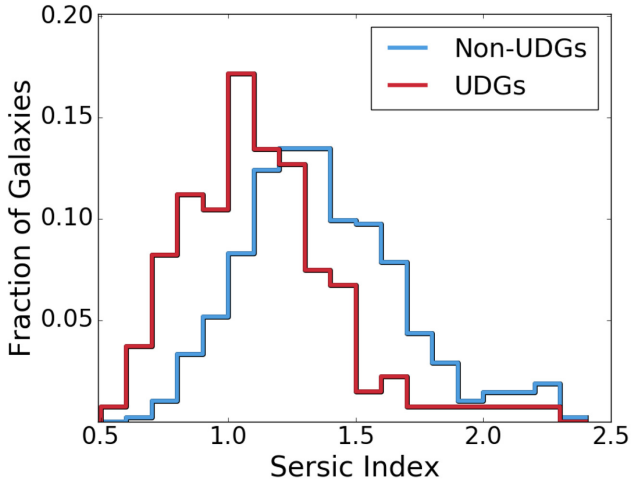
Figure 3. Distribution of Sérsic indices for isolated UDGs, shown in red, and isolated non-UDGs, shown in blue, in ROMULUS25. We limit this figure to galaxies with $M_\star < 10^{8.7}$ M$_\odot$, corresponding to the most massive UDG. UDGs tend to have slightly lower Sérsic indices than non-UDGs, peaking at $n = 1$.
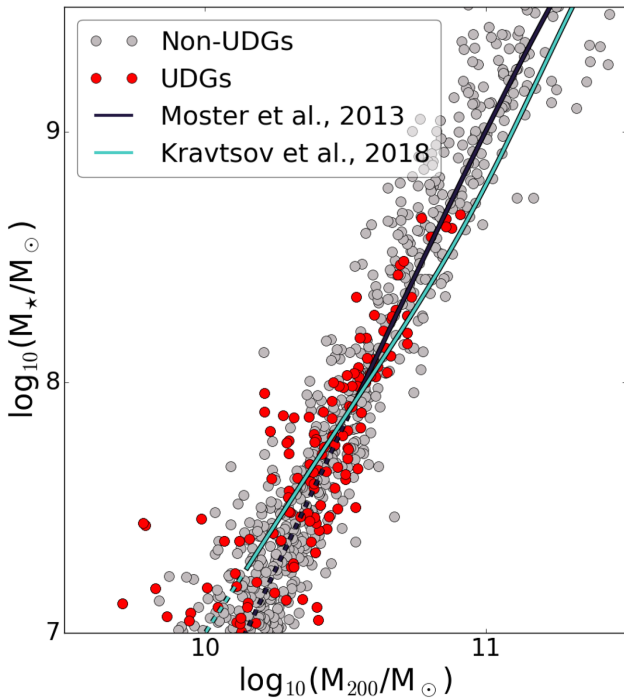

Figure 4. Stellar mass–halo mass relation for all isolated galaxies in ROMULUS25 with $M_\star < 10^{9.5}$ M$_\odot$ compared to abundance matching data from Moster et al. (2013) and Kravtsov et al. (2018). Stellar and halo masses are shown following Munshi et al. (2013). UDGs are shown in red, while non-UDGs are shown in grey. All of the UDGs in our sample have $M_\star < 10^{8.7}$ M$_\odot$ and $M_{200} < 10^{11}$ M$_\odot$. They are therefore true dwarf galaxies, falling on the stellar mass–halo mass relation.

dark matter haloes with $M_{200} < 10^{11}$ M$_\odot$. They are neither more nor less dark matter-dominated than non-UDGs of similar stellar mass.

One caveat to this assertion is that our halo finder may not identify a completely dark matter-devoid object and, even if it did, the galaxy would not be considered resolved. The upper end of estimated dark matter masses for the dark matter-deficient galaxies in the NGC 1052
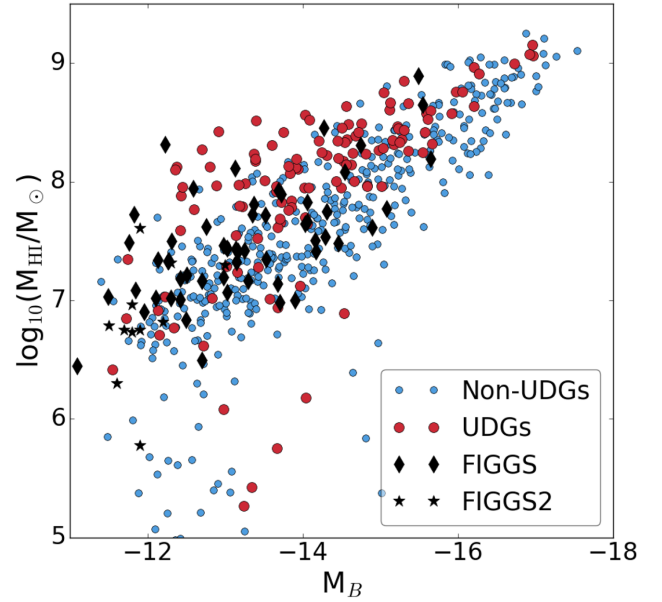

Figure 5. *B*-band magnitudes and H I masses of isolated UDGs (shown in red), our non-UDG comparison sample (shown in blue), and the FIGGS (Begum et al. 2008, black diamonds) and FIGGS2 (Patra et al. 2016, black stars) samples. Although consistent with the FIGGS and FIGGS2 samples, UDGs are modestly H I rich compared to non-UDGs at the same luminosity, with the disparity increasing towards lower luminosities.

group ($M_{dm} \lesssim 10^8$ M$_\odot$; van Dokkum et al. 2018), would contain too few dark matter particles to meet our resolution criteria. By definition, then, any extremely dark matter-deficient objects would be excluded from our sample.

At the other end of the spectrum, we cannot fully rule out the existence of more massive UDGs. ROMULUS25 is a relatively small volume containing only 39 galaxies with $M_{200} > 10^{12}$ M$_\odot$. However, the fact that we do not see any UDGs with $M_{200} > 10^{11}$ M$_\odot$ and that this is consistent with the results of a number of other simulations (e.g. Di Cintio et al. 2017; Liao et al. 2019) suggests that, if they do exist, massive UDGs must either be rare or require physics not implemented within any of these simulations.

Having established that our simulated UDGs are a subset of the dwarf galaxy population, we can select an appropriate sample of galaxies to which to compare them. Because all of our UDGs have stellar masses in the range $10^7 - 10^{8.7}$ M$_\odot$, we adopt the 484 other isolated galaxies in this mass range as our 'non-UDG dwarf' comparison sample. To mitigate the effects of mass trends, we separate our UDG and non-UDG dwarfs into three mass bins: $10^7 < M_\star/$M$_\odot < 10^{7.5}$, $10^{7.5} < M_\star/$M$_\odot < 10^8$, and $10^8 < M_\star/$M$_\odot < 10^{8.7}$. Note that the highest mass bin is slightly broader than the other two. This is because, as may be seen in Table 1, there are only six UDGs with $M_\star > 10^{8.5}$ M$_\odot$.

In Fig. 5, we plot the H I masses of the galaxies in our samples against their *B*-band magnitudes and compare them to galaxies from the FIGGS and FIGGS2 samples (Begum et al. 2008; Patra et al. 2016). Although we find that UDGs are slightly more H I rich than non-UDGs at a given luminosity, the effect is relatively subtle over most of the luminosity range. At luminosities brighter than $M_B = -14$, the median UDG has 1.7 times more H I than the median non-UDG. At fainter luminosities, however, this factor jumps to 4. We also have a population of H I-poor UDGs and non-UDGs. This is consistent with both observations (e.g. Papastergis et al. 2017) and
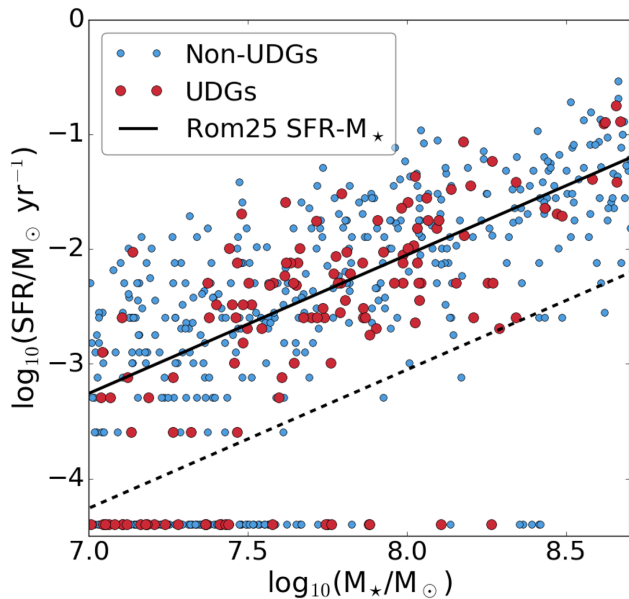
Figure 6. SFRs for isolated UDGs (shown in red) and our non-UDG comparison sample (shown in blue). Galaxies that have not formed a star particle within the last 250 Myr are arbitrarily placed at $\log_{10}(\text{SFR}/\text{M}_\odot\,\text{yr}^{-1}) = -4.4$. We also show the SFR–$M_\star$ relation for ROMULUS25, as calculated in Tremmel et al. (2019, solid black line). The dashed black line is 1 dex below the relation and indicates the boundary between star-forming and quenched galaxies. The global SFRs of isolated UDGs are very similar to those of more typical isolated dwarfs. Both lie along the ROMULUS25 SFR–$M_\star$ relation.

previous simulations of field UDGs from the NIHAO group, who find that UDGs tend to be modestly H I rich, but can also be gas poor and quiescent (Di Cintio et al. 2017; Jiang et al. 2019a). In our simulations, this gas-poor population is dominated by galaxies that have had a significant encounter with a more massive halo and/or periods of AGN activity (e.g. Dickey et al. 2019; Sharma et al. 2020). We note that UDGs and non-UDGs are equally likely to have central SMBHs, as well as to have experienced AGN activity at some point over their lifetimes.

Our isolated UDGs have average $z = 0$ star formation rates (SFRs) for their stellar masses. As shown in Fig. 6, they, like our non-UDG isolated dwarf sample, follow the SFR–$M_\star$ relation for ROMULUS25, as calculated in Tremmel et al. (2019). There is no discernible difference between the SFRs of the UDGs and those of the non-UDGs, except, perhaps, in the low-mass bin. For $M_\star > 10^{7.5}\,\text{M}_\odot$, the fraction of isolated galaxies that are quenched is low (<0.1; < 0.05 for $M_\star > 10^8\,\text{M}_\odot$) and corresponds to the gas-poor population in Fig. 5. This is as we might expect, given the extremely low quenched fraction that has been observed among field dwarf galaxies (e.g. Geha et al. 2012). The fraction of galaxies that are quenched also varies very little between UDGs ($\sim$0.09) and non-UDGs ($\sim$0.1).

Below $M_\star = 10^{7.5}\,\text{M}_\odot$, however, the quenched fraction jumps to just under 0.45, with UDGs 10 per cent more likely than non-UDGs to have ceased forming stars. This is evidence that we are beginning to see the effects of our limited resolution within this mass range. Because stars can form from relatively low density gas in the ROMULUS simulations, stellar feedback is more effective, leading to more efficient gas removal – particularly within the lower gravitational potentials of these low-mass dwarfs. As quenched galaxies tend to be fainter than star-forming galaxies as a result of their ageing stellar population, it is likely that artificial overquenching in galaxies with $M_\star < 10^{7.5}\,\text{M}_\odot$ has led to an inflation of the UDG

population in our low-mass bin. However, it is also worth noting that, because these quenched low-mass dwarf galaxies are extremely faint (the median $\mu_{\text{eff,g}}$ for quenched low-mass UDGs is 28.3 mag arcsec^{-2} versus 27.7 mag arcsec^{-2} for unquenched low-mass UDGs), it is possible that the observed quenched fraction is underestimated in this mass range.

Like most field dwarfs, isolated UDGs are relatively blue. Their median $g - r$ colour is 0.22, with the bluest galaxies in the low-mass bin (median $g - r = 0.19$) and the reddest galaxies in the high-mass bin (median $g - r = 0.25$). As we might expect, given their similar H I masses and SFRs, the colour distributions of our non-UDG dwarfs are indistinguishable from those of our isolated UDG sample. The colours of the sample as a whole are consistent with those of the galaxies from FIGGS (Begum et al. 2008).

3.3 Evolution of UDGs

While the global $z = 0$ properties of UDGs and non-UDGs within the same mass range are broadly very similar, we do see significant differences in their evolution.

3.3.1 Redistribution of star formation

In Fig. 7, we show the evolution of central surface brightness within our UDG and non-UDG comparison samples. At each time-step, we identify the main progenitor of each galaxy in our $z = 0$ sample and calculate its central surface brightness using the procedure described in Section 3.1. We then calculate the median values (solid lines) and interquartile ranges (shading) of μ_0 at each time-step and for each sample using the central surface brightnesses of the main progenitors of the galaxies in that sample. The evolution of the median values and interquartile ranges over time is hereafter referred to as the 'evolutionary track'.

In the high-mass and intermediate-mass bins, the evolution of central surface brightness is initially very similar for progenitors of both UDGs and non-UDGs. However, for non-UDG progenitors, very little evolution in μ_0 occurs after $\sim$4 Gyr into the simulation. By contrast, the centres of UDG progenitors continue to fade over the course of the simulation, resulting in significantly fainter central surface brightnesses at $z = 0$. In the low-mass bin, the shapes of the UDG and non-UDG progenitor evolutionary tracks are very similar: both groups experience an initial brightening period, but fade starting $\sim$3 Gyr into the simulation. Although the UDG progenitors are, on average, fainter than the non-UDG progenitors, the vast majority of the galaxies in this mass group are LSB enough to be classified as UDGs at $z = 0$.

Very similar patterns appear in the evolutionary tracks of the effective radii of our two samples, which are shown in Fig. 8. The evolution of UDG and non-UDG progenitors is nearly indistinguishable until $\sim$4–5 Gyr into the simulation. Past this point, non-UDG progenitors experience very little evolution in effective radius, while those galaxies that will be UDGs by $z = 0$ continue to grow in size. Although this difference is most dramatic in the high-mass bin, this is also the mass range in which it is least relevant to UDG classification: nearly every galaxy with $M_\star > 10^8\,\text{M}_\odot$ is physically large enough to be a UDG and has been over most of its evolution. In the low- and intermediate-mass bins, however, a large effective radius is truly a defining characteristic of the UDG sample.

Although UDGs at all masses are, on average, larger and lower surface brightness than typical isolated dwarfs, the reasons why a given galaxy might be classified as a UDG are mass dependent.
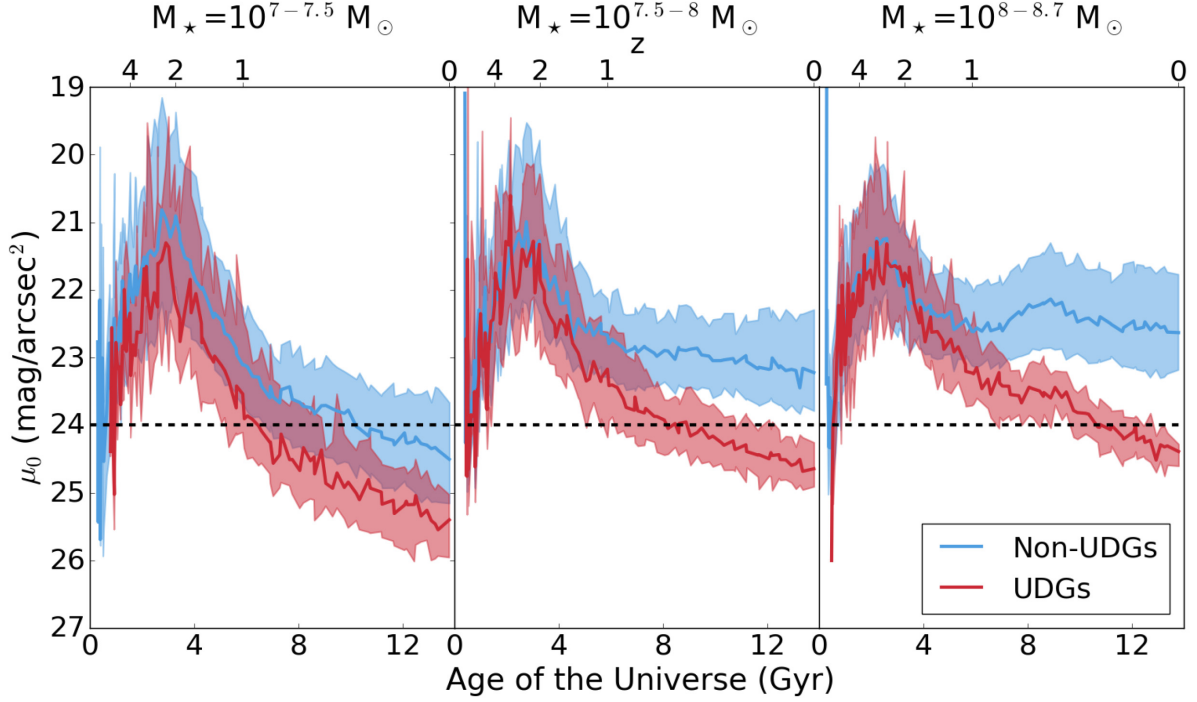
Figure 7. The evolution of central *g*-band surface brightness in our isolated UDGs (red) and our non-UDG comparison sample (blue) for our low-mass (left), intermediate-mass (centre), and high-mass (right) bins. The thick solid lines track the evolution of the median while the shading indicates the interquartile range at each step. Anything below the dashed line at $\mu_0 = 24$ mag arcsec^{-2} is LSB enough to be classified as a UDG. In the high- and intermediate-mass bins, the evolution of μ_0 is very similar in the UDG and non-UDG progenitors until ~4 Gyr into the simulation. Past this point, the central surface brightnesses of the non-UDG progenitors stay roughly constant, while those of the UDG progenitors continue to dim, leading to considerable differences in final μ_0. In the low-mass bin, the evolution of central surface brightness is similar in both samples and nearly all galaxies are LSB enough to be classified as UDGs at $z = 0$.
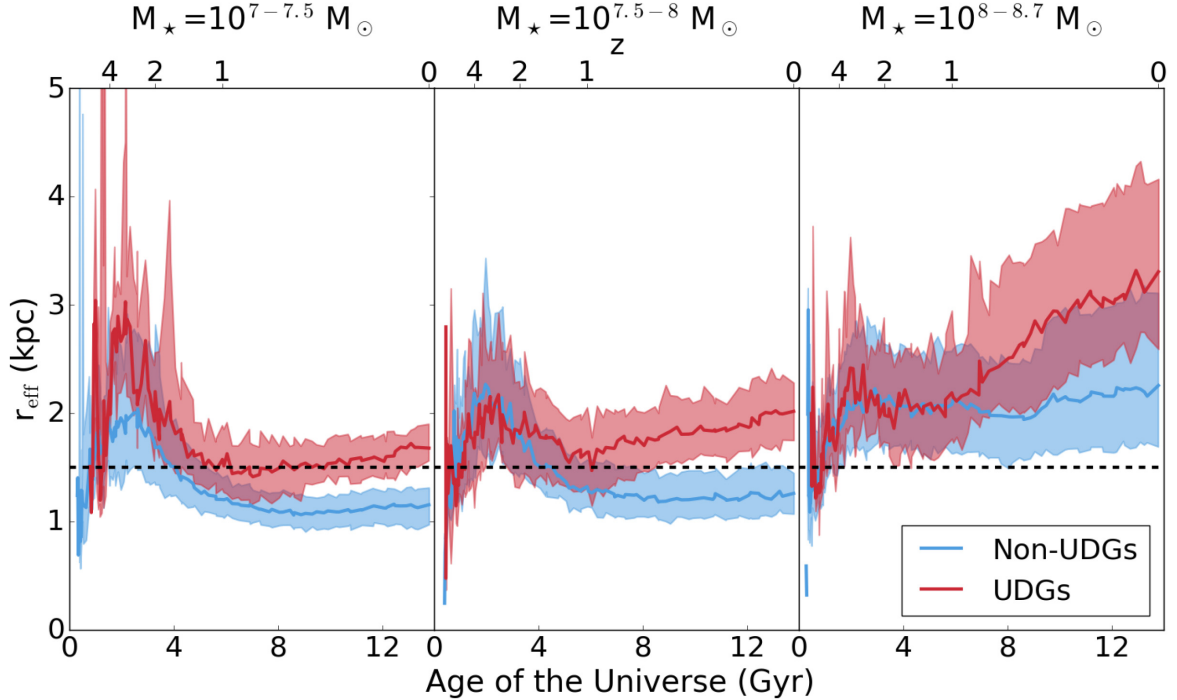

Figure 8. The evolution of effective radius in our isolated UDGs (red) and our non-UDG comparison sample (blue) for our low-mass (left), intermediate-mass (centre), and high-mass (right) bins. The thick solid lines track the evolution of the median while the shading indicates the interquartile range at each step. Anything above the dashed line at $r_{\rm eff} = 1.5$ kpc is large enough to be classified as a UDG. In the high- and intermediate-mass bins, the initial evolution of effective radius is very similar in both samples. However, in all of the mass groups, the effective radii of the non-UDG progenitors plateau several Gyr before the simulation terminates, while those of the UDG progenitors continue to increase through $z = 0$.
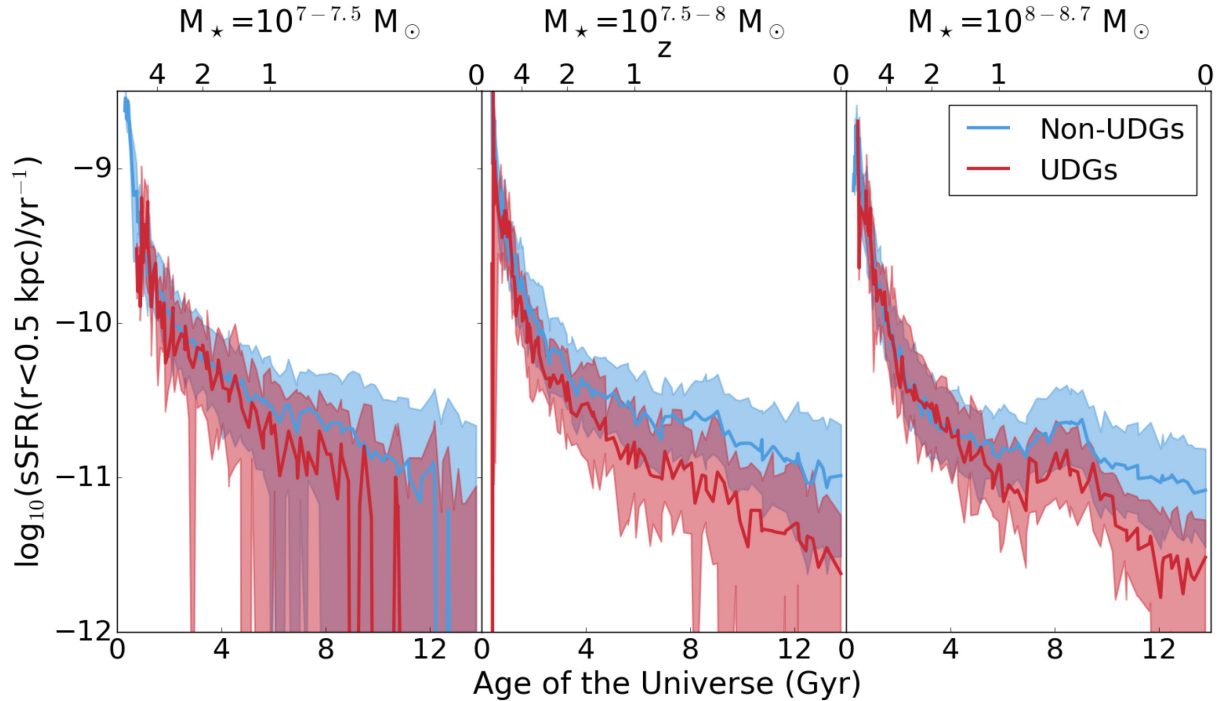
Figure 9. The evolution of central ($r < 0.5$ kpc) specific SFR in our isolated UDGs (red) and our non-UDG comparison sample (blue) for our low-mass (left), intermediate-mass (centre), and high-mass (right) bins. The thick solid lines track the evolution of the median while the shading indicates the interquartile range at each step. Particularly in the high- and intermediate-mass bins, those galaxies that will be UDGs by $z = 0$ tend to evolve to lower central SFRs than non-UDGs, leading to lower central surface brightnesses due to the passive evolution of an ageing stellar population in their centres. While UDGs have less central star formation compared to non-UDGs, their total SFRs are similar (Fig. 6), indicating that star formation in UDGs is more spread out compared to non-UDGs.

High-mass dwarfs almost always have $r_{\rm eff} \geq 1.5$ kpc; those that are UDGs are classified as such entirely as a result of their low central surface brightnesses. The opposite is true of low-mass dwarfs, which are predominantly faint enough to be UDGs, but require an effective radius ~ 0.5 kpc larger than the median value to be part of the UDG sample. It is only in the intermediate-mass group that both central surface brightness and effective radius are relevant to UDG classification. We see this same trend in the UDGs identified in our cluster simulation, ROMULUSC (Tremmel et al. 2020).

We find that the reason isolated UDGs are fainter than typical galaxies of the same stellar masses is that they have low central SFRs. As may be seen in Fig. 9, those galaxies that will be UDGs at $z = 0$ evolve to lower central specific SFRs (that is, SFR within the inner 0.5 kpc of each galaxy divided by the stellar mass of the galaxy) than do the galaxies in our non-UDG comparison sample. This is particularly noticeable in the high- and intermediate-mass bins, where the difference in final central surface brightness is also most significant. As with the effective radius and central surface brightness evolutionary tracks, we begin to see a difference between UDG and non-UDG progenitors in these mass groups at ~ 4 Gyr into the simulation, which suggests a common root cause.

This decrease in central SFR leads to comparatively lower central stellar densities, as well as older – and therefore fainter – central stellar populations. While stellar mass continues to build up in the centres of non-UDGs, it quickly levels off in the centres of UDGs. However, it does not decrease, which suggests that the central surface brightness evolution that we see is primarily driven by the ageing stellar populations in the centres of UDGs. UDGs within the high- and intermediate-mass bins have central stellar populations that are, on average, ~ 2 Gyr older than those of non-UDGs of

similar mass. This is fundamentally the same process that we see in the cluster UDGs identified in ROMULUSC. In both simulations, we observe a dimming of surface brightness as stellar populations passively evolve, leading to a clear correlation between the age of a galaxy's central stellar population and its central surface brightness (see fig. 17 in Tremmel et al. 2020). However, while this passive evolution is a consequence of quenching via ram pressure stripping in the cluster environment, it must have a different origin in the field.

We have already established that isolated UDGs and non-UDGs have similar *global* H I masses and SFRs. The fact that UDGs have lower *central* SFRs therefore indicates that star-forming gas and star formation have moved outward. We would expect this to be most noticeable in the high- and intermediate-mass groups, where the differences in central SFR are most significant.

We see evidence of this in Fig. 10, where we show the $g - r$ colour profiles for our UDG and non-UDG comparison samples at $z = 0$. Broadly speaking, our simulated dwarf galaxies tend to have relatively shallow colour gradients, consistent with those of observed star-forming dwarfs (e.g. Hunter & Elmegreen 2006; Tortora et al. 2010). However, while non-UDGs tend to have flat or slightly positive radial gradients, UDGs typically have steeper negative gradients due to their redder centres and bluer outskirts. This difference is most apparent when colour gradients are measured out to $\sim 1.5 \, r_{\rm eff}$, where the difference in the median colour gradient between UDGs and non-UDGs is 0.03 mag/$r_{\rm eff}$ within the high- and intermediate-mass bins and 0.02 mag/$r_{\rm eff}$ in the low-mass bin. These steeper gradients persist, albeit to a slightly lesser degree, in the high- and intermediate-mass bins when colour profiles are scaled by $R_{\rm vir}$, rather than $r_{\rm eff}$. Determining whether or not this distinction exists among real dwarf galaxies may, however, prove difficult. Tracing already LSB galaxies
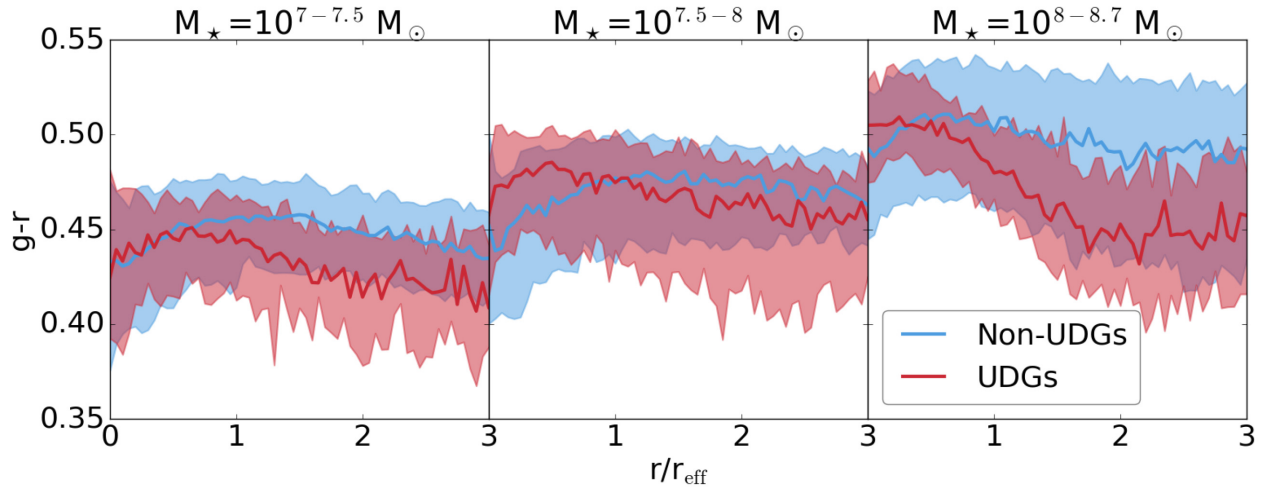
Figure 10. $g - r$ colour profiles for our isolated UDGs (red) and our non-UDG comparison sample (blue) for our low-mass (left), intermediate-mass (centre), and high-mass (right) bins. The thick solid lines track the median profile while the shading indicates the interquartile range in each radial bin. Redistribution of star formation from the centres of isolated UDGs to larger radii leads to redder central regions and bluer outskirts in these galaxies. Particularly in the high- and intermediate-mass bins, this results in steeper negative colour gradients.

out to ≥ 1.5 r_{eff} is a non-trivial task. Additionally, we have not accounted for internal reddening due to dust, which may lessen the already small differences between the colour gradients of UDGs and non-UDGs.

While we might also expect to find that the metallicity gradients of isolated UDGs differ from those of non-UDGs, metallicity gradients in ROMULUS25 are typically close to zero. Although we examined the cold gas metallicity and stellar metallicity profiles of our UDG and non-UDG comparison samples, we find that there is little difference between the two populations. UDGs do tend to have slightly offset metallicity profiles (lower by ~ 0.1 dex), which is consistent with observational findings that more extended galaxies are typically less metal rich than more compact ones (e.g. Ellison et al. 2008) and that LSB galaxies are often metal poor (e.g. McGaugh 1994). However, the overall metallicity gradients of both UDGs and non-UDGs are of the order of -0.1 dex/r_{eff} – consistent with the largely flat profiles found in observed dwarf irregular galaxies (e.g. Hunter & Hoffman 1999). Although it is possible that we will find steeper metallicity gradients among UDGs in higher resolution zoom-in simulations, their absence in ROMULUS25 may be an indication that any differences between UDGs and non-UDGs will be subtle.

More qualitative hallmarks of redistribution of star formation to larger radii may, however, be more easily observable. Mock UVI images of many of our UDGs, such as those shown in the top right and middle panels of Fig. 1, reveal that, while the centres of the UDGs are nearly quenched, asymmetrical bursts of star formation appear along the edges of the galaxies. We would therefore expect star-forming field UDGs to have relatively irregular appearances, consistent with the images shown in Leisman et al. (2017). Similar off-centre bursts of star formation have also been observed in UDGs on the edges of groups and clusters (e.g. Martínez-Delgado et al. 2016; Román & Trujillo 2017). We investigate possible explanations for this redistribution of star formation in isolated UDGs in the next two sections.

3.3.2 Spin-up

It is thought that the rotation of modern galaxies has its origin in tidal torquing of clumps of dark matter and baryonic material in the early

universe (e.g. Hoyle 1951; Peebles 1969; Doroshkevich 1970; White 1984; Barnes & Efstathiou 1987). The specific angular momentum of galaxies is typically characterized by the dimensionless spin parameter: the original (λ) defined in Peebles (1969) and a revised version (λ'; Bullock et al. 2001) lacking the explicit energy – and implicit redshift – dependence (e.g. Hetznecker & Burkert 2006) of the original, which is used throughout this analysis. Both versions of the spin parameter are found to follow a lognormal distribution (e.g. Barnes & Efstathiou 1987), with the distribution of λ' peaking at ~ 0.035.

Numerical models by Dalcanton et al. (1997) suggest that LSB galaxies are the natural inhabitants of high spin dark matter haloes. Conservation of angular momentum dictates that a more quickly rotating disc will extend to larger radii than a more slowly rotating one, resulting in the same amount of baryonic material being spread over a larger area. A galaxy that formed in a high spin halo would therefore be expected to have lower gas surface densities and accordingly lower SFRs and stellar densities. Amorisco & Loeb (2016) extended this work to UDGs and showed that their abundance and size distribution could be recovered by assuming that cluster UDGs formed in dwarf mass haloes with higher-than-average angular momentum.

In Fig. 11, we show the distribution of λ' values among our UDG and non-UDG comparison samples at the time at which each galaxy had formed 10 per cent of its stars (t_{10}) and at $z = 0$. At both times, UDGs exist at all spins. Although they are marginally more likely to occupy haloes with slightly higher-than-average angular momentum at $z = 0$, UDGs do not form in exclusively high spin haloes. At t_{10}, the spin distributions for our two samples are indistinguishable. In fact, we find very little correlation between the spin each galaxy forms with and the spin it has at $z = 0$, despite the fact that these galaxies are all relatively isolated. That UDGs do not form in haloes with abnormal properties is consistent with our earlier findings about their evolution. As shown in Figs 7–9, the effective radii, central surface brightnesses, and central SFRs of UDGs and non-UDGs are extremely similar for at least the first few billion years of the simulation. If UDGs had formed in high spin haloes, we would expect to see an immediate difference, particularly in effective radius.
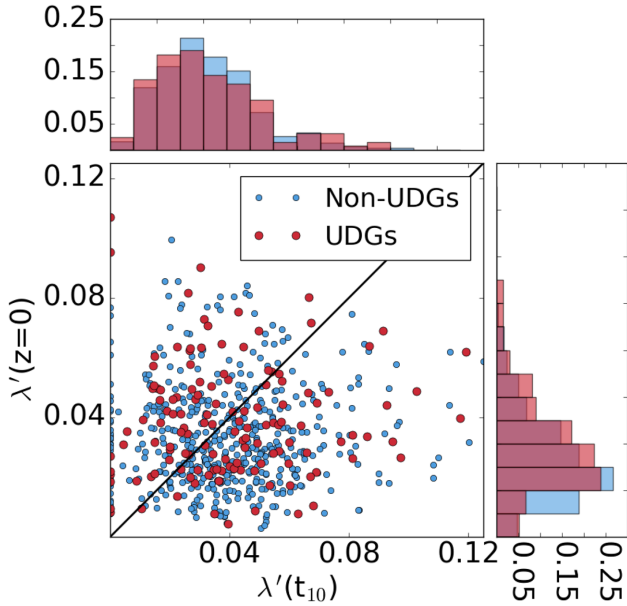
Figure 11. The Bullock spin parameters of our isolated UDGs (red) and our non-UDG comparison sample (blue) measured at the time at which each galaxy had formed 10 per cent of its stars (t_{10}) and at $z = 0$. The solid black line denotes where both spins are equal. The scatter around this line indicates that the final spin of a given galaxy has little to no dependence on the spin with which the galaxy formed. The projected histograms of the spin distributions at t_{10} (top) and $z = 0$ (right) show the fraction of galaxies in each sample within a given range of spins. Galaxies that are not traced back to t_{10} are arbitrarily placed at $\lambda'(t_{10}) = 0$, but are not included in the histogram of $\lambda'(t_{10})$ values. Although UDGs are more likely to have slightly higher-than-average angular momentum at $z = 0$, they do not form exclusively in high spin haloes. Even at $z = 0$, the difference between the spins of UDGs and non-UDGs is small.

The conclusion that UDGs did not form exclusively in high spin dark matter haloes does not necessarily mean that spin is irrelevant, particularly as we see evidence of slightly above-average angular momentum at $z = 0$. If the baryonic components of UDGs were significantly spun up at some point during their histories, the resulting galaxies likely would not be terribly different from those that had formed with high spin. We might therefore expect present-day UDGs to bear some imprint of the era during which they are maximally spun up, which we find to be $\sim t_{50}$, the time at which each galaxy has formed 50 per cent of its stars.

In Fig. 12, we show the total spin of the halo and the spin of the gas at t_{50} for the low- and high-mass galaxy bins. For both mass bins, we plot spin against the characteristic that determines whether or not the galaxies in the group are UDGs: r_{eff} for the low-mass bin and μ_0 for the high-mass bin. If spin were the primary factor determining whether or not these galaxies became UDGs, we would expect to see a strong correlation between it and these characteristics. Looking at the top two panels, we can see that there is very little correlation between spin and effective radius for the galaxies in the low-mass bin. This is not to say that size is completely independent of spin for these galaxies: relatively compact galaxies ($r_{eff} < 1$ kpc) do not exist for $\lambda'_{(gas)} > 0.1$ and extremely diffuse galaxies ($r_{eff} > 2$ kpc) do not appear at $\lambda'_{(gas)} < 0.02$. However, beyond these extremes, spin seems to have little effect on the sizes of galaxies in the low-mass bin.

Moving to the lower two panels, we do see a weak correlation between spin and central surface brightness for the galaxies in the high-mass bin. As before, it is primarily driven by the extremes:

bright galaxies ($\mu_0 < 21.5$ mag arcsec^{-2}) do not exist at $\lambda' > 0.07$ ($\lambda'_{gas} > 0.085$) and faint galaxies ($\mu_0 > 25$ mag arcsec^{-2}) are not found at $\lambda' < 0.04$ ($\lambda'_{gas} < 0.055$). The correlation is slightly stronger for the spin of the gas than for the spin of the total halo. This is likely because surface brightness inherently measures the distribution of the baryonic component of the galaxy; if the galaxy's gas is spun up (and therefore more widely dispersed) we would expect the stars that form from it to be correspondingly diffuse. Additionally, while the total halo spin may be influenced by substructure as far out as the virial radius, the gas component of the spin is more likely to reflect the spin of the inner 'disc' of the galaxy where star formation is actively occurring (e.g. Zjupa & Springel 2017; Jiang et al. 2019b, although see Roškar et al. 2010). The weak correlation that we observe between the spin of the galaxy's gas and its central surface brightness may therefore indicate that increased spin is contributing to the decrease in gas density in the centres of UDG progenitors and the subsequent redistribution of star formation to larger radii. However, it is unlikely to be the only factor at play.

3.3.3 Early mergers

UDGs and non-UDGs experience similar numbers of both minor and major mergers over their lifetimes and predominantly interact with gas-rich companions. However, the UDGs in our high- and intermediate-mass bins tend to have had considerably quieter merger histories since $z \sim 1$ compared to non-UDGs. In Fig. 13, we show the cumulative distribution of the time that has elapsed since each galaxy in our sample last experienced a major merger. Here, a major merger is defined as any merger in which the total mass of the secondary galaxy is at least 20 per cent the mass of the primary galaxy. While roughly one-fourth of the non-UDGs in the high- and intermediate-mass bins has experienced a major merger within the last 8 Gyr, only 2 per cent of UDGs of similar mass have a major merger this recent. Instead, the majority of UDGs within the high- and intermediate-mass bins last underwent a major merger between 8 and 11 Gyr ago. Notably, this is also around the time that we start to see a departure between the UDG and non-UDG evolutionary tracks in these groups in Figs 7–9.

We can more directly assess the impact of major mergers on the evolution of our galaxies by examining their effects on key quantities. In the top three rows of Fig. 14, we reproduce Figs 7–9, rescaling the evolutionary tracks for central surface brightness, effective radius, and central specific SFR such that they are relative to the time at which each galaxy last experienced a major merger (Δt_{lmm}). Negative time values therefore indicate the time until the merger takes place, while positive time values indicate the time that has taken place since the merger occurred. We take $\Delta t_{lmm} = 0$ to be the time at which the virial radii of the primary and secondary galaxies first overlap, following Hetznecker & Burkert (2006). We also include evolutionary tracks for total spin (λ') in the bottom row of Fig 14.

For each panel of Fig. 14, we only plot time bins that include at least five galaxies. Because so few UDGs have late mergers, we are only able to trace the median evolutionary tracks back to $\Delta t_{lmm} = -5$ Gyr. By contrast, non-UDGs have a much wider distribution of merger times and their evolutionary tracks therefore cover a considerably broader range of times. Those non-UDGs that contribute to the earliest time bin (~ -10.5 Gyr) last underwent a major merger ~ 3.3 Gyr ago, so their individual tracks run from $\Delta t_{lmm} = -10.5$ to 3.3 Gyr. Accordingly, while all UDGs that contribute to the $\Delta t_{lmm} = -5$ Gyr time bin are at high redshift, the same time
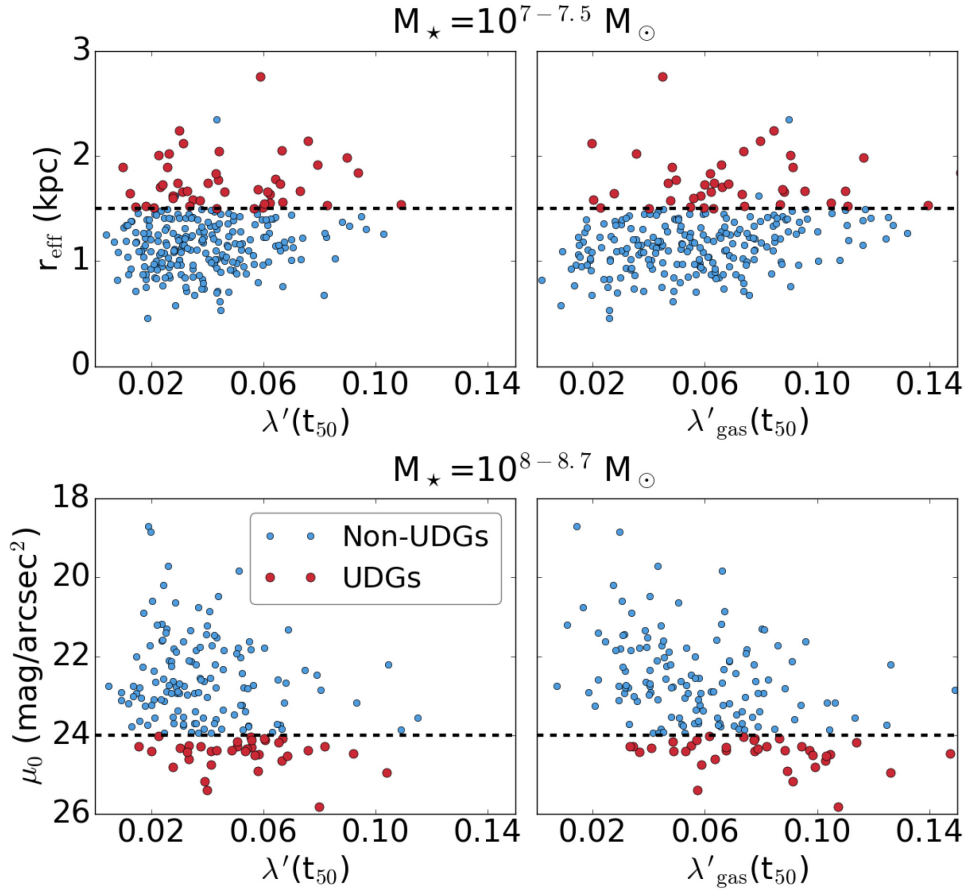
Figure 12. *Top:* Effective radius at $z = 0$ versus the total spin of the halo (left) and the spin of the gas (right) at the time at which each galaxy had formed 50 per cent of its stars (t_{50}) for galaxies in our low-mass bin. *Bottom:* Central surface brightness at $z = 0$ versus the total spin of the halo (left) and the spin of the gas (right) at t_{50} for galaxies in our high-mass bin. Dashed horizontal lines indicate the UDG classification boundaries: $r_{eff} = 1.5$ kpc and $\mu_{0,g} = 24$ mag arcsec^{-2}. Our low-mass UDGs are classified as UDGs almost exclusively because of their large effective radii, while our high-mass UDGs are defined by their low central surface brightnesses. However, high spin is not the primary cause of either defining characteristic. UDGs exist at all but the lowest spins and there are no strong correlations between spin and either effective radius or central surface brightness in these mass bins.

bin contains a mixture of redshifts for the non-UDGs: high redshifts for those galaxies with early mergers and lower ones for those with later mergers. The behaviour of the UDG tracks in these earliest time bins is therefore most appropriately compared to the behaviour of the non-UDG tracks at $\Delta t_{lmm} \sim -10.5$ Gyr, as these exclusively contain high-redshift galaxies. This is particularly evident for quantities that are inherently highly redshift dependent, like specific SFR. The later time bins are simpler to interpret, as both samples include galaxies that have early mergers. The evolutionary tracks therefore have a more similar mix of redshifts at $\Delta t_{lmm} > -2$ Gyr.

In our discussion of Figs 7–9, we noted that the evolutionary tracks of UDG and non-UDG progenitors were indistinguishable for the first several billion years of the simulation. We see very similar trends in Fig. 14. Prior to the mergers, the behaviours of the UDG and non-UDG evolutionary tracks are extremely similar. Following the mergers, however, there is an abrupt alteration in the evolution of the UDG populations.

Looking at the top row, we can see that the global evolution of central surface brightness in the non-UDG population is largely undisturbed by the mergers. Those galaxies in the high-mass bin maintain a steady central surface brightness throughout the entire simulation, while those in the lower mass bins gradually dim over time. By contrast, the UDGs experience a significant drop in central surface brightness following their mergers. The contrast between the

responses of the two populations is particularly stark in the high-mass bin, where we know that central surface brightness is the determining factor in UDG classification. This difference in behaviour also explains why we do not see UDGs that have experienced recent mergers in the high- and intermediate-mass bins. For these UDGs, there is a stronger correlation between the time at which a galaxy last underwent a major merger and its central surface brightness. Those galaxies that have recently experienced a merger are likely still too bright to be classified as UDGs, but might become UDGs in the future if they dim following the merger.

In the second row, we plot the evolutionary tracks for the effective radii of our UDG and non-UDG samples. As with central surface brightness, we see that the effective radii of UDGs are much more strongly affected by mergers than those of non-UDGs. As we noted in our earlier discussion, the effective radii of non-UDGs tend to remain relatively steady over the course of the simulation. We do see a slight temporary increase in their effective radii immediately following the mergers, but the jump is considerably more pronounced – and far more permanent – in the UDG population.

As we might expect, given our finding that the faintness of UDGs is connected to their low central SFRs, the patterns that we see in the third row, where we plot evolutionary tracks for central specific SFR, are nearly identical to those that we see in central surface brightness. The central specific SFRs of UDGs are similar to those of non-UDGs
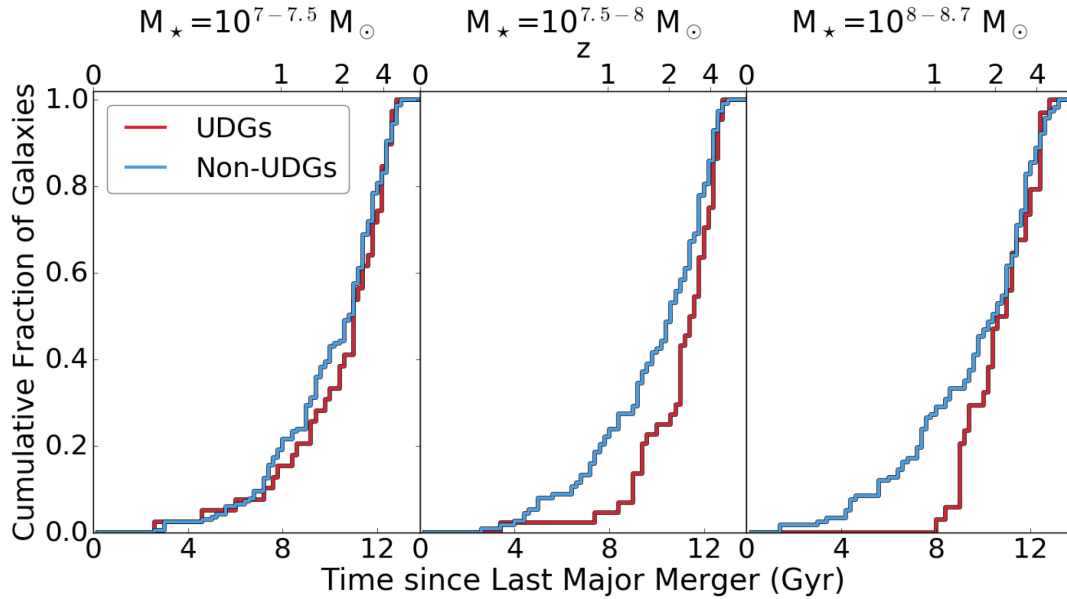
$M_\star = 10^{7-7.5}\,M_\odot$ $M_\star = 10^{7.5-8}\,M_\odot$ $M_\star = 10^{8-8.7}\,M_\odot$

Figure 13. Cumulative distribution of the time that has elapsed since each galaxy in our UDG and non-UDG comparison samples experienced its most recent major merger. Here, a major merger is defined as any merger in which the total mass of the secondary galaxy is at least 20 per cent of the mass of the primary. Although UDGs and non-UDGs have very similar global merger histories (i.e. they have similar numbers of minor and major mergers over their lifetimes and have primarily interacted with gas-rich companions), UDGs in the high- and intermediate-mass bins do not tend to have experienced major mergers within the last 8 Gyr. Rather, the majority of UDGs last underwent a major merger 8–11 Gyr ago. This is also when we see a departure between the evolutionary tracks of UDGs and non-UDGs in Figs 7–9.

until the mergers, when they experience a significant drop. This tells us that mergers are responsible for moving star formation out of the centres of UDGs. Movies[1] of these interactions reveal that the mergers lower the density of gas at the centres of UDGs and compress gas along their outer regions, resulting in asymmetric bursts of star formation along the edges of the galaxies that can persist for billions of years. This behaviour is most apparent in the highest mass UDGs, where we can see that the drop in central specific SFR in response to the mergers is most extreme.

This is not what we would initially expect. Most observations and simulations – particularly of higher mass galaxies – show that mergers tend to funnel gas to the centres of galaxies, causing them to become more centrally concentrated and even igniting AGN activity (e.g. Toomre & Toomre 1972; Barnes 1988; Noguchi 1988; Hernquist 1989; Mihos & Hernquist 1996; Springel, Di Matteo & Hernquist 2005; Stierwalt et al. 2013). Our findings may, however, be consistent with observations by Privon et al. (2017), which suggest that interactions between field dwarf galaxies can result in more widely distributed bursts of star formation than interactions involving more massive galaxies.

In the bottom row of Fig. 14, we plot the evolutionary tracks for the spin parameters of our galaxies. We find that both UDGs and non-UDGs are spun up by major mergers. This behaviour is consistent with previous findings regarding more massive galaxies. Large-scale *N*-body simulations have been used to show that the conversion from the orbital angular momentum of the secondary galaxy to the internal spin of the remnant galaxy that takes place during major mergers typically increases the spin of the primary galaxy by 25–30 per cent (e.g. Vitvitska et al. 2002; Hetznecker & Burkert 2006). We find that the mergers that create UDGs spin the primary galaxy up more than those that result in non-UDGs.

In the high-mass bin, for instance, the median post-merger spin-up experienced by non-UDG progenitors is 25 per cent, while the median spin-up experienced by UDG progenitors is 75 per cent. However, as discussed in Section 3.3.2, the spin-up of UDGs is largely temporary: by $z = 0$, UDGs and non-UDGs have similar spin distributions.

Fig. 14 shows that mergers induce the changes that ultimately lead to the distinctions between our UDG and non-UDG samples. However, these alterations are most pronounced in the high- and intermediate-mass bins. Although those galaxies that ultimately end up in our low-mass UDG bin are affected by mergers in the same way as those in the higher mass bins, the magnitude of the change is lower, leading to less disparate evolutionary paths for low-mass UDGs and non-UDGs. To some extent, this may be physical: there is considerably less spread in effective radius (the defining feature of these galaxies) at low mass than at high mass.

However, this may also be influenced by our resolution. In order to ensure that we are considering only well-resolved mergers, our merger trees only trace objects down to 1000 particles ($\sim 10^8\,M_\odot$). Although this is an order of magnitude below our fiducial resolution limit, it is conservative compared to similar simulations, which often go down to 50–100 particles. This means that, while we should be capturing the vast majority of major mergers in the high- and intermediate-mass bins, it is likely that we are missing significant interactions in the low-mass bin – particularly at high redshift, where galaxies typically have fewer particles. We are able to identify major mergers for only ~76 per cent of low-mass isolated galaxies, compared to ~87 per cent of high- and intermediate-mass galaxies.

Another factor that is not reflected in Fig. 14 is the prevalence of unbound interactions. Many of our galaxies – including a number of those that have never had a major merger – execute flybys that alter their evolution in much the same way that a merger might (e.g. Sinha & Holley-Bockelmann 2015; Martin et al. 2021). We will explore the
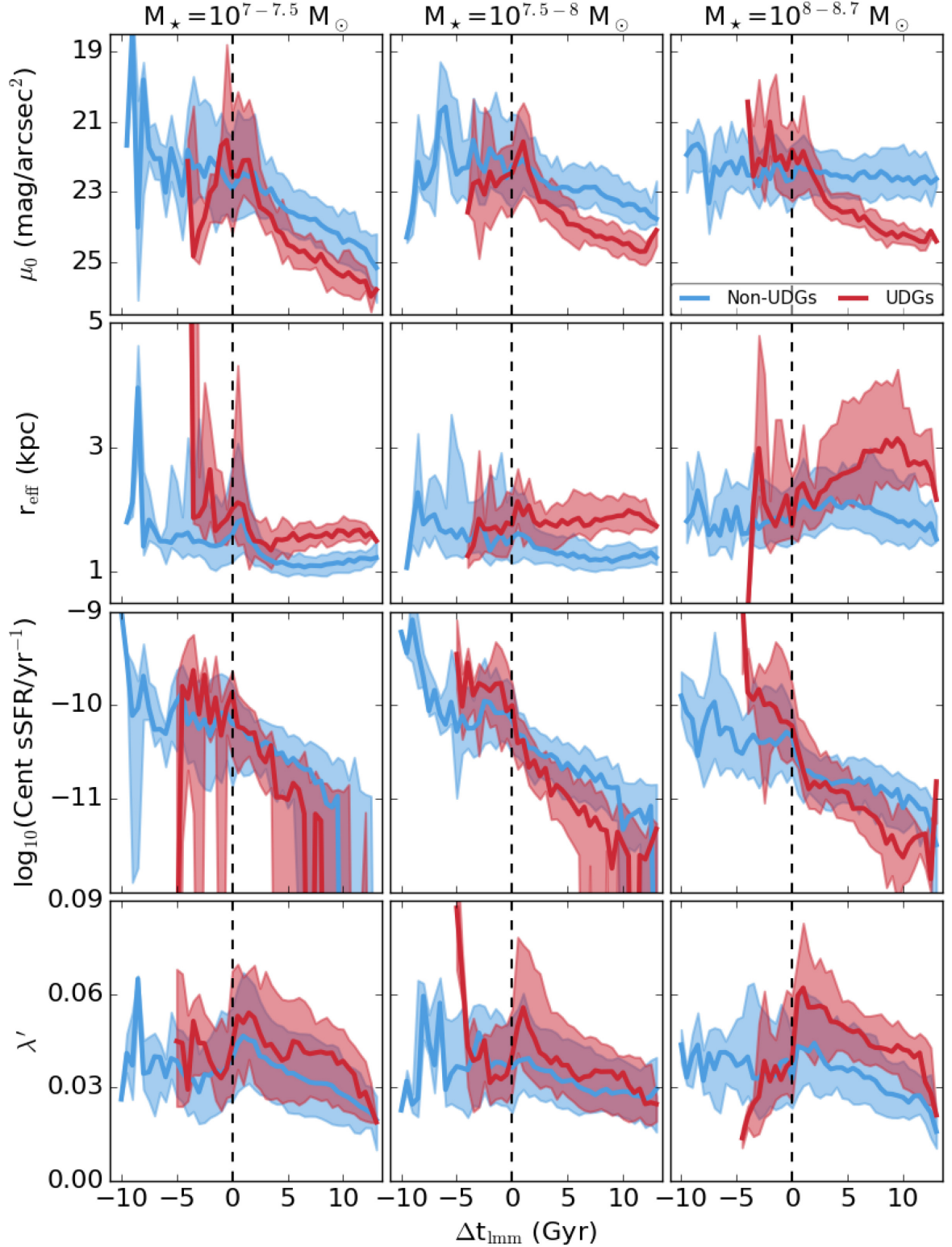
[1] https://www.youtube.com/watch?v=lp8VG3OYgL0

Figure 14. Central *g*-band surface brightness, effective radius, central specific SFR (cf. Figs 7–9), and total spin as a function of time relative to that of the last major merger for dwarfs in our three mass bins. Negative time values indicate the time until the merger takes place, while positive values indicate that time that has passed since it occurred. The dashed black vertical lines at $\Delta t_{lmm} = 0$ Gyr show the time at which the merger begins, i.e. the time at which the virial radii of the primary and secondary galaxies first overlap. The thick coloured lines denote the median evolutionary track for each mass bin, while the shading indicates the interquartile range. Only time bins containing at least five galaxies in each sample and mass bin are plotted. Major mergers strongly impact the evolution of UDG progenitors – particularly those within the high- and intermediate-mass bins, spinning them up, increasing their effective radii, and reducing their central specific SFRs and surface brightnesses. Similar effects appear in the non-UDG progenitors, but to a much lesser extent.
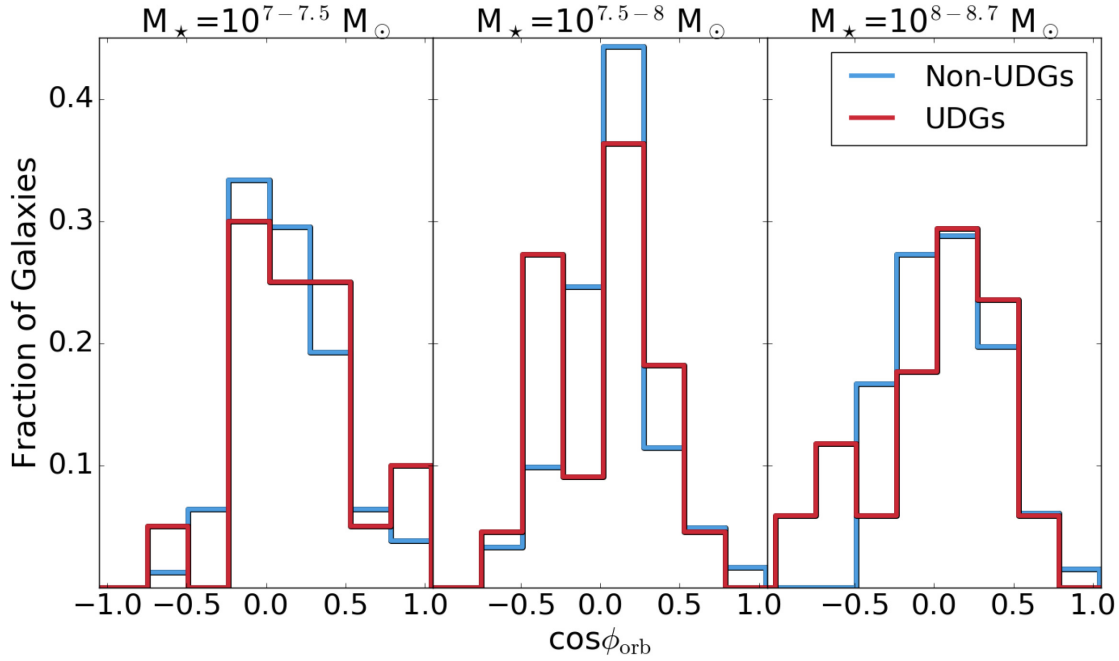
Figure 15. Distribution of merger configurations for our UDG and non-UDG comparison samples. Following Di Cintio et al. (2019), ϕ_{orb} is the angle between the orbital angular momentum vector of the secondary galaxy and the specific angular momentum vector of the gas of the primary galaxy. Accordingly, $\cos\phi_{\mathrm{orb}}$ = 1 indicates a corotating, coplanar merger, $\cos\phi_{\mathrm{orb}} = -1$ indicates a counter-rotating, coplanar merger, and $\cos\phi_{\mathrm{orb}} = 0$ indicates a perpendicular merger. Again following Di Cintio et al. (2019), only galaxies that have experienced a > 3:1 merger since $z = 2.5$ are shown. The distributions of merger configurations that produce UDGs and non-UDGs are very similar, although UDG progenitors are slightly less likely to have experienced an extreme perpendicular merger.

role that flybys play in the creation of UDGs in an upcoming paper on the broader LSB galaxy population in ROMULUS25 (Wright et al., in preparation).

3.3.4 Coplanar mergers?

The notion that mergers might contribute to the formation of LSB galaxies is not entirely new. However, in the past, mergers have largely been invoked as a means by which the extended LSB discs that characterize the rare class of objects known as giant LSB galaxies ($M_\star \geq 10^{11}$) might have formed (e.g. Bruevich, Gusev & Guslyakova 2010; Reshetnikov, Moiseev & Sotnikova 2010; Saburova et al. 2018). In these scenarios, a large low-density disc forms around a more traditional high surface brightness galaxy through stimulated accretion of gas from the circumgalactic medium of the primary galaxy (Zhu et al. 2018) and/or accretion of *ex situ* stars from the secondary galaxy (Peñarrubia, McConnachie & Babul 2006; Hagen et al. 2016; Kulier et al. 2020). Isolated *N*-body simulations by Mapelli et al. (2008) have even suggested that P-type ring galaxies – thought to be the products of head-on galactic collisions – might eventually evolve into giant LSB galaxies.

Our results are more directly comparable to those of Di Cintio et al. (2019), who find that classical LSB galaxies ($M_\star > 10^{9.5}$ M$_\odot$) in the NIHAO simulations are the products of coplanar, corotating, major mergers. Such configurations allow for a more efficient conversion of orbital angular momentum to internal angular momentum, increasing the spin (and therefore size) of the remnant while decreasing its central surface brightness. As these effects are precisely what we observe in Fig. 14, we might expect to find that orientation is the key difference between mergers that produce UDGs and those that produce non-UDGs. However, we do not see a correlation between orbital alignment and central surface brightness or effective radius.

Rather, we find that there is very little difference between the merger configurations of UDG and non-UDG progenitors.

In Fig. 15, we show the distribution of merger orientations for our UDG and non-UDG comparison samples. Following Di Cintio et al. (2019), we characterize merger configurations using ϕ_{orb}, the angle between the orbital angular momentum vector of the secondary galaxy ($\vec{J}_{\mathrm{orb}} = m\vec{r} \times \vec{v}$) and the angular momentum vector of the gas of the primary galaxy ($\vec{J}_{\mathrm{gas,primary}}$):

$$\phi_{\mathrm{orb}} = \mathrm{acos}(\vec{J}_{\mathrm{orb}} \cdot \vec{J}_{\mathrm{gas,primary}}). \qquad (3)$$

Accordingly, $\cos\phi_{\mathrm{orb}} = 1$ indicates a corotating, coplanar merger, $\cos\phi_{\mathrm{orb}} = -1$ indicates a counter-rotating, coplanar merger, and $\cos\phi_{\mathrm{orb}} = 0$ indicates a perpendicular merger. We find that dwarf–dwarf interactions are more prone to perpendicular configurations than planar ones. The distribution of merger configurations is very similar across all three mass bins. The only significant difference that exists between the UDG and non-UDG samples is within the intermediate-mass bin, where UDGs are 10 per cent more likely to have experienced a counter-rotating merger, while non-UDGs are 80 per cent more likely to have experienced a perpendicular merger. Again following Di Cintio et al. (2019), we only show the most recent $\leq$ 3:1 merger in Fig. 15 and exclude any such mergers that occur prior to $z = 2.5$. However, using cuts consistent with those applied throughout the rest of this discussion (i.e. the most recent $\leq$ 5:1 merger, regardless of redshift) does not significantly alter these findings. It is not orbital alignment that determines whether a merger produces a UDG or a non-UDG.

Ultimately, though, this may be unsurprising. Di Cintio et al. (2019) posit that $M_\star \sim 10^9$ M$_\odot$ represents a transition mass above which galaxy evolution is angular momentum dominated and below which galaxy evolution is feedback dominated. In fact, Dekel et al. (2020) show that galaxies below this threshold in the VELA

simulations are likely to experience a spin flip and subsequent destruction of their gaseous disc following a merger. We also find that mergers often lead to substantial changes in the direction of a dwarf galaxy's angular momentum vector. Although dwarf–dwarf mergers more commonly result in disc creation than destruction in ROMULUS25, this may explain why an initial alignment (or lack thereof) between the spin of the primary galaxy and the orbit of the secondary galaxy is largely irrelevant in this mass range.

The UDGs that form in the NIHAO simulations have prolonged, bursty star formation histories that lead to the creation of dark matter cores and the expansion of their stellar components (Di Cintio et al. 2017). Because ROMULUS25 does not have the resolution to form stars at the densities required to produce dark matter cores, we cannot directly compare our results to those of Di Cintio et al. (2017). However, the merger-driven scenario we have presented is compatible with their findings. Although the UDGs in ROMULUS25 do not have atypical global star formation histories, it is possible that at higher resolution we would see an initial increase in central star formation following the merger that would produce a dark matter core and help drive the redistribution of star formation discussed in Section 3.3.1. We have, however, shown that core formation is not required for UDG formation. The question of what types of mergers lead to the formation of LSB galaxies in the dwarf regime will be addressed in more detail in our upcoming paper on the LSB galaxy population in ROMULUS25 (Wright et al., in preparation).

On the observational side, there is evidence to suggest that some UDGs may be the products of gravitational interactions, but this is usually taken to be tidal interactions rather than direct mergers. While the majority of the UDGs that have been discovered are exceptionally round in appearance and lack any clear tidal features (e.g. Mowla et al. 2017), there are a number whose elongated shapes and/or associated tidal streams indicate that a significant disturbance has taken place (e.g. Collins et al. 2013; Mihos et al. 2015; Crnojević et al. 2016; Merritt et al. 2016; Toloba et al. 2016, 2018; Bennet et al. 2018; Greco et al. 2018a). However, these galaxies are all members of groups or clusters and are thought to be tidally interacting with their parent haloes, rather than their fellow dwarfs. While many of the UDGs that populate our sample are similarly irregular in appearance, they have no obvious source of perturbation at $z = 0$, having long ago consumed their companions.

4 COMPARISON TO HUDS

Our findings are largely consistent with the few observations of isolated UDGs that exist. Leisman et al. (2017), who used ALFALFA data to identify a sample of 115 H I-bearing UDGs (HUDS) in the field, find that isolated UDGs are dwarf galaxies with blue colours and irregular morphologies. Like the UDGs in our sample, their galaxies have average SFRs and tend to be slightly H I rich for their stellar masses. In Fig. 16, we compare the H I masses and effective radii of our isolated UDG and non-UDG samples to Leisman et al. (2017)'s sample. Note that we include only the 30 galaxies in the restricted HUDS sample (HUDS-R), which were selected via central surface brightness and effective radius criteria identical to those used in this work. In both the simulated and the observed galaxies, there is a general trend for physically larger galaxies to be more H I rich, although there is considerable scatter at $M_{\rm H\,I} > 10^{8.5}$ $M_\odot$. This trend is also noted in Di Cintio et al. (2017).

The high-mass ROMULUS25 UDGs broadly occupy the same space as the Leisman et al. (2017) sample. However, more than half of our UDG sample actually lies below the detection threshold of the Leisman et al. (2017) sample ($M_{\rm H\,I} \sim 10^{8.2}$ $M_\odot$). We therefore predict
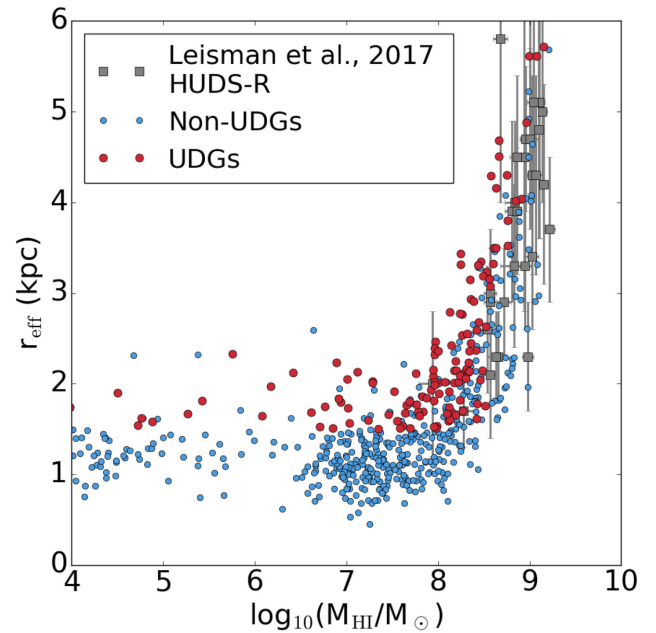

Figure 16. H I masses and effective radii of isolated UDGs and non-UDGs from ROMULUS25 compared to the HUDS-R sample from Leisman et al. (2017). Both the observed galaxies and the simulated galaxies follow the same trend and occupy roughly the same space. However, the majority of our UDG sample lies below Leisman et al. (2017)'s detection threshold, indicating that the population of field UDGs may be considerably larger than H I-selected surveys might suggest.

the existence of a large number of UDGs that would not have been observed by ALFALFA. Although our UDGs, like the HUDS, are slightly H I rich for their stellar masses, they are actually H I poor for their effective radii when compared to the non-UDGs in our sample. This is likely because UDGs tend to have high effective radii for their stellar masses, so, at a given effective radius, we are comparing the H I masses of slightly less massive UDGs to those of slightly more massive non-UDGs.

However, the UDGs in our sample appear slightly H I poor for their effective radii even when compared to the HUDS-R sample. This is most likely a consequence of the differences in how $r_{\rm eff}$ is calculated in the simulations versus the observations. Because we rotate our galaxies such that they are face-on before fitting Sérsic profiles to their surface brightness profiles, we have assigned each galaxy the maximum $r_{\rm eff}$ that could possibly be measured for it. Although the galaxies in the HUDS-R sample are fitted as if they are face-on, their inclinations are poorly constrained and it is unlikely that this assumption is valid for the whole sample. The reported $r_{\rm eff}$ values are therefore likely to be an underestimate of the true values. Shifting the HUDS-R galaxies to higher $r_{\rm eff}$ values would bring our samples into better agreement.

Another potential source of bias is the relatively small size of ROMULUS25. Our survey is of a $(25\ {\rm Mpc})^3$ volume, while Leisman et al. (2017)'s is of a $(\sim 93\ {\rm Mpc})^3$ volume – roughly 50 times larger.[2] H I-selected surveys tend to be biased high compared to optically selected surveys (e.g. Catinella et al. 2010), so they are most likely to identify the high tail of the $M_{\rm H\,I}$ distribution. Our box simply may

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[2] Although note that ALFALFA is H I-flux limited, so the lowest mass galaxies within the HUDS-R sample would not be detected across this entire volume (Jones et al. 2018).

not be big enough to have a reasonable chance of containing such galaxies.

Follow-up work by Jones et al. (2018) uses Leisman et al. (2017)'s sample to estimate the number density of H I-bearing field UDGs. If we restrict our sample to the parameter space where the HUDS are considered to be complete ($10^{8.5} < M_{HI}/M_\odot < 10^{9.5}$), the prevalence of UDGs within ROMULUS25 matches the values reported in Jones et al. (2018) remarkably well. They calculate a cosmic number density of $(1.5 \pm 0.6) \times 10^{-3}$ Mpc^{-3}, suggesting that, in a (25 Mpc)^3 volume, we should expect to see 23 ± 9 isolated UDGs with H I masses in the aforementioned range. In ROMULUS25, we find 22 such UDGs, yielding a cosmic number density of 1.4×10^{-3} Mpc^{-3}. Our simulated field UDGs make up 9 per cent of galaxies with $M_{HI} = 10^{8.5-9.5}$ M$_\odot$, compared to the 6 per cent reported by Jones et al. (2018).

However, there are two significant caveats to these findings. The first is that the values reported in Jones et al. (2018) are based on nearly the full HUDS sample (only slightly pared down for completeness), rather than the HUDS-R sample, which we compare to in Fig. 16. Their galaxies are therefore classified as UDGs if the average surface brightness within the effective radius ($< \mu_{eff} >$) is fainter than 24 mag arcsec^{-2}. This is a significantly less stringent criterion than that used to select our sample ($\mu_{0,g} > 24$ mag arcsec^{-2}) and the HUDS-R sample. We might therefore expect to find far fewer UDGs than Jones et al. (2018), given that we are excluding from our sample many galaxies that they would include.

The second caveat, however, acts in the opposite direction. As previously mentioned, we rotate all galaxies such that they are face-on prior to fitting a Sérsic profile to their surface brightness profiles. Because this orientation maximizes the effective radii and minimizes the central surface brightnesses of galaxies, we are effectively maximizing the number of UDGs that we find. In the field, it is likely that there are a large number of galaxies that would be identified as UDGs were they at lower inclinations. However, because galaxies tend to appear brighter when viewed edge-on, they would not be included in the HUDS sample (although see He et al. 2019). This suggests that we should expect to find considerably *more* HUDS in ROMULUS25 than are observed by surveys like ALFALFA. We will explore the effects of inclination and alternative classification criteria on our sample in more detail in Van Nest et al. (in preparation).

5 SUMMARY

We have identified a sample of 134 isolated UDGs in the ROMULUS25 cosmological simulation. We find that these galaxies have stellar masses between 10^7 and 10^9 M$_\odot$ and account for 20 per cent of all isolated galaxies in this mass range. They are true dwarf galaxies, occupying dark matter haloes with $M_{200} < 10^{11}$ M$_\odot$, and are consistent with the stellar mass–halo mass relation (e.g. Moster et al. 2013). Despite their low central surface brightnesses and large effective radii, the isolated UDGs in ROMULUS25 have SFRs and colours that are typical for their stellar masses and environment. Like Di Cintio et al. (2017), we also find that they are moderately H I rich for their luminosities, having 70 per cent more H I than non-UDGs at luminosities brighter than $M_B = -14$ and 300 per cent more at luminosities fainter than $M_B = -14$. These findings are consistent with existent observations of field UDGs.

Although UDGs are broadly characterized by low central surface brightnesses and large effective radii relative to other galaxies of similar stellar mass, the specific criteria typically used for UDG selection do not necessarily limit UDG samples to the tails of both of these distributions at all masses. At high mass ($M_\star > 10^8$ M$_\odot$),

most galaxies have $r_{eff} > 1.5$ kpc. UDGs are therefore those galaxies that are unusually LSB. At low mass ($M_\star < 10^{7.5}$ M$_\odot$), most galaxies have $\mu_{0,g} > 24$ mag arcsec^{-2}. UDGs are therefore those galaxies that have unusually large effective radii. It is only really at intermediate masses that both the central surface brightness and the effective radius criteria are relevant.

We find that UDGs are primarily the products of major mergers at relatively early times (> 8 Gyr ago). These mergers increase the effective radii and total spin of UDG progenitors, while decreasing their central SFRs and surface brightnesses. The mergers cause star formation to be redistributed to the outskirts of galaxies, resulting in lower central SFRs and therefore older and fainter central stellar populations. Particularly in the high-mass UDGs, these mergers often produce asymmetric bursts of star formation along the edges of the galaxies that persist for billions of years. Accordingly, even at $z = 0$, the centres of UDGs are redder than those of non-UDGs, while their outskirts are bluer, resulting in steeper negative $g - r$ colour gradients among UDGs.

Although both UDGs and non-UDGs are spun up by major mergers, UDGs experience as much as 200 per cent more spin-up. This likely contributes to the change in the distribution of star-forming gas within UDGs and therefore to their low central surface brightnesses and large effective radii. However, UDGs do not form in exclusively high spin haloes and we do not find a strong correlation between the maximum spin of UDG progenitors and the characteristics that make them UDGs at $z = 0$ (i.e. effective radius for low-mass UDGs and central surface brightness for high-mass UDGs). We also find that the spin-up produced by the mergers is largely temporary. By $z = 0$, UDGs and non-UDGs have a similar distribution of spin parameters.

Prior to the mergers, the evolution of the effective radii, central surface brightnesses, central SFRs, and spins of UDG progenitors are indistinguishable from those of non-UDG progenitors. Both populations of galaxies also have similar numbers of major and minor mergers and primarily merge with gas-rich companions. This suggests that it is the specific dynamical properties of a given merger that determine whether or not the resultant galaxy eventually becomes a UDG. We explore the role that mergers and flybys play in this process in more detail in an upcoming paper on the broader LSB galaxy population of ROMULUS25 (Wright et al., in preparation).

Perhaps the most significant finding of this paper is that UDGs are not a small population, even in the field. We predict a cosmic number density of 8.6×10^{-3} isolated UDGs/Mpc^3 (1.4×10^{-3} Mpc^{-3} for those detectable by ALFALFA). Their extreme diffuseness means that UDGs are unlikely to have been included in previous surveys of field dwarf galaxies. While this may have few implications for relations like the SFR–M_* and M_*–M_{HI} relations, where UDGs are quite average, we expect that this deficit significantly biases the low-mass end of many other relations (e.g. M_*–r_{eff}). However, future surveys like LSST and the Dragonfly Wide Field Survey (Danieli et al. 2020) will have an unprecedented view of the LSB universe. Their discoveries will shed new light on the formation and evolution of diverse dwarf galaxies.

DATA AVAILABILITY

The data for this work were generated from a proprietary branch of the CHANGA *N*-body + SPH code (Menon et al. 2015). The public repository for CHANGA is available on github https://github.com/N-BodyShop/changa). Analysis was conducted using the publicly available softwares PYNBODY (Pontzen et al. 2013, https://github.com/pynbody/pynbody) and TANGOS (Pontzen & Tremmel 2018, https://github.com/pynbody/tangos). These results were generated from the ROMULUSC and ROMULUS25 cosmological simulations. The raw output from these simulations can be accessed upon request from Michael Tremmel (michael.tremmel@yale.edu), along with the TANGOS data base files that were generated from these outputs and directly used for this analysis.

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