

eTable.
Methodological Quality Scores of the 26 RCTs^a

Measures	RCT	1	2	3	4	5	6	7	8	9	10	11	12	Total Score	Percentage of Maximum Score
		Adequate Randomization?	Concealed Treatment Allocation?	Patient Blinded?	Care Provider Blinded?	Outcome Assessor Blinded?	Dropout Rate Described?	Patients Analyzed in Allocated Group?	No Selective Outcome Reporting?	Similar at Baseline?	Conterventions Avoided?	Adherence Acceptable?	Timing Assessment Similar?		
Standard CR vs no intervention	Bertie et al, ¹⁶ 1992	+/-	+/-	-	-	+/-	+	+	+	+	+/-	+/-	+	5	42
	Higgins et al, ²⁵ 2001	+/-	+/-	-	-	+/-	+	+	+	+	+/-	+/-	+	5	42
	Lidell and Fridlund, ¹⁹ 1996	+/-	+/-	-	-	+/-	+	+	+	+	+/-	+/-	+	5	42
	Naser et al, ²¹ 2008	+	+	-	-	+/-	-	+	+	+	+	+/-	+	5	42
	Oldenburger et al, ²² 1995	+/-	+/-	-	-	+/-	+	+	+	+/-	+	+/-	+	5	42
	Ornish and colleagues, ^{23,24} 1990+1998 ^b	+/-	+/-	-	-	+	+	+	+	+	-	+/-	+	6	50
	Otterstad, ²⁰ 2003	+	+/-	-	-	+/-	-	+	+	+	+	+/-	+	6	50
	West et al, ¹⁷ 2012	+	+/-	-	-	-	+	+	+	+	-	+	+	6	50
	Engblom et al, ¹⁸ 1992	+/-	+/-	-	-	+	+	+	+	+	+	+/-	+	7	58
	Arrigo et al, ²⁹ 2008	+/-	+/-	-	-	-	+	+	+	-	+	+/-	+/-	4	33
Two different durations of CR compared with each other	Hughes et al, ³⁰ 2007	+	+/-	-	-	+/-	-	+	+	+/-	+/-	+/-	+	4	33
	Carlsson et al, ³³ 1997	+/-	+/-	-	-	+/-	+	+	+	+	-	+/-	+	5	42
	Mildstvedt et al, ³² 2008	+/-	+/-	-	-	+/-	+	+	+	+	+/-	+/-	+	5	42
	Giannuzzi et al, ³⁴ 2008	+	+/-	-	-	+/-	+	+	+	+	+/-	+/-	+	6	50
	Janssen et al, ²⁶ 2013	+	+/-	-	-	+/-	+	+	+	+	+	+	+	6	50
	Pinto et al, ²⁷ 2011	+	+/-	-	-	+/-	+	+	+	+	+	+/-	+	6	50
	Reid et al, ³¹ 2005	+	+	-	-	+	+/-	+	+	-	+	+	+	6	50
	Lear et al, ³⁵ 2006	+	+	-	-	+/-	+	+	+	+	+	+/-	+	8	67
	Moore et al, ²⁸ 2006	+	+/-	-	-	+	+	+	+	+	+	+/-	+	8	67
	Carlson et al, ⁴¹ 2000	+/-	+/-	-	-	+/-	+	+	+	+	+	+/-	+	5	42
Two different types of CR compared with each other	Izawa et al, ⁴² 2005	+/-	+/-	-	-	+/-	+	+	+	+	+/-	+/-	+	5	42
	Tingström et al, ⁴³ 2005	+	+/-	-	-	+/-	+	+	+	+/-	+/-	+/-	+	5	42
	Jolly et al, ³⁶ 2009	+	+	-	-	+/-	+	+	+	+	+/-	+	+	6	50
	Oerlid et al, ³⁹ 2011	+	+/-	-	-	-	+	+	+	+	+/-	+/-	+	6	50
	Hansen et al, ⁴⁰ 2008	+	+/-	-	-	-	+	+	+	+	+/-	+	+	7	58
	Smith and colleagues, ^{37,38} 2004+2011 ^b	+	+	-	-	+	+	+	+	+	+	+/-	+	9	75

^a RCT=randomized clinical trial, CR=cardiac rehabilitation, +=yes, -=no, +/-=unsure.
^b Multiple publications on data of the same RCT and population are scored as originating from a single RCT.